

# राष्ट्रीय स्वास्थ्य एवं परिवार कल्याण संस्थान National Institute of Health and Family Welfare

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## BRIEF HISTORY, VISION, MISSION

### BRIEF HISTORY

- The NIHFW, an autonomous organization, under the Ministry of Health and Family Welfare, Government of India (NIHFW), was established on 9th March, 1977.
- Acts as an 'apex technical institute' in the country.

### VISION

- NIHFW is to be seen as an Institute of global repute in public health & family welfare management.

### MISSION

- To act as think tank, catalyst & innovator for management of public health and related health & family welfare programmes by pursuing multiple functions of Education & Training, Research & Evaluation, Consultancy & Advisory services as well as provision of specialised services through inter-disciplinary teams.

## THEORETICAL Vs PRACTICAL

### Theoretically:

- Provided the necessary background and conceptual understanding
- Theory in terms of national health programmes, statistics, economics learnt at IIHMR served as an integral component for me.
- Tasked with analyzing and deriving insights from the available data to address specific issues or concerns and give suitable solutions for the same.

### Practically:

- Practical exposure opportunities in the form of field visits, training programs and participation in workshops and conferences.
- Got opportunity to apply theoretical knowledge to real-life scenarios, case studies and enhance my practical skills in areas such as public health management, healthcare quality improvement, reproductive and child health.
- Engaged in interactive sessions, presentations, panel discussions and seminars, which enhanced my practical exposure to emerging trends, best practices, and innovative approaches in the field.

## SWOT ANALYSIS

### Strength

Autonomous , Public Body, Funded by the Central Government, Access to vast public health data, Apex Institute, Widely recognised both in India and abroad

### Weakness

Bureaucratic red tape, Extensive shortage of manpower, Overburdened departments and inadequate infrastructure can restrict the institution's ability to deliver quality services

