

# **INTERNSHIP REPORT**

**Submitted to**



The IIHMR University, Jaipur  
for the partial fulfillment for the award of the degree of  
Master of Business Administration (MBA)  
in  
Development Management  
by