

**“A STUDY TO ASSESS THE
KNOWLEDGE, ATTITUDE AND
PRACTICE OF FAMILY PLANNING
METHODS AND REASONS FOR NON
USE”**



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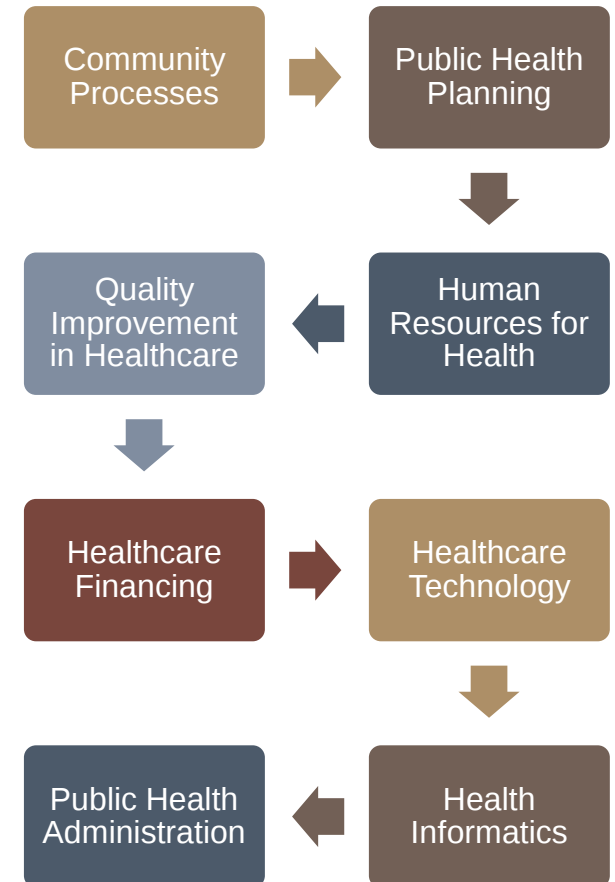
ABOUT ORGANIZATION

National Health Systems Resource Centre (NHSRC) has been set up under the National Rural Health Mission (NRHM) of Government of India to serve as an apex body for technical assistance.

Mission: Technical support and capacity building for strengthening public health systems in India.

Head Office : New Delhi

Departments : Eight



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INTRODUCTION

- ❖ India is on second rank with huge population in world. (Sources: World Bank) Family planning is always being in focus in India. In India national family planning programme was launched in 1951, family planning means “**achieving the desired number of children with appropriate spacing and timing**”
- ❖ “Family planning is not designed to destroy families; on the contrary it is designed to save them.”
- ❖ Inadequate family planning strategies have continuously exacerbated maternal and infant mortality, increasing poverty, high incidence of HIV/AIDS and sexually transmitted infections and a high incidence of morbidity and mortality. At **least 32% of all maternal deaths and nearly 10% of childhood deaths, can be prevented by family planning** (World Health Organization)
- ❖ Total fertility rate in Haridwar is **2.1** (NFHS 4) and only 45% eligible couples using family planning methods.

RESEARCH QUESTION

What are the level of awareness, attitude and practices of family planning methods and reasons for non use among people in the age group 18-49?

OBJECTIVES

- ❖ To assess the knowledge, attitude and practice of family planning methods.
- ❖ To find out the reasons behind the non-usage of family planning methods.

METHODOLOGY

Research Design: Cross Sectional Descriptive

Sampling : 60 respondents from District hospital and community health Centre

Sampling Technique: Convenience Sampling Technique

Study Duration: February 6, 2017 – May 5, 2017

Data Collection : Structured Questionnaire

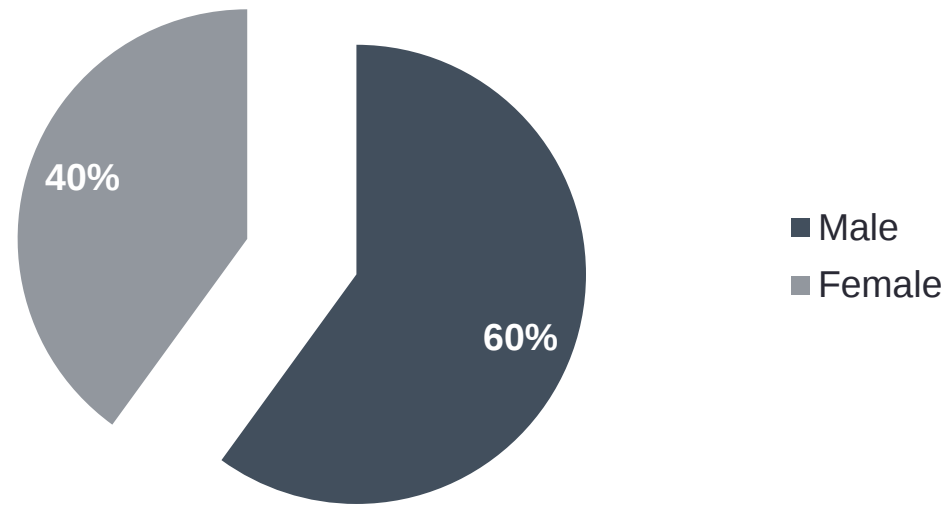
Source of Data Collection: Primary data

DATA ANALYSIS

- ❖ Data from structured questionnaires entered in excel 2010 and analyzed on same.
- ❖ The data was analyzed in the form of tables, figures and charts.

