

**Internship
at
Pratiksha Hospital,
Assam**

***By*
Kasturi Saikia**

*MBA Hospital and Health Management
2014-2016*

The logo for IIHMR University, featuring a stylized 'i' in a square followed by the letters 'IIHMR' in a large, bold, serif font, and the word 'UNIVERSITY' in a smaller, sans-serif font to the right.
**The IIHMR University, Jaipur
2016**

1. INTRODUCTION.

Pratiksha Hospital is a super speciality hospital with state of art technology providing medical excellence with human touch within the reach of every individual. The main focus of the hospital is in-depth intensive analysis & treatment under one roof, specialized in state of the art **Assisted Reproductive Technique (IVF), Minimal Invasive Surgery, Maternity Services, Foetal Medicine, Pediatrics with Neonatal ICU & PICU, Modern ICU, General Medicine, Orthopaedics, ENT, Ophthalmology, Onco-Surgery, Dentistry and Paediatric-Surgery.** Besides having a world-class technology, today it is understood that Biomedical engineering is another specialized area where every day new developments are witnessed. Qualified human resources like Doctors, Nurses, Paramedical & Administrative staff are the backbone of any world-class health institution. Pratiksha Hospital is glad to have all these super specialty departments and quality human resources under one roof which itself promise to give quality treatment & care.

Quality Policy

“Pratiksha Hospital shall strive to provide health care services with sustained efforts to ensure that it is equitable, affordable, accountable and responsive to the people’s need commensurate with the available resources. We will together create equal opportunity towards creating better and safe work environment through continuous delivery of quality services.”

1.1 DEPARTMENTS.

a. Gynaecology and Obstetrics : The following are provided at the hospital-

- Prenatal care and counselling.
- Postnatal care.
- Care and delivery of normal and high risk pregnancies.
- Adolescent care.
- Management of all gynaecological conditions.
- Contraceptive advice and family planning services.
- Gynaecological surgeries.
- Preventive oncology.
- Gynaecological minimally Invasive Surgery (Endoscopic Surgery)

Gynaecological minimally Invasive Surgery (Endoscopic Surgery) - Pratiksha Hospital is one of the pioneer hospital in Gynaecological Minimally Invasive Surgery with highly trained doctors and state of the art equipments. Minimally Invasive Surgery is the latest form of surgery with cutting edge technology and sophisticated equipments. All forms of Gynaecological operation like hysterectomy, myomectomy, fertility enhancing procedures and operative hysteroscopy are done at Pratiksha Hospital to the utmost satisfaction of the patients.

Advantage of Minimally Invasive Surgery

- Less hospital stay, 2-3 days
- Better cosmetics – there will hardly any visible scar after operation.
- Less painful because of minimum handling of tissues

- Better healing
- Early return to work

HYSTEROSCOPY

- Infertility Treatment -
 1. Diagnostic
 2. Synechiae.(Intrauterine Adhesions)
 3. Cornual catheterisation
 4. Intrauterine mass-
 - Polyps
 - Fibroids
- Menorrhagia
 1. Diagnostic
 2. Submucous myomas
- Repeated Abortions
 1. Septum
 2. Bicornuate uterus
- Miscellaneous
 1. Lost IUCD
 2. Adherent retained products

LAPAROSCOPY

- Fertility Enhancing
 1. Diagnostic
 2. Adhesiolysis
 3. Tubal Blocks
 4. PCOD
 5. Endometriosis ablations
- Ectopic Pregnancies
- Adnexal Masses
 1. Chocolate cysts
 2. Dermoid and other ovarian masses
 3. Hydrosalpinx and other T.O. masses
- Total Laparoscopic Hysterectomy (TLH)
- Fibroids(Laparoscopic Myomectomies)

- Pelvic floor Surgeries

Birth Suite

Giving birth is a special experience for every woman. Our Birth Suite offers maternity care for labor, delivery, recovery, and postpartum (LDRP) in cheerful, cozy single rooms, where you'll find privacy and comfort as you and your newest family member become acquainted. Once you are placed in a room, this is the room that you will use for your entire stay at your place of birth. You will give birth here and your baby will stay with you until you are ready to go home.

