

Internship
at
National Health Mission, Punjab

By
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INTERNSHIP REPORT

DIRECTORATE OF HEALTH AND FAMILY WELFARE SERVICES, PUNJAB,

NATIONAL HEALTH MISSION PUNJAB

Dr. Ruchika

INTRODUCTION:

National Rural Health Mission was launched in April 2005 by the Hon'ble Prime Minister of India for addressing the health needs in the Rural Areas in the country specifically focusing on 18 States having weak public health indicators. In the year 2012 (12th Five Year Plan), the NRHM was strengthened as National Health Mission by expanding health coverage to Urban areas and including Non-Communicable Diseases Programme. In the year 2013, Government of India Launched National Urban Health Mission as a Sub Mission of National Health Mission.

Directorate Health and Family Welfare Services, Punjab: The constitution of India envisages the establishment of new social order based on equality, freedom, justice and dignity of the individual. It aims at the elimination of poverty, ignorance and ill-health and directs the State with regard to raising the level of nutrition and the standard of living of the people, securing the health and strength of workers, men and women, and especially ensuring that children are given opportunities to develop in a healthy manner. Strictly to the tune of constitutional directives and sincerely to the commitment for "Health for All", the main functions of the department may be precisely summed up as curative, preventive and promotive services. Healthy people, having sound physique and mental development provide a firm foundation for the national development. Whatever is spent on the improvement for invigorating human resources for higher productivity in every sphere of socio-economic development.

GOALS OF THE ORGANIZATION: The Health and Family Welfare Department is committed to provide preventive, promotive and curative Health Services to the people of the State through a good net-work of medical institutions such as sub-centers, subsidiary health centers (dispensaries/Clinics etc.), primary health centers, community health centers, Sub-Divisional and Distt. Hospitals, Government Medical & Dental Colleges (attached hospitals).

SERVICES PROVIDED BY ORGANIZATION:

1. Primary Health Care Services
2. Secondary Health Care Services
3. Tertiary Health Care Services
4. Delivery of Family Planning Services

DEPARTMENTS VISITED:

1. District Hospitals
2. Community Health Centre, Chamkaur Sahib
3. Punjab Health system Corporation

PROJECTS UNDERTAKEN OTHER THAN DISSERTATION:

1. Attended State Training on LaQshay Implementation
2. Attended Training on Family Participatory Care
3. Conducted client satisfaction survey on PMSMA (Pradhan Mantri Surakshit Matritav Abhiyaan) at CHC Chamkaur Sahib

REPORTING EXTRA ORDINARY GOOD/ADVERSE EVENTS OF THE ORGANIZATION:

1. Human Resource policy
2. Regular training
3. Reporting format
4. Monitoring

IMPEDIMENTS:

1. Communication with beneficiaries
2. No access to data
3. Slow implementation of projects