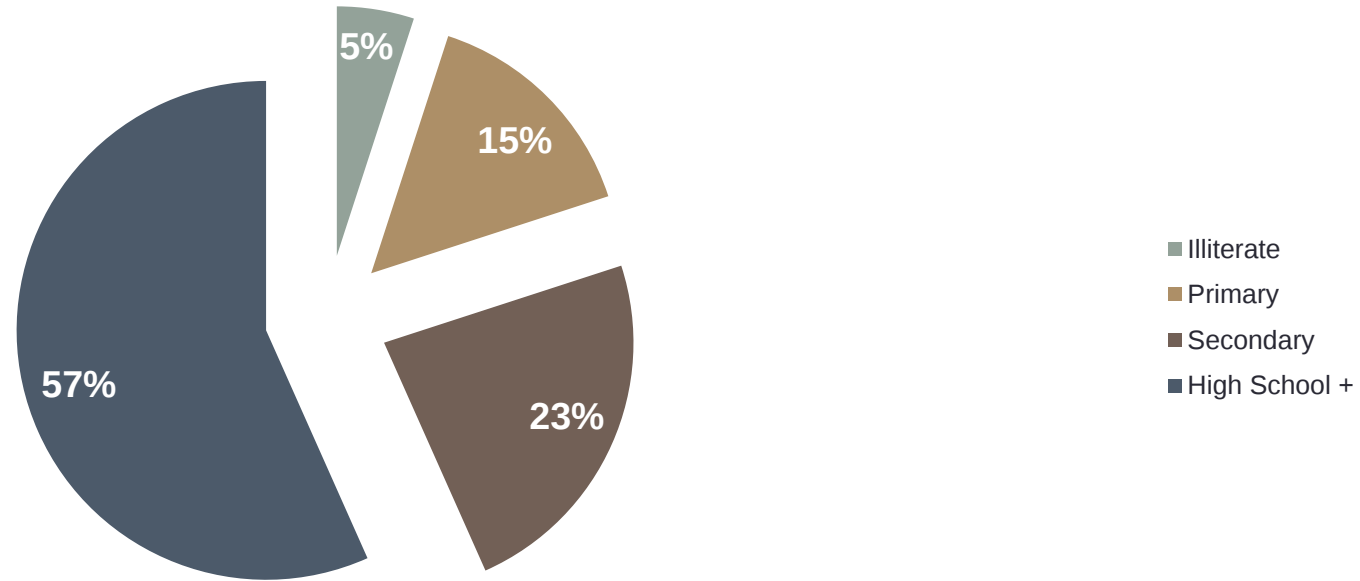
RESULTS & FINDINGS

Demographic Information



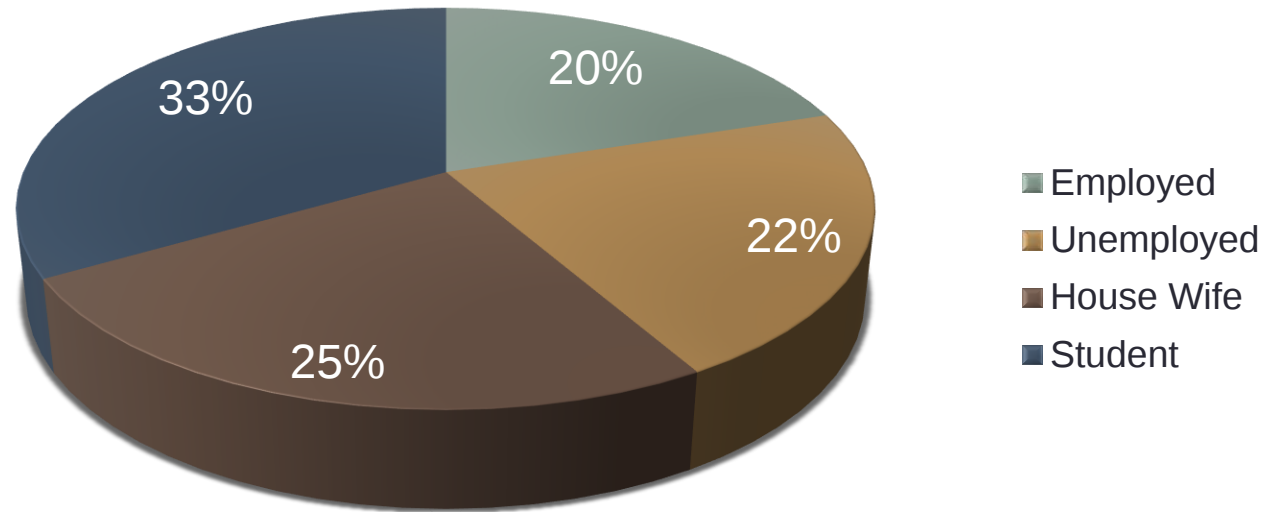
Distribution of respondents according to Sex

Level Of Education



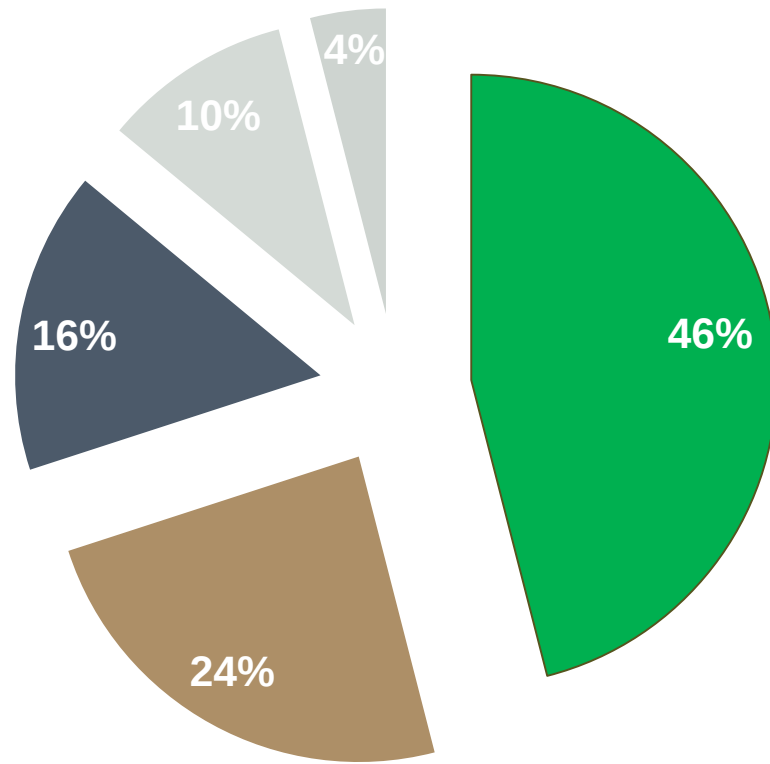
Distribution of respondents in relation to their education

