



BASIC PARADIGM Pvt. Ltd.

Basic Paradigm is a social enterprise that aims to improve the effectiveness of non-profits and social enterprises to have the greatest possible social impact. The basic paradigm was established on 1st May 2019. It focuses on attaining good health and well-being and works towards sustainable development. The organization offers expertise in research, capacity building, and knowledge management to assist organizations in arriving at strategic solutions to real-world problems, implementing new ideas and innovative approaches, and ensuring cost-effectiveness and sustainability. Basic Paradigm extends support in undertaking baseline studies, training needs assessments, creating roadmaps for knowledge management, creating repositories, organizing webinars, and more.

VISSION

To bring about inclusive development to achieve sustainable development goals (SDGs).

MISSION

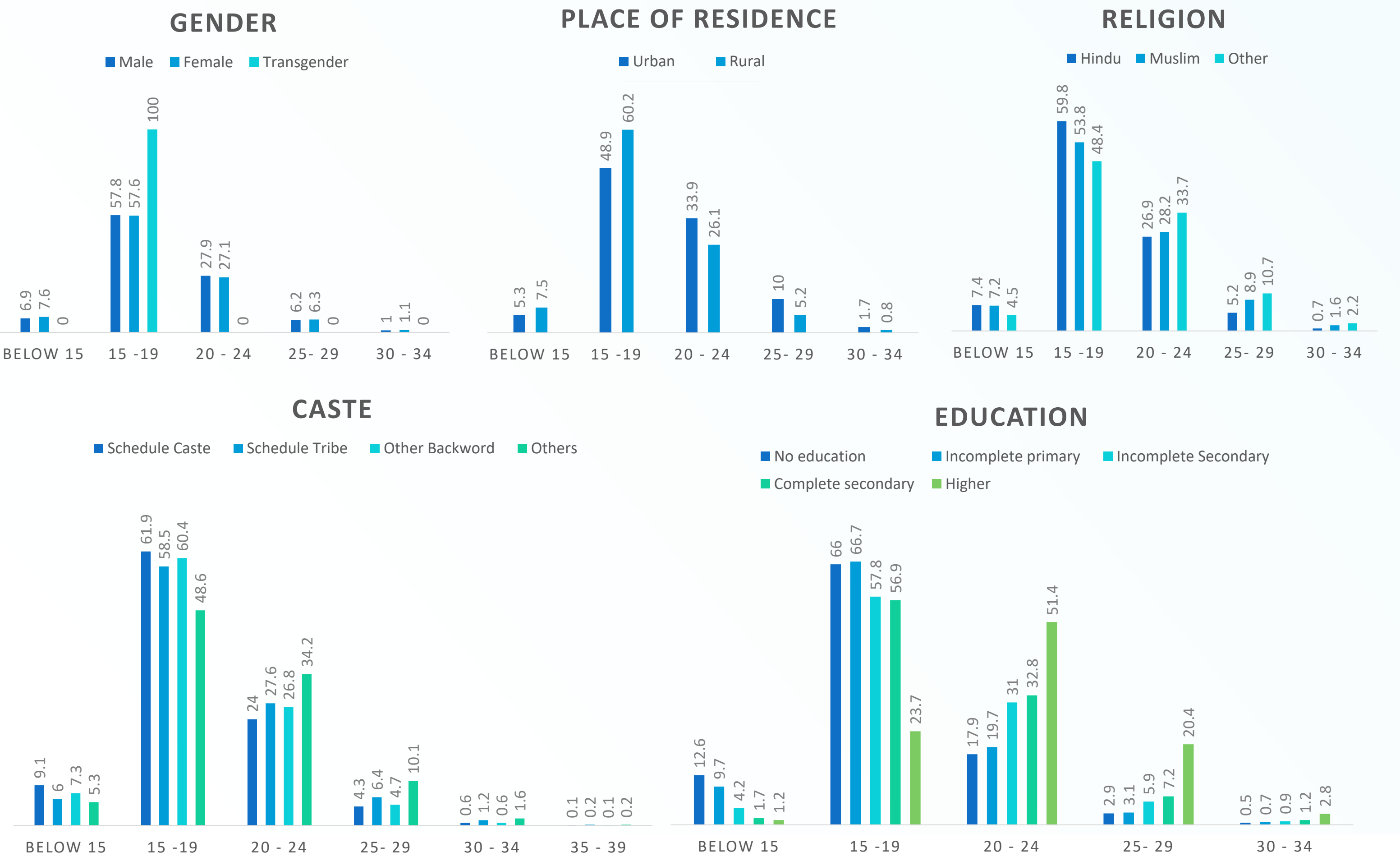
To work with vulnerable populations in ensuring good health and well-being as the last mile by addressing every single social determinant.

