

Dissertation
at
Shree Bhuvaneshwari Mahila Ashram
(3RD MARCH –17TH MAY 2014)

**Understanding Lifestyle
Of
Girls and Young Women
in
Remote Rural Hilly Areas of Uttarakhand**

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INTRODUCTION

Life Style and Situation of Girls and Young Women of Remote hilly areas of Uttarakhand is Very Different from Lifestyle of Girls and Women in remote plane rural areas.

Situations they are face in their daily life and Conditions in which they are spending their time are very difficult and time consuming.

AIMS AND OBJECTIVES

- To Understand Challenges Adolescent Girls face in Hilly Rural Areas.
- To Find out Different Activities Girls are Engaged at the Household Level.
- To Understand Socio-psychological Problems of Young Girls.

STUDY SITE

INTERIOR VILLAGES

VILLAGES NEARBY ROADS AND MARKET

20 villages of Gairsain Block, Chamoli district, Uttarakhand

Parwadi

Salyana

Sarcote

Dunarghat

Silanga

Sengi

Dhanga

Agarchatti

Dungri

Mehalchori

Matkot chidiya

Saregwad

Nail

Khatryana

Jingod

Gwadtalla

Ramda

Gairsain

Malsi

Maroda

TYPE OF STUDY

QUALITATIVE

COMPARATIVE

METHODS

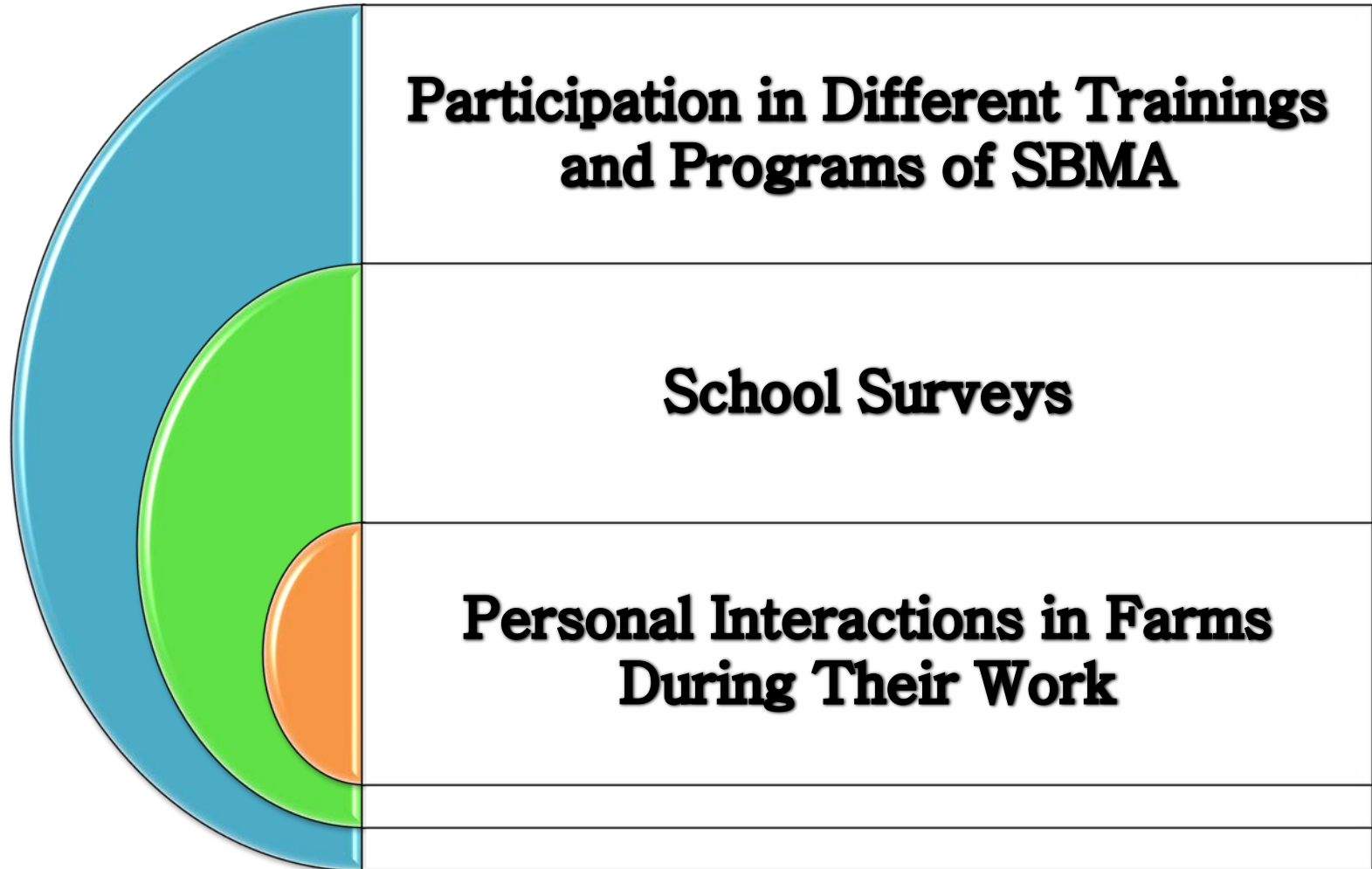
FOCUS GROUP DISCUSSION

- 68 GIRLS FROM 9 GROUPS

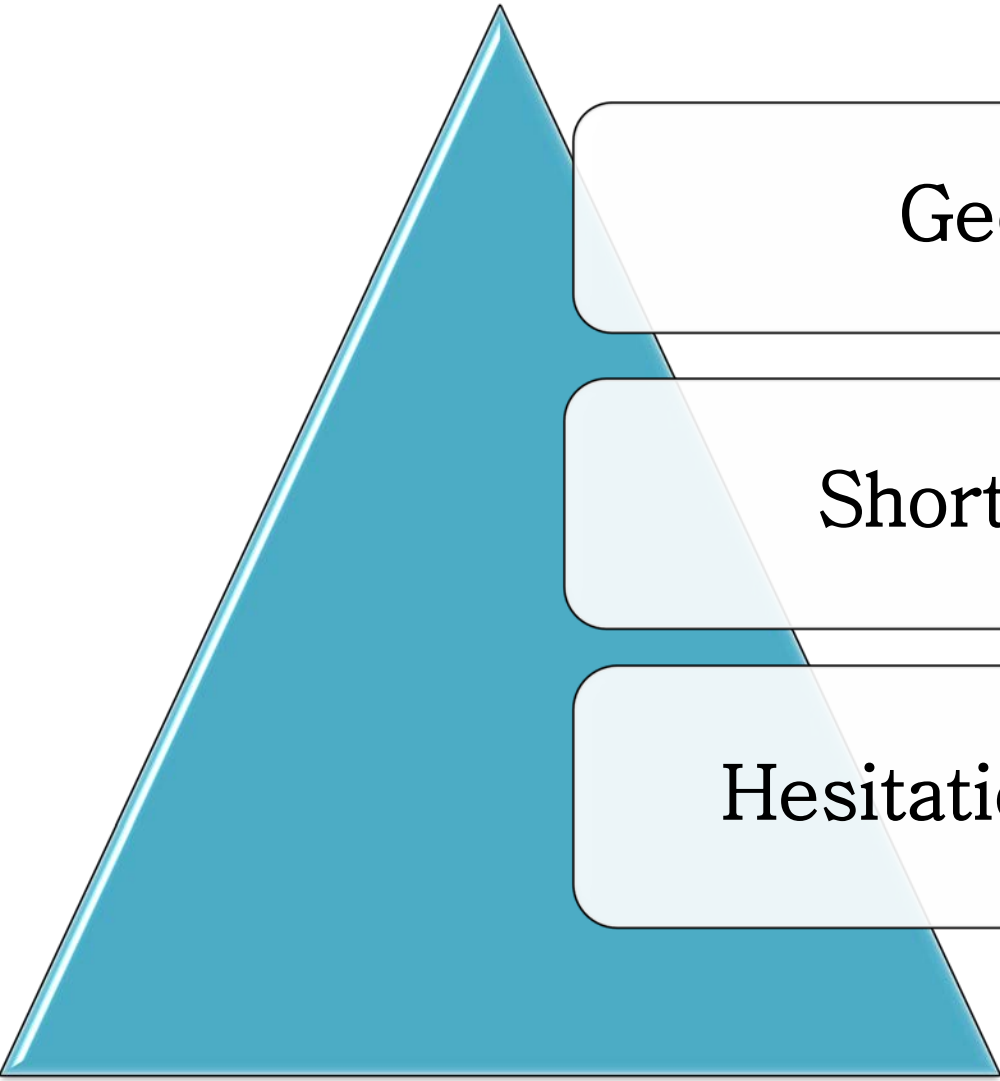
PERSONAL INTERVIEWS

- AROUND 43 GIRLS

PROCESS



LIMITATION



Geographical

Shortage of Time

Hesitation Among Girls

OBSERVATIONS

Girls and Women spends most of their time in Agriculture, Animal Husbandry and Household Works.

Girls have Mental Fear due to Addictions in Young Boys and Alcoholism in Adult Men.

Most of Girls have Target to study up to 12th only.