Occupation



Percentage wise distribution of respondents in relation to their occupation

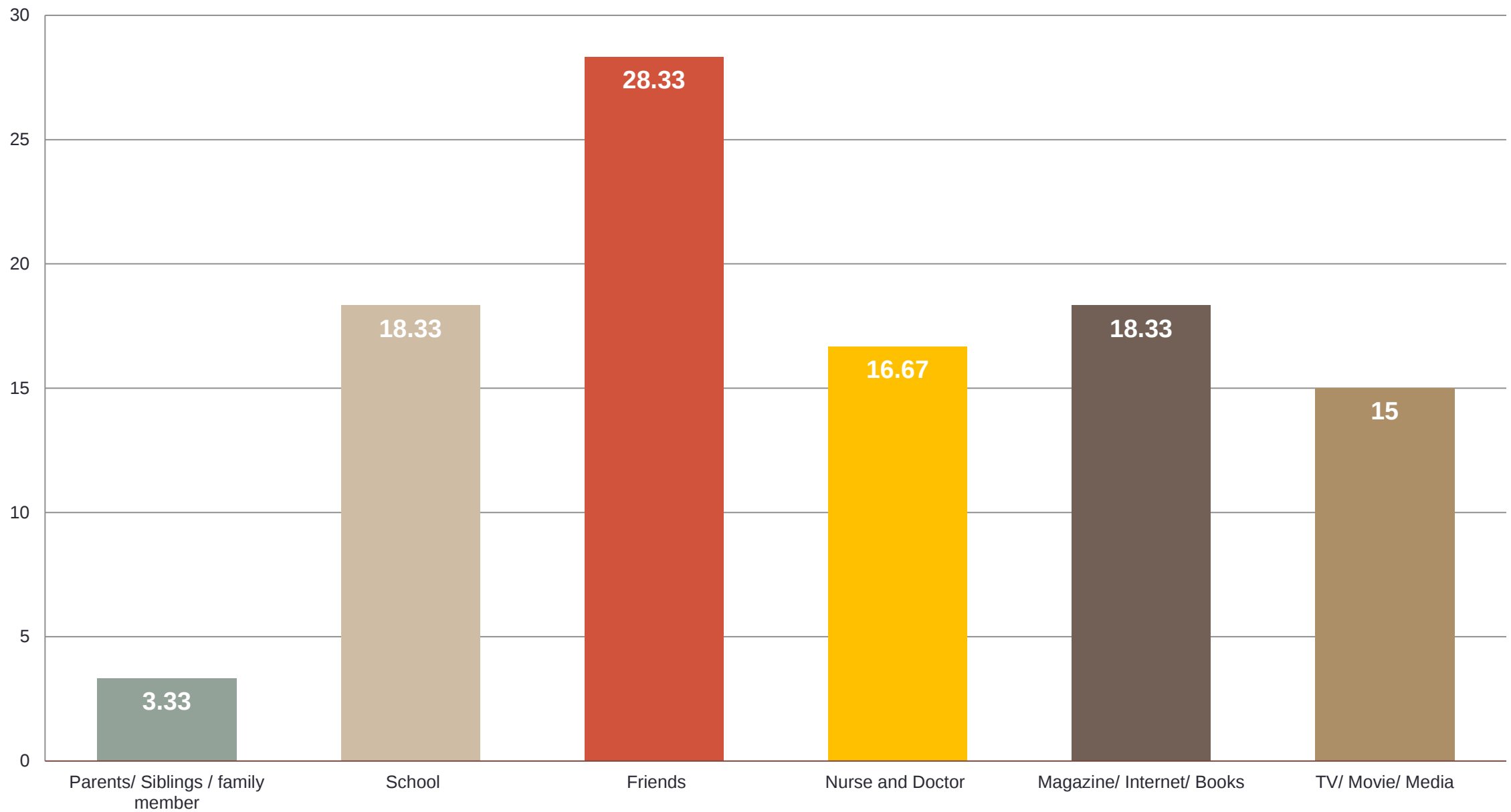
KNOWLEDGE



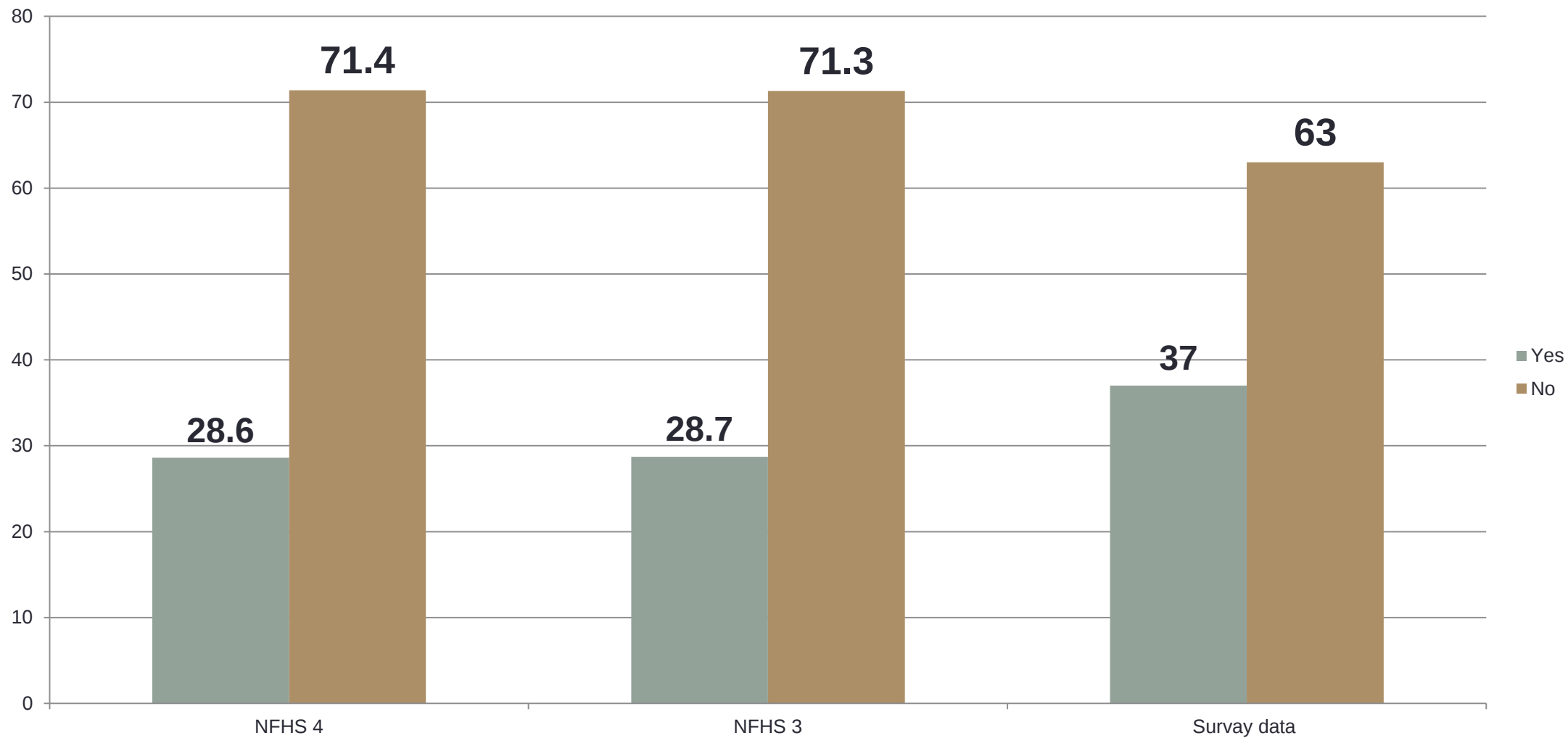
- Know about 5 methods of Family Planning
- Know about 4 methods of Family Planning
- Know about 3 methods of Family Planning
