

Internship at Guru Teg Bahadur Hospital, Delhi

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INTRODUCTION-

Guru Tegh Bahadur Hospital (or **GTBH** or **GTB Hospital**) is a 1,500-bed hospital^[1] situated in the National Capital Region of Delhi, India, and is affiliated to and acts as the teaching hospital of University College of Medical Sciences. GTBH was established in 1979 (fully functional in 1987) with 350-bed capacity which has now been expanded to 1500-bed capacity. It is the first Delhi Government tertiary care hospital in Trans-Yamuna (East Delhi) area, catering to the East Delhi population as well as patients from adjacent states. It is an associated teaching hospital attached to the University College of Medical Sciences, University of Delhi.

It is a **teaching hospital associated with the University College of Medical Science, University of Delhi** and, therefore, also serves as a training center for undergraduate and post-graduate medical students.

It is the first Delhi Government tertiary care hospital in Trans-Yamuna (East Delhi) area, catering to the East Delhi population as well as patients from adjacent states

The hospital is providing health care facilities to the needy population of East Delhi and adjoining areas of other states with an average daily OPD attendance of about 4000 patients. The hospital is equipped with

- Round the clock emergency service in common clinical disciplines.
- Neurosurgery facilities for road side accident and other trauma victims.
- Burn care facilities.
- Thalassemia day care center.
- CT-Scan.
- Hemo-dialysis and Peritoneal dialysis.

The hospital is in the process of computerization. OPD and IPD registration, Blood Sample collection centers, Admission and Enquiry, Lab investigation services and Medical Record Data have already been computerized and integrated through LAN.

HISTORY

It was envisioned as a teaching affiliate to University College of Medical Sciences and as such it can trace its history parallel to that of UCMS.

UCMS was founded in 1971, due to the efforts of the Health Minister of New Delhi. It was proposed by the minister to provide medical education to every student who attained the eligibility criteria and wished to become a doctor. The criteria being stringent (minimum 60% aggregate), but it still caused a 100 or so students to be left out, even with the presence of two Medical Colleges in Delhi – MAMC and LHMC. That year classes began in the makeshift Department of Chemistry, Delhi University, North Campus. This was to become the UCMS of tomorrow. It then started having its clinical postings (practicals) at Meerut Medical College. Shortly, it was shifted to Safdarjung Hospital in South Delhi.

In 1986, it shifted to its present location at Dilshad Garden and was associated with Guru Teg Bahadur Hospital, a 1000 bedded institution, as its teaching hospital.

Thus GTBH actually became functional in 1986 though construction was over in 1979 and some departments began functioning before 1987.

FACILITIES

- Anti Retroviral Treatment (ART)for HIV & AIDS treatment ^[2]
- Out Patient Clinics (Outpatient department or OPD)
- Inpatient care (admissions)
- Emergency services
- Critical care
- Suraksha Clinic
- Specialist care
- Laboratory services
- Imaging services
- Medico legal aid
- Nodal Center under National Programs
- Teaching facilities
- Examination services

ART Centre GTBH

- ART Centre at GTBH Hospital was established in Nov2005 for treatment & Management of HIV positive patients in this area of East Delhi & Nearby area of UP. GTB Hospital is a 1500 bedded Hospital attached to a Medical College” University College of Medical Sciences
- The ART Clinic was initially under the Dept of Dermatology up to Jan’2008and there after it has come under Dept of Medicine.
- At Present there are following staffs to under the centre:-
 - 1. Chief Co-ordinator – Dr. Rajpal Director Prof & Medical Supdt.
 - 2. Prof. Incharge ART Clinic- Dr. S.V. Madhu, HOD Medicine
 - 3. Nodal Officer – Dr. Kuldeep kumar, Assitt. Professor(Medicine)
 - 4. SMO – Dr. B.R. Chanda
 - 5. MO -Dr. Suman Som
 - 6. Sister I/c - MRs Aruna Sharma
 - 7. Staff Nurse – 1
 - 8. Data Manager-2
 - 9. Counsellor- 1
 - 10. Pharmacist- 1
 - 11. Lab Tech- 1
 - 12. Nursing Orderly – 1
 - 13. Care Coordinator- 1
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- **Service provided at this centre:-**
 - 1. Registration of HIV positive patients whose blood for HIV has been tested from a Govt. Institution.
 - 2. Free Investigations- complete Blood analysis including CD4 count, X-ray Stool & Urine etc. USG, CT & MRI also done free if necessary with due permission from the Medical Supdt.
 - 3. Free Counseling in regards of-
 - (i) life style modification &Treatment adherence
 - (ii) Awareness regarding safe sex, universal precaution, Blood safety etc.

- (iii) Early detection of other associated clinical condition e.g. cancer , STD, psychiatric problem
- (iv) TB Linkage with RNTCP/DOTS
- (v) Free Condom distribution
- 4. Free Consultation with specialist Doctors
- 5. Free distribution of ARV drugs
- 6. Free treatments of opportunistic Infection& its prevention
- 7. Post exposure prophylaxis
- 8. Early detection of HIV in Infant & Children who born from HIV +ve mothers
- 9. Linkage to community care centre (CCC) having 10 bedded indoor facility.
- 10. Linkage with NGO's, orphanage homes
- 11. Nutritional facility from CABA
- 12. Railway concession
- 13. Running special ARV clinic for paedts pts and distribution of ARV drugs, Nutritional guidance by a qualified dietician.
- 14. Financial assistance to the PLWHA & children who are residing to Delhi since last 3 years and on ART for last one year without any break
- 15. Record keeping – Safe and confidential maintance of all records for pre ART, ART and children pts.
- 16. Maintance of drugs stock.
- 17. Indoor facility of all the departments for PLWHA including HIV related emergency.

ORGANISATION SETUP: GTB HOSPITAL, GOVT. OF NCT OF DELHI, DELHI-110095, INDIA