Introduction

- In the NFHS data, a remarkable 82.9% are males. The remaining 16.1% are females, adding strength and diversity to the NFHS dataset.
- Individual factors: Age, gender, and personality traits influence the timing of an individual's first sexual experience. Males tend to initiate sex earlier, and individuals who are more impulsive or sensation-seeking may engage in sexual behavior at a younger age.
- Social and cultural influences: Peer pressure, media exposure, family attitudes towards sex, religion, education, and socioeconomic status all play a role in determining when individuals first engage in sexual activity.
- Importance of comprehensive sex education: Comprehensive sex education programs should be implemented throughout India, addressing not only the physical aspects of sex but also the emotional and social dimensions. These programs should promote access to contraception and healthcare services.
- Addressing consent, sexual violence, and technology: It is crucial to educate individuals about consent, promote a culture of respect, and provide support for survivors of sexual violence. Responsible use of technology, including dating apps and online platforms, should be emphasized to promote healthy and respectful sexual relationships.

Percentage distribution of the respondents by socio-economic status			
Background characteristics		Percentage	Sample
Age	15 - 20	20.5	148541
	21 - 25	16.7	121041
	26 - 30	16.5	119198
	31 and above	46.3	335335
Gender	Male	83.9	607789
	Female	16.1	116318
	Transgender	0.0	8
Place of residence	Urban	24.8	179535
	Rural	75.2	544580
Religion	Hindu	75.4	546007
	Muslim	12.5	90729
	Others¹	12.1	87379
Caste	Schedule caste	20.3	139957
	Schedule tribe	19.6	135239
	OBC	40.2	276881
	Others²	19.9	137377
Education	No education	23.1	167304
	Incomplete primary	11.7	84983
	Incomplete Secondary	47.7	345159
	Complete secondary	3.4	24853
	Higher	14.1	101816
Occupation	Not working	67.8	73809
	Working	32	34845
	Don't Know	0.1	131
Wealth index	Poorest	20.7	149844
	Poorer	22.1	160340
	Middle	20.9	151505
	Richer	19.3	139607
	Richest	17	122819
Total		100	724115