- Know about 2 methods of Family Planning
- Know about 1 methods of Family Planning

Knowledge about family planning methods

- Condom
- Oral contraceptive pills
- IUD
- Male sterilization
- Female sterilization



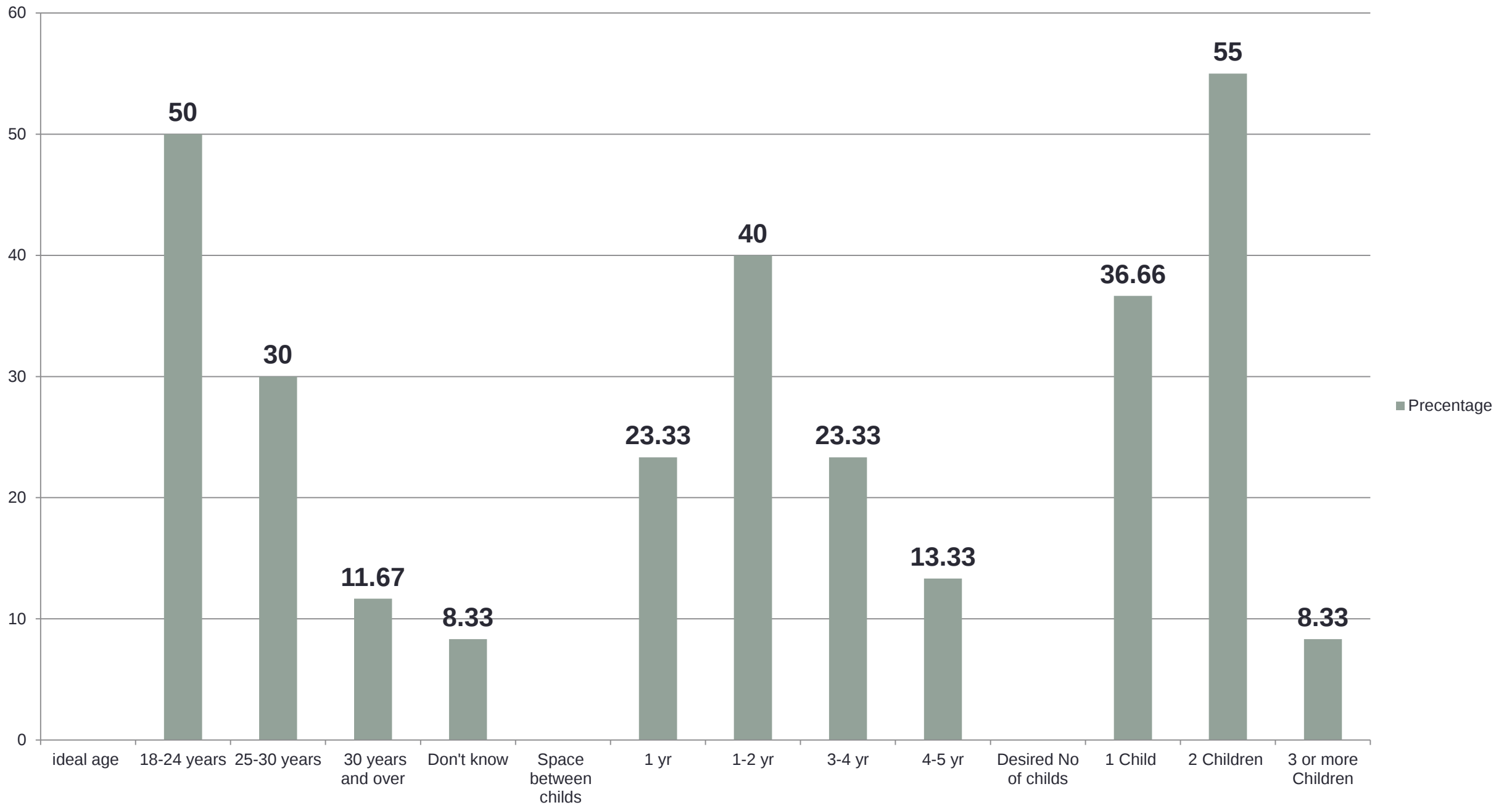
Source of knowledge about family planning



