

**Internship at
International Health Unit
University of Montreal**

By

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Introduction

Any management course is not complete without on the job training and as a part of course curriculum, after completing the course and summer training we are required to complete internship and take up research work and submit a dissertation based on that.

Goals of internship

The USI and the School of Public Health of the University of Montreal are now holders of the Queen Elizabeth II scholarships. These fellowships promote intercultural exchanges focused on the acquisition of academic and professional experiences for bilingual public health students across the Commonwealth.

The Queen Elizabeth II Diamond Jubilee Awards program is administered through a unique partnership between the Rideau Hall Foundation, Community Foundations of Canada (CFC), Universities Canada and Canadian universities. This program is made possible through financial support from the Government of Canada, provincial governments and the private sector.

Goals of the internship include:

- Assist the mentor in day-to-day operations to gain practical knowledge and skill required to work and manage a research project
- Observe various protocols followed in the organization and try to acquire skills to accomplish them
- Familiarization with different departments, staffing and equipment's used in them.
- Observe mannerism of the existing employees and learn the culture of the organization.
- Inculcating soft skills is an integral part of understanding the organization.
- Observing human skills and understanding documentation and other procedures for future role.

Organizational Profile and services provided

USI: Unité de santé internationale (USI)

Founded in 1989 under the aegis of Université de Montréal, the USI contributes significantly to the internationalization of its activities through the involvement of professors and researchers from several departments and those of professionals recruited by the USI . Since 2013, L'USI is directly attached to the School of Public Health at the Université de Montréal. This implies a privileged access to expertise in all fields covered by the School of Public Health as well as those of other components involved in the health sector, including nursing, demography, anthropology, science Policy, management, and animal health sciences.

Since 2000, the USI has also been integrated into the Center Hospitalier de l'Université de Montréal and its Research Center (CRCHUM), under whose cover the USI carries out several projects. This link gives us access to all the clinical , management and research expertise, particularly to the expertise of researchers in the Axis of the populations with whom we maintain very rich interfaces and synergies. Many of these resources contribute to international projects.

The mission of the International Health Unit is to contribute to the improvement of health in developing countries and countries in transition. In close partnership with them, we support the formulation and implementation of health policies and the delivery of equitable and effective programs and services.

It is the only French-speaking organization in North America able to combine actions that are part of global health training, expertise, technical support and research .

Activities undertaken during internship

- ❖ Attended Café Scientifique on community mental health
- ❖ Protocol meeting for project on oncology, mental health and patient engagement with the entire team of researchers

- ❖ Visit to the Simulation Clinique at The Centre hospitalier de l'Université de Montréal (CHUM)
- ❖ Interaction with scholars from other institutions and research bodies
- ❖ Attended conference: Finding, understanding and eliminating the HIV reservoir
- ❖ Attended community practices meeting at School of Public Health, University of Montreal
- ❖ Participant at World Health Summit, Regional Meeting (North America)
- ❖ Visit and interaction with managers and researchers at Accreditation Canada, Ottawa
- ❖ Attended conference ‘ Can early intervention help prevent mental illness later in life ‘ at McGill University by Dr Rudolf Uher on his project: Families Overcoming Risk and Building Opportunities for Well Being (FORBROW) an innovative approach to pre-empting mental illness
- ❖ Attended presentation and poster presentations on patient safety by Queopsi Program Students at The school of Public Health, University of Montreal
- ❖ Assisted the research team of mentor in literature reviews and proposal writing
- ❖ Attended McGill Summer Institute in Institute in Infectious Diseases and Global Health and undertook two weeks of courses under following heads:

Week 1: TB Research methods

- Introductions and overview, Qualitative and Quantitative methods
- Operational research
- TB modeling and economic analyses
- Randomized trials
- Molecular epidemiology; systematic reviews

Week 2: Qualitative Methods in Global Infectious Diseases Research

- Qualitative study design, philosophical underpinnings, and mixed methods
- Data collection: methods, tools and logistics
- Data analysis I: analytic approach and steps
- Data analysis II: critical analysis and rigour
- Knowledge translation: dissemination and advocacy

- ❖ Volunteer for the “World Refugee Day’ celebrations by Centre Social D'Aide Aux Immigrants, Montreal
- ❖ Volunteer for teaching English language to an immigrant family from South Africa