Our dedicated nursing and medical staff are here to assist you through all phases of the process, from pregnancy and birthing classes through delivery and baby care education.

LDRP is equipped to handle only vaginal births.

- b. **Paediatrics and Neonatology** : The department of Paediatrics at Pratiksha Hospital is committed to provide best of comprehensive medical care to all the children below 18 years.

The department provides specialized care in sub-specialties apart from excellent general Pediatrics and primary care. Currently, the department is structured around the following sub-specialties of Pediatrics: - Developmental Paediatrics, Emergency Medicine and Acute Care, Intensive Care, Neonatology, Orthopedics Surgery, Pediatric surgery, Pediatric nephrology, Pediatric ENT, Pediatric Ophthalmology.

Services

The department of Paediatrics provides patient care through following service areas.

- Paediatric Emergency Services
- Out Patient Department (OPDs)
- Paediatric Day Care Services
- Paediatric Indoor Services
- Paediatric Intensive Care
- **PRIVATE PAEDIATRIC OPD SERVICES** - Patient can take telephonic appointment from private OPD reception any time from 8am-8pm or can walk in at Private OPD counter and take an appointment
- **PAEDIATRIC EMERGENCY SERVICES** - Round the clock on all days (24x7) services are provided for Paediatrics emergencies by department of Paediatrics. The consultants and junior residents sees all pediatric patients on duty. Those having non-urgent problem are advised home treatment and follow in outpatient department. Those who need hospitalization are admitted in Paediatrics ward, daycare or paediatric intensive care unit according to clinical condition and care needed for the child. A consultant specially trained in emergency paediatrics supervises these services.

- **PAEDIATRIC DAY CARE SERVICES** - The patient who need short stay either for some investigation, treatment or procedure are admitted in day care and then discharged after doing the needed intervention. There is procedure room to conduct the paediatric procedures. Facilities for procedural sedation and analgesia are also available in procedure room.
- **PAEDIATRIC INDOOR SERVICES** - The children needing hospitalization for diagnostic or therapeutic interventions are admitted to either Paediatric wards or paediatric intensive care unit depending on underlying disease and its severity.

c. ENT –

Services

- **Modern ENT treatment:** With the advancement of modern equipment and technology along with professional skill today we have new vistas of ENT treatment.
- **Endoscopic Sinus Surgery (ESS):** Endoscopic sinus surgery (ESS) not only helps in remove the disease radically, it also tries to revert normal physiology of nose and paranasal sinus like ventilation, respiration, humidification etc. ESS not only taking care of nose and PNS but it also applied extensively, for example in DCR, CSF Rhinorrohea, Orbital Heamatoma, Pituitary tumour and other Anterior skull base lesions.
- **Micro-ear Surgery** -. It is not only limited to repair of tympanic membrane and mastoid exploration but also try to improvement of hearing by ossiculoplasty. Cochlear implant, Middle ear implant for hearing disable and Lateral Skull base Surgery for Acoustic Neuroma, GlomusJugulareetc are the extensive dimension of modern micro ear surgery.
- **Head and Neck Surgery** - Now a day it categorized as subspecialty of ENT. Including Thyroid surgery all laryngeal and pharyngeal surgery are performed by head and neck surgeons. With newer researches and technique, disease removal not only issue today but they also try to reconstruct the defect and in this way the patient have not only lesser mortality but also morbidity. Organ preservation along with radical cure of disease another motto.

- **Micro-laryngeal Surgery and Phonosurgery** -Voice is the strongest media of expression. With increasing demands of professional voice, voice care is now more challenging for ENT surgeon and Speech therapist. Here is great role of Micro-laryngeal surgery and Phonosurgery. It not only helps in retain the voice but also improvement of quality of voice.
- **Co Ablation** - We are regularly performing Co Ablition assisted adnoidectomy, tonsilectomy, inferior terbinectomy, obstructive sleep apnea surgery.