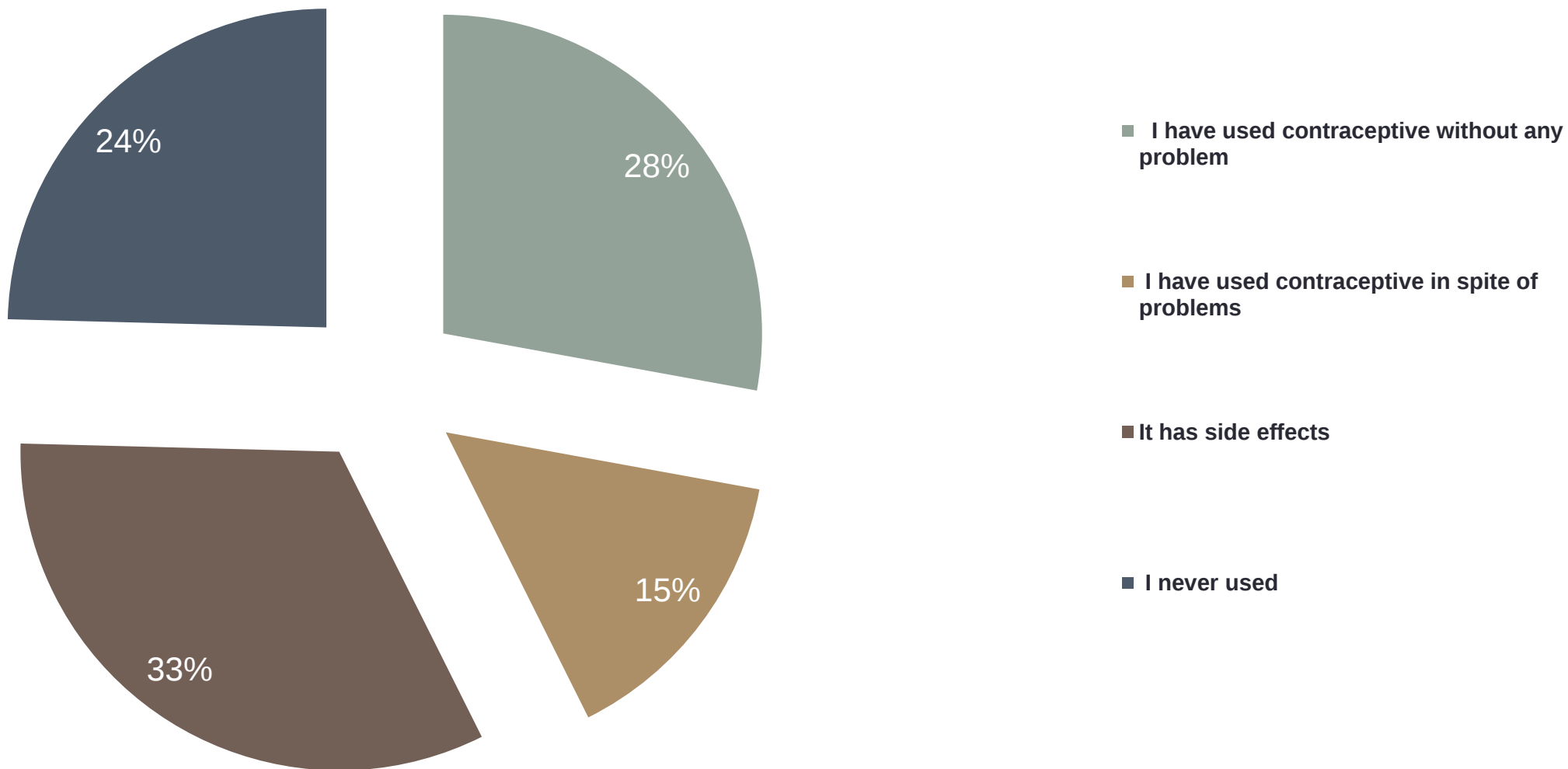
Knowledge about RTI/STI

- HIV/ AIDS
- Syphilis
- Bacterial / Fungal

ATTITUDE

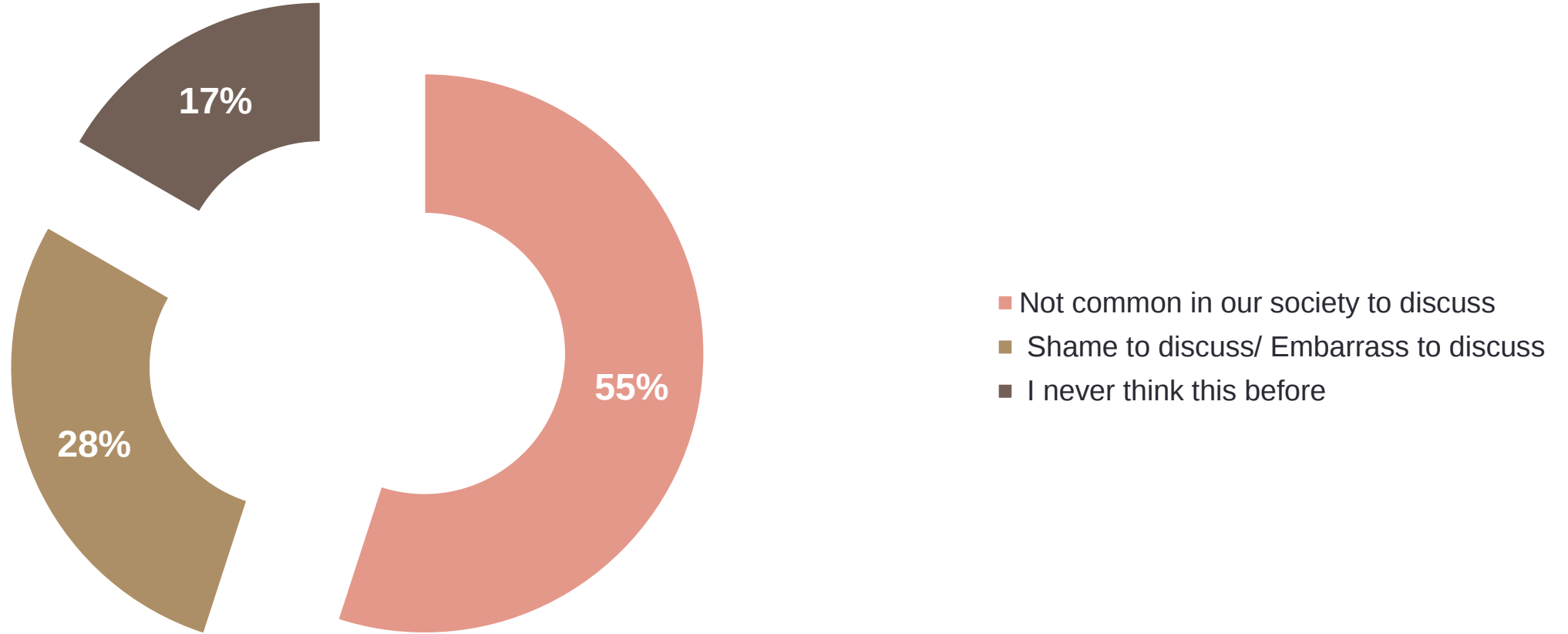


