

Internship
at
National Health Mission, Gujarat

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INTRODUCTION

Internship is a part of the second-year program, where we must observe and learn the work culture of organization. Also, it will be necessary to participate in various department that gives us firsthand exposure.

I am appointed as District Program Coordinator of National Health Mission (N.H.M) in district Banaskantha of Gujarat in health department.

OBJECTIVES

- To understand the work pattern of district health society and its organizational structure
- To learn various managerial and administrative skills and to effectively implement the programme and ensure the overall benefit of the community
- To identify existing gaps in service delivery and propose solution to them.

NATIONAL HEALTH MISSION

National Rural Health Mission (NRHM) was launched on April 12, 2005, with the idea to provide quality healthcare that is accessible and affordable to the rural population of the country. Another component, National Urban Health Mission (NUHM), was launched on May 1, 2013, with the mission to meet the healthcare needs of the urban population focusing more on the urban poor.

NHM is the combination of national programmes, namely, the Reproductive and Child Health II project, (RCH-II) the National Disease Control Programmes and the Integrated Disease Surveillance Project. NHM also enable the mainstreaming of Ayurvedic, Yoga, Unani, Siddha and Homeopathy Systems of Health (AYUSH).

VISION

Attainment of Universal access to equitable, affordable and quality healthcare services, accountable and responsive to people's need, with effective inter-sectoral convergent action to address wider social determinants of health.

STATE PROFILE

Gujarat is situated between 20°1' and 24°7' north latitudes and 68°4' and 74°4' east longitudes on the west coast of India. It is bounded on the west by the Arabian sea, on the north-west by Pakistan, on the north by Rajasthan, on the east by Madhya Pradesh and on the south and south-east by Maharashtra.

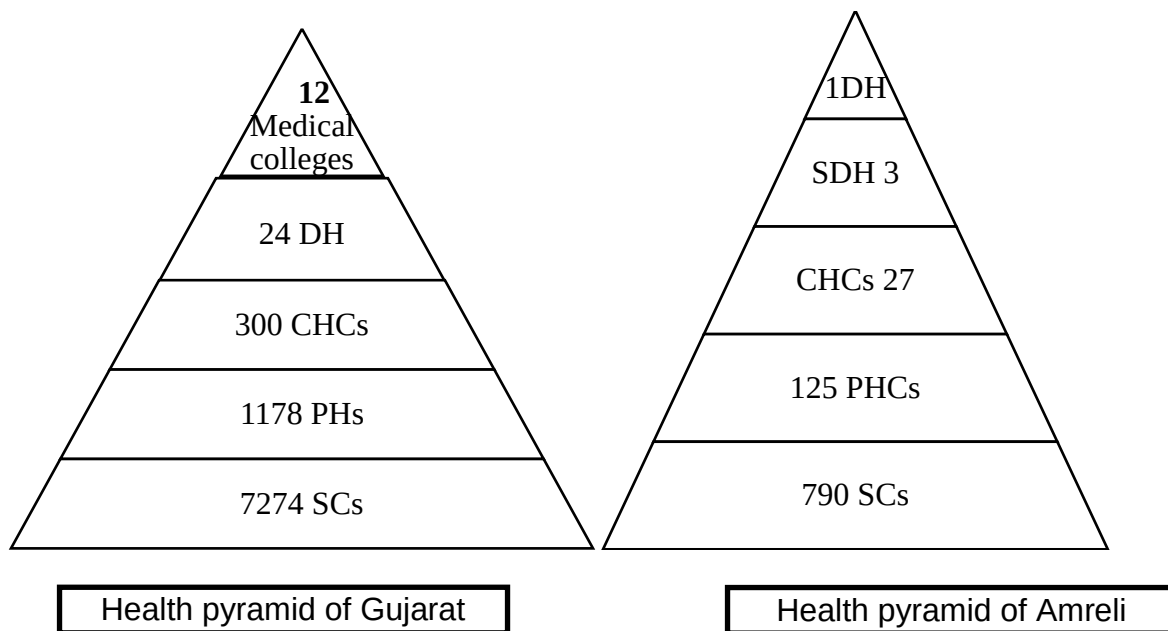
The state of Gujarat has an area of 196,024 sq. km. and a population of 60.38 million. There are 25 districts, 170 blocks and 18539 villages. The State has population density of 258 per sq. km. (as against the national average of 312). The decadal growth rate of the state is 22.66% (against 21.54% for the country) and the population of the state continues to grow at a much faster rate than the national rate.

DISTRICT PROFILE

Banaskantha district is one among the thirty-three districts of the Gujarat state of India. The administrative headquarters of the district is at Palanpur which is also its largest city. The district is located in the Northeast of Gujarat and is presumably named after the West Banas River which runs through the valley between Mount Abu and Aravalli Range, flowing to the plains of Gujarat in this region and towards the Rann of Kutch.^[3] The district is famous for the Ambaji temple which draw many tourists.^[4] As of 2011, 13.27% of Banaskantha's population is urban and 86.70% is rural.^[5] It covers an area of 12703 km² and is the second largest district in the state.

HEALTH PROFILE OF BANASKANTHA

Post-independence, India built its health model as a nationwide network of effective and efficient health services based on primary health care approach. Keeping rural India as the primary point of concern, the services were laid out in a pyramid shape. The Banaskantha, Gujarat health model follows the same approach.



ORGANOGRAM OF NHM, Gujarat (DPMU)