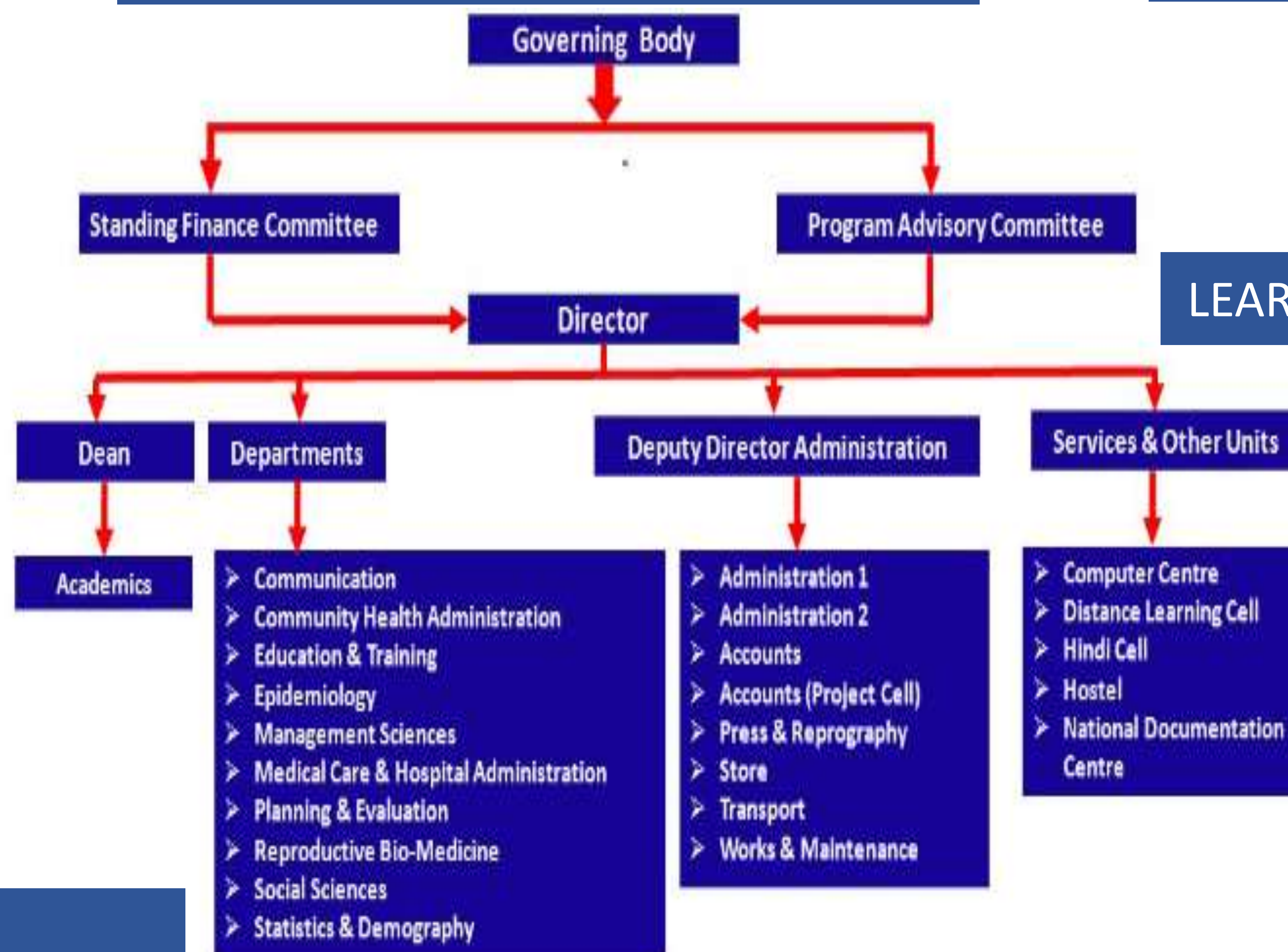
### Opportunities

Effectively tap into the pool of young graduates in public health or health management. Building tie-ups with various universities in India & abroad.

### Threats

Entry of parallel organization within the campus under MoHFW like NHSRC & other public health institutions

## ORGANIZATIONAL FRAMEWORK



## CORE VALUES

- Excellence
- Equity
- Convergence
- Market Orientation
- Sustainability

## LEARNINGS DURING INTERNSHIP

- Along with the academic study, internship opportunity helped me to put the skills and knowledge into practice.
- Liaisoning and networking. Also gave me the opportunity to work with experienced professionals and learn from them.
- Research Experience.
- To enhance soft skills.
- Good exposure of the government sector.

## CHALLENGES FACED DURING INTERNSHIP

- Complex bureaucratic processes, organizational structure, protocols, and decision-making procedures was challenging initially.
- Slow pace of progress

## RECOMMENDATIONS

- Strengthen collaboration with other organisations like NHSRC which can enhance the effectiveness and impact of research, training programs, and policy development.
- Create a platform to foster knowledge sharing & exchange among professionals, researchers, and policymakers in the field.
- They should develop robust monitoring and evaluation frameworks to track the quality of trainings at state , district & peripheral level.

## USEFULNESS OF INTERNSHIP

- Got an opportunity to attend a workshop on "Introducing and Using Systematic Reviews for Evidence - Based Healthcare" by ICMR with NIHFW.
- Comprehensive understanding of the operations and functions of the government sector.
- Interaction and learning from professionals.
- It helped me to develop and enhance various skills relevant to the government sector which may include research, communication and interpersonal skills, project management skills, problem-solving abilities.