Attitude towards family planning

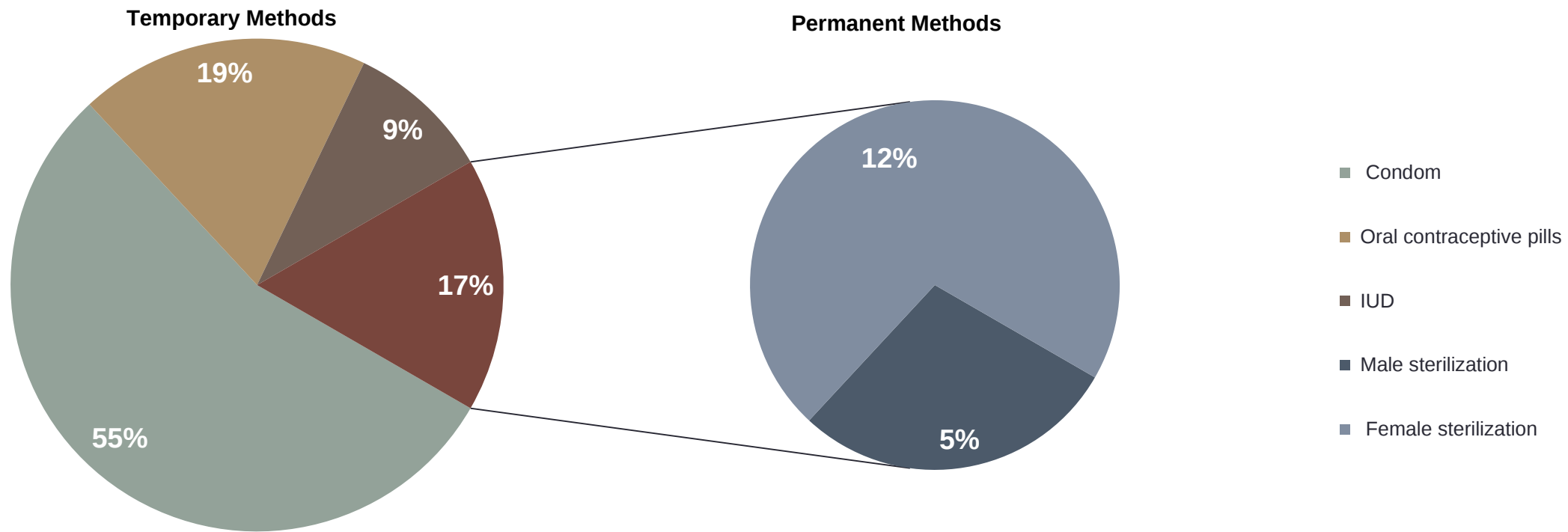


Attitude towards family planning

According to NFHS 4 (39.5% respondents told about side effects)