Girls of Interior Villages have Problems Related to Hygiene and Girls of Roadside Villages have Problems Related to Nutrition.

FINDINGS

PERSONAL INTERVIEWS

Girls were Very Sensitive and Emotional.

Lack of Bonding Between Parents and Girl Child.

Health Problems were Totally Different in Between Two Areas.

Parents Always Tried to Marry Their Girl Just After 18th Year of Age.

FINDINGS

FOCUS GROUP DISCUSSION

Girls of Interior Villages Feel Comfort in Groups.

Parents do not send their girls for higher studies.

Left Study : After 8th (Interior)
: After 12th (Roadside)

In comparison to Girls Roadside Villages Girls of Interior Villages Generally Got Late to Schools



Girls and Women of a Village (Sarcote):-
Have Social Restrictions, Problems Related
to Poor Hygiene and Tuberculosis.

Class

CONCLUSION

The Girls of Interior Villages are Facing Greater Challenges in Comparison to Girls of Roadside Villages.

The Girls and Young Women Spend More Time in Works Related to Farming, Animals and House so Education of Girls is Suffering because of this.

Girls are Lacking in Moral Support from their Family, Especially Mothers do not Give Adequate Time to Their Daughters due to Heavy Work Load.

Alcoholism and Other Addictions of Adolescent and Adult Males are Badly Impacting Lives of Girls and Young Women.

An aerial photograph of a village built on a hillside. The houses are clustered together, with some having white walls and others with darker roofs. Below the village, the hillside is covered in terraced fields, likely for agriculture. The overall scene is lush and green, with a dirt road visible on the right side of the image.

Thank you

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