## ABOUT PROJECT REPORT

**TITLE:** India's Journey Towards Achieving Reproductive and Child Health Related SDGs

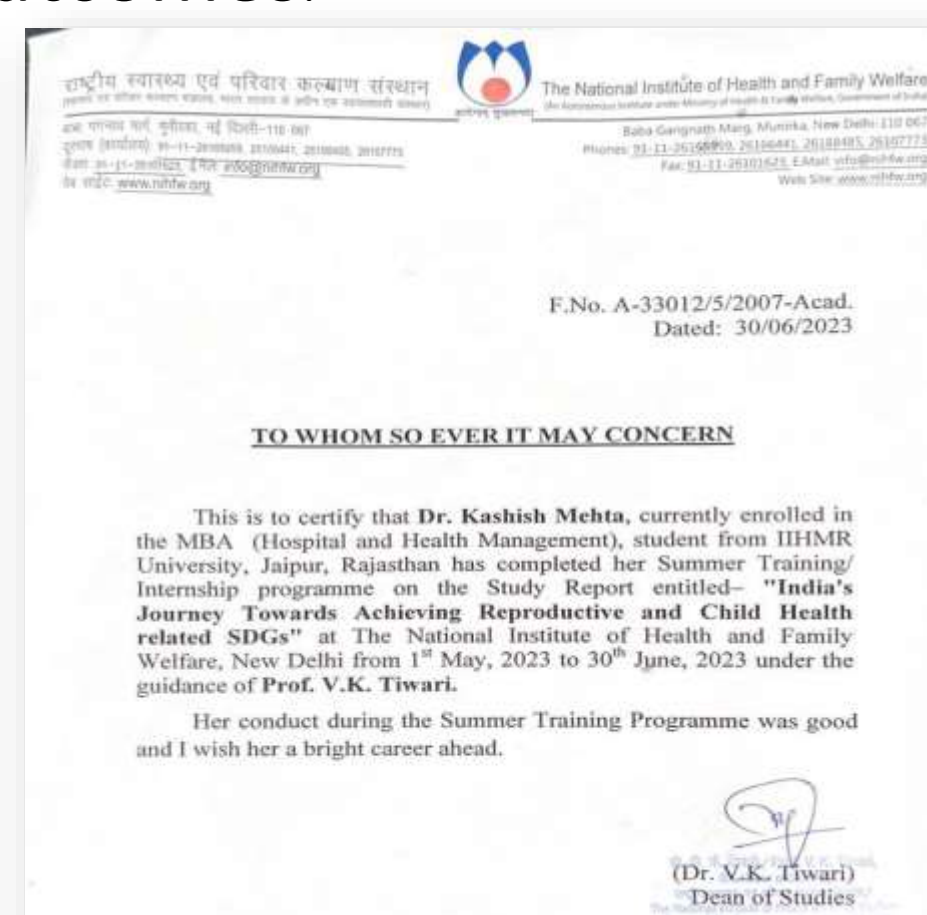
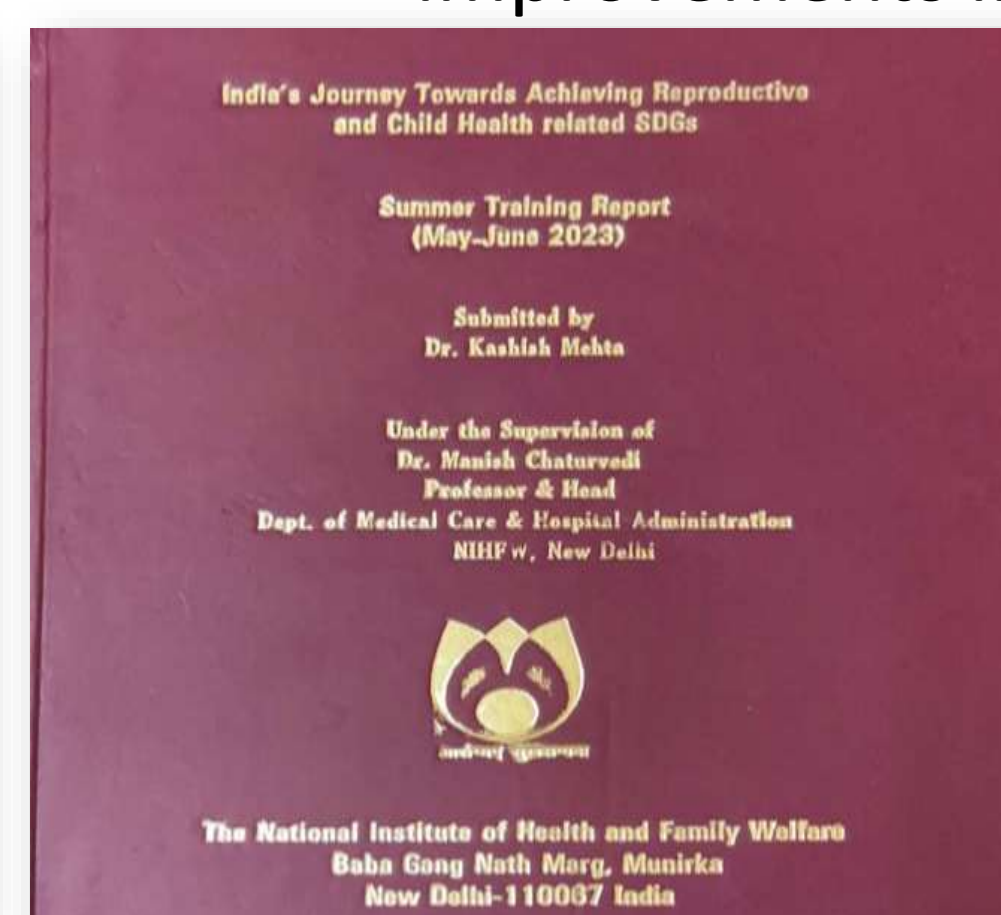
### OBJECTIVES:

- To review the progress made by India towards achieving specific health-related Sustainable Development Goals.
- To study about the strategies taken towards improving Maternal and Child health in India.
- To do the analysis of interventions taken in Reproductive health in India towards the attaining SDG.

### METHODOLOGY:

- STUDY DESIGN:** This is a descriptive form of desk review of the literature on many research articles from different authentic sources. It's non-interventional and review study in nature.
- DATA SOURCES:** Secondary Data was obtained from published government reports, annual reports of the MoHFW, health-related surveys, and research studies with authentic data.
- STUDY VARIABLES CONSIDERED:** Maternal health, Child health, Sexual and Reproductive health

**RECOMMENDATIONS:** More focus on quality services, accountability framework, strengthening inter-linkages, holistic & integrated approach can be adopted in the planning, implementation, and evaluation of RMNCHA+N programs, leading to more comprehensive and sustainable improvements in reproductive and child health outcomes.



## REFERENCES

<http://www.nihfw.org/>