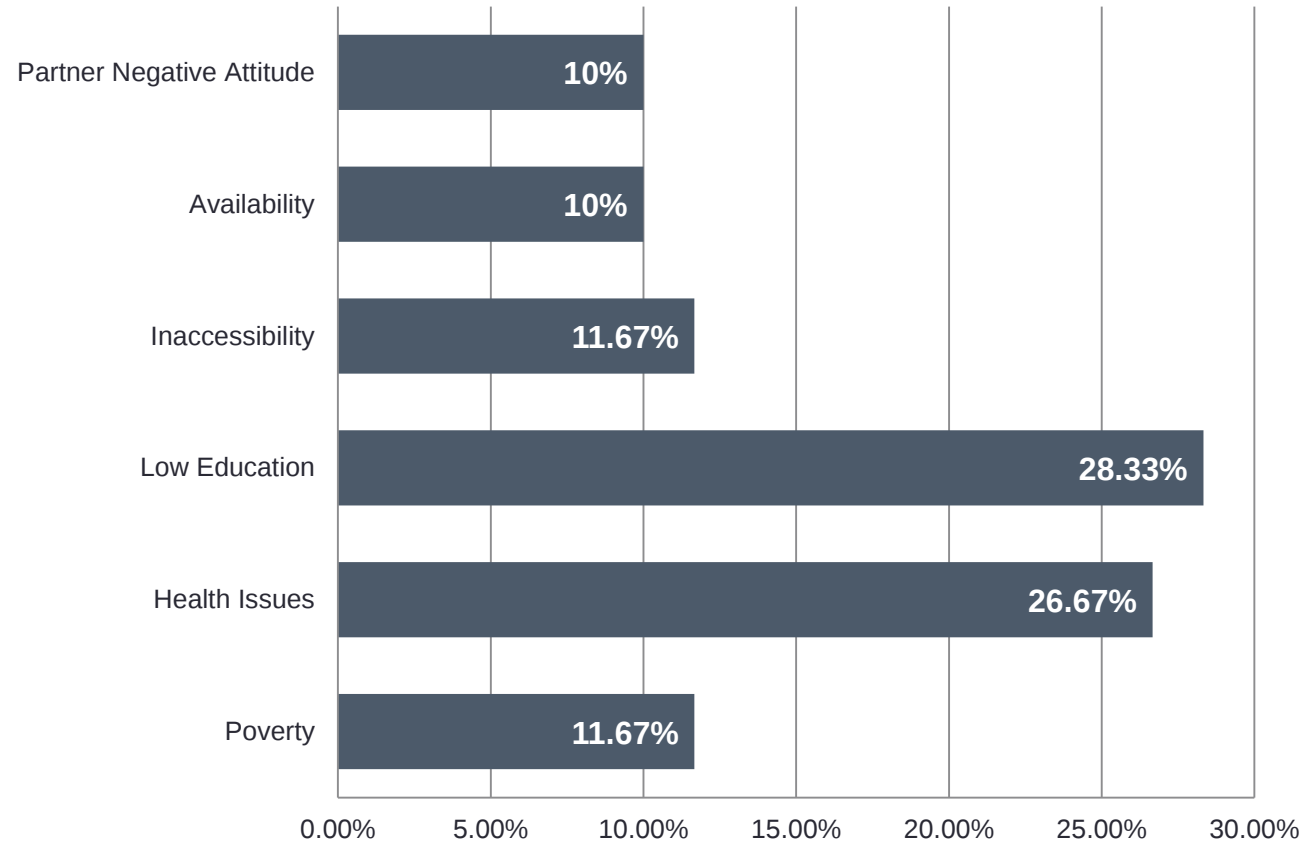


Attitude towards family planning discussion

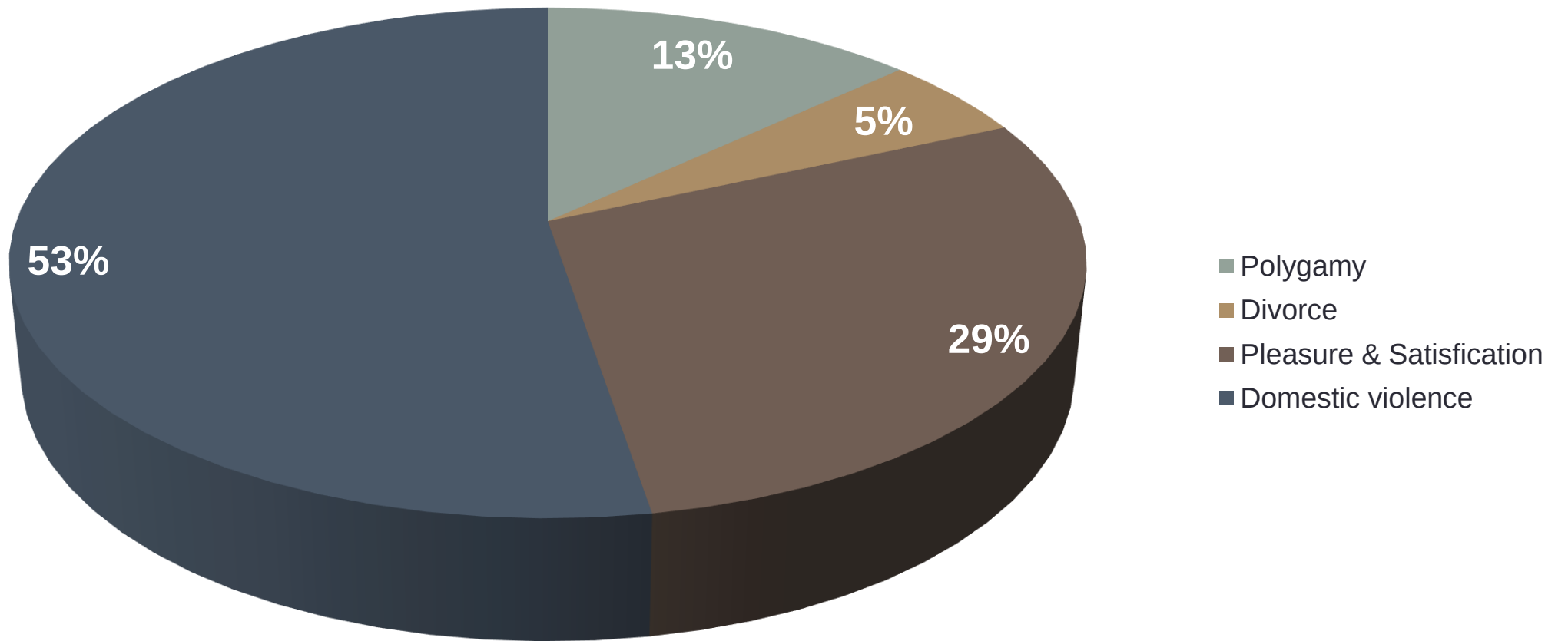


Percentage of respondents using family planning methods.