Respondents’ age of first intercourse by socio-economic status

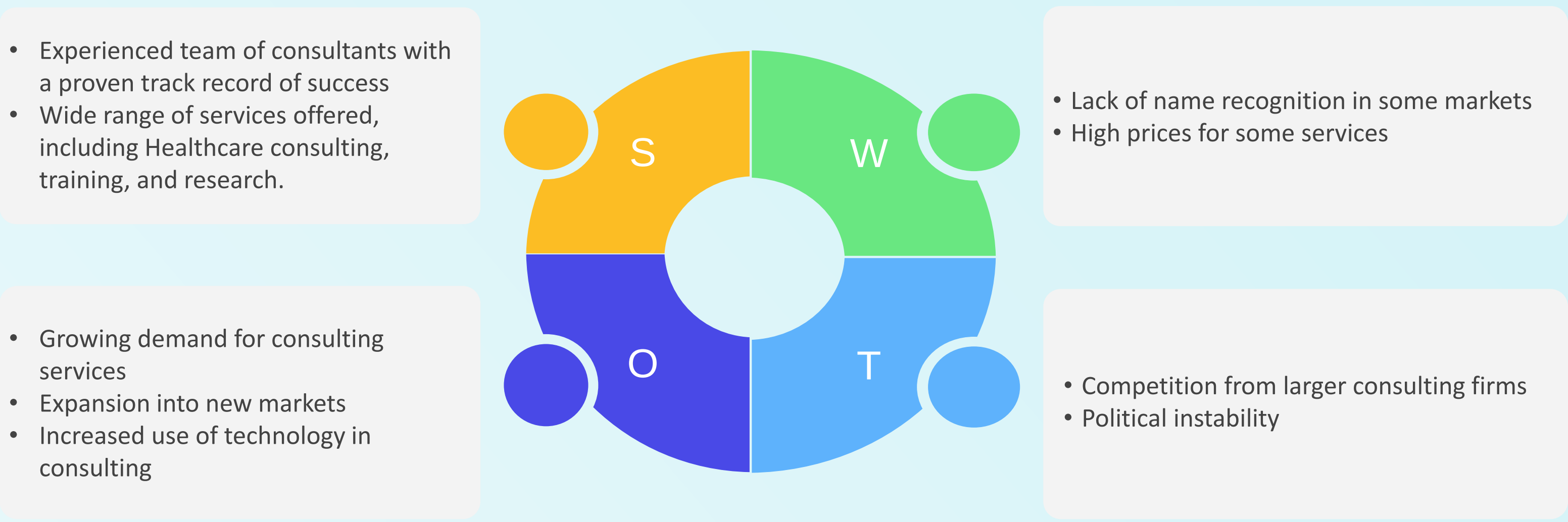


APPROACH

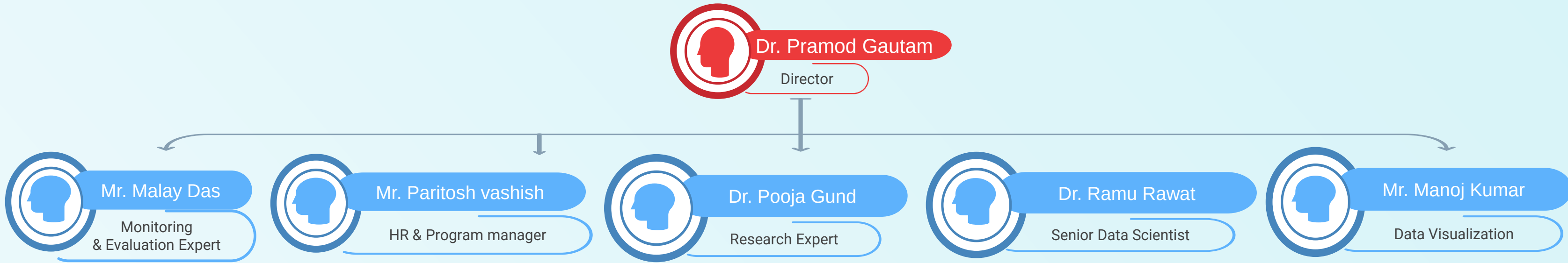
Integrated Solutions for a Sustainable Future.
SCHOOL recognizes that there are different approaches, visions, models, and tools available to achieve sustainable development globally, nationally, and locally. These are in accordance with both, the circumstances and priorities.

- We advocate for integrated solutions to address current challenges through a cross-thematic approach.
- We emphasize a holistic approach for health impact, including education, empowerment, and equality.
- We believe that education, empowerment, and equality are vital for sustainable development and impact on health.

SWOT Analysis



Organization Structure



Challenges

- In the beginning, it gets the problem to understand the new term in understanding the research work but after the briefing that I get used to it.
- Initially, it gets difficult to use the Kobo toolbox but after doing the various task I get used to it
- Challenges came when writing a research paper where various no. of papers must be referred to and many articles has to be ready to take support from various, websites like google scholar, pub med, & many published articles.

Key Learnings

- Proposal Development- Parts, elements, steps, developing a quality proposal, developing a quality proposal, references for proposal.
- Research steps and process, sampling, and its types.
- Identifying research gaps, and opportunities, framing the research question, generating hypotheses, and developing objectives.
- Types of research designs, and biases.
- Data, its types, and data collection methods.
- Use of mapping listing, sketch map, and layout map during data collection.
- Learned to create a survey form on a computer's KoBo toolbox and use the KoBo collector application to collect data through Android.
- Data entry and descriptive analysis in SPSS.
- Dashboarding in Looker Studio.
- Learned to write a review article.

Difference between theoretical and practical exposure

During my time at Basic Paradigm, I learned that theory and practical experience are both important in understanding concepts. Theory helps us understand the reasons behind concepts by drawing on the experiences of others. It provides insights and explanations that give us a broader understanding.

On the other hand, practical experience helps us see how things actually work in real-life situations. By getting hands-on experience and directly encountering situations, we can relate to concepts on a personal level. This personal involvement deepens our understanding and helps us apply what we've learned in a real-world context.

Usefulness of Internship

Working with Basic Paradigm has brought about a profound realization regarding the utmost significance of theoretical exposure and continuous learning. Moreover, this valuable training experience has heightened my awareness of the intricate dynamics that exist within the corporate realm, emphasizing the essentiality of flexibility, meticulous planning, and unwavering consistency as indispensable elements for achieving success.