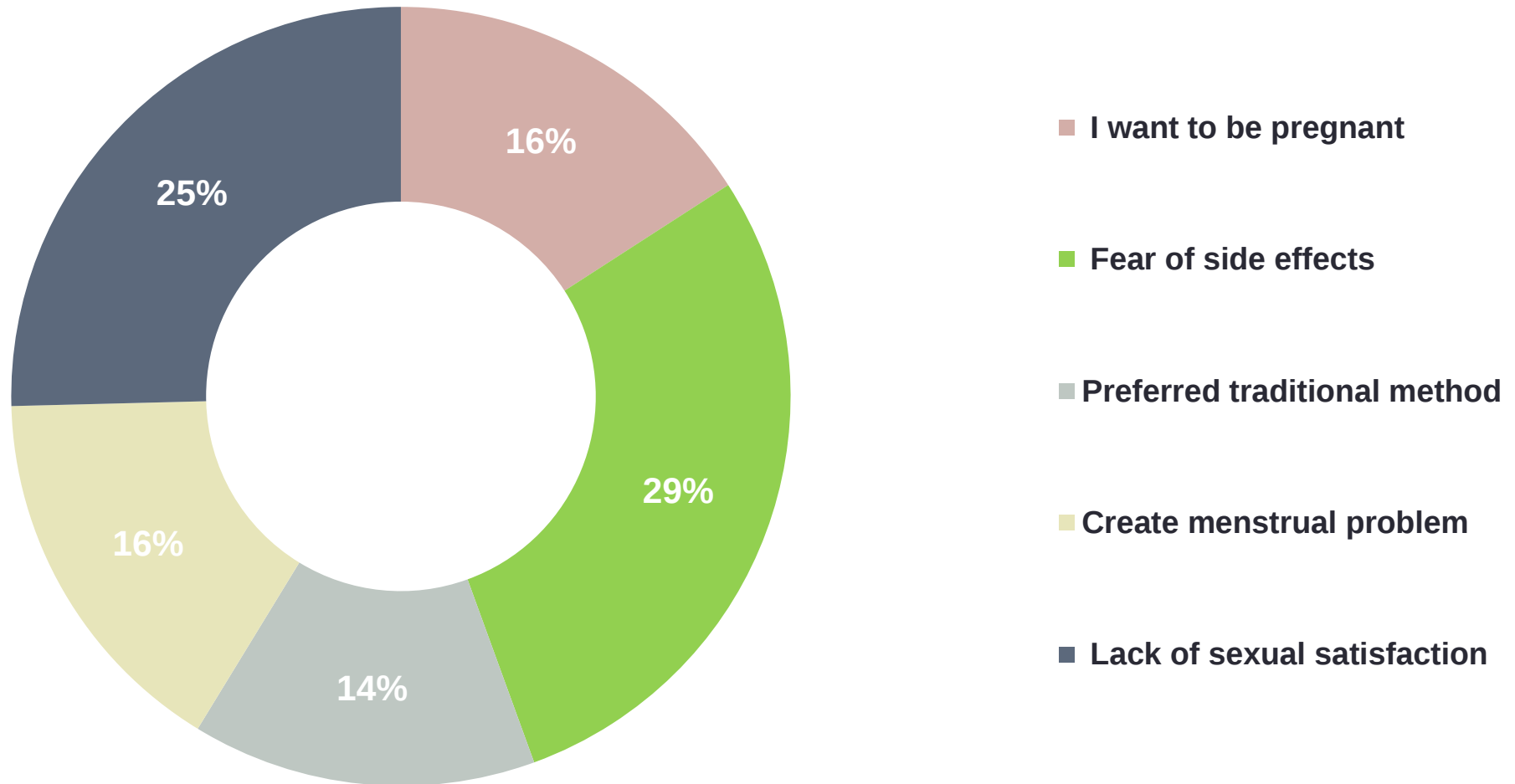
REASONS FOR NON USE



Major socio-economic factors posing as barriers to FP



Cultural factors that affect utilization of family planning



Reasons of non-use of family planning methods

SUGGESTION

- ❖ Haridwar is not able to achieve the expected numbers for sterilization in last years, the district has to carry forward this with a more focused approach to achieve the targets (HMIS Haridwar)
- ❖ Develop innovative contraceptive techniques, which do not have any side effects and which is acceptable
- ❖ To encourage for using modern contraceptives among people there is need of avail information about the benefits of these modern contraceptives.
- ❖ More targeted and well-organized educational campaigns are needed to improve utilization of family planning methods
- ❖ District have to increase utilization of permanent family planning methods
- ❖ Strengthen the delivery system of contraceptive

CONCLUSION

- ❖ Family planning is directly improves the quality of the lives of people as well as their economic condition.
- ❖ Results shows that respondents have knowledge about family planning methods, but lack of knowledge regarding specific contraception methods was observed.
- ❖ There are many demographic and cultural factors which affect utilization of family planning methods
- ❖ Fear of side effects and Menstrual problem were found the main influencing factors for non-use of family planning methods
- ❖ Another factor like Son preference, and negative attitude by partner is also affects utilization of family planning methods

REFERENCES

- ❖ National Family Health Survey - 4 2015 -16. Available from http://rchiips.org/nfhs/districtfactsheet_NFHS-4.shtml
- ❖ World Health Organization
http://www.who.int/reproductivehealth/publications/general/lancet_3.pdf
- ❖ Long-Acting and Permanent Methods. Available from <http://www.engenderhealth.org/our-work/family-planning/long-acting-and-permanent-methods.php>
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http://nhsrccindia.org/index.php?option=com_content&view=article&id=300&Itemid=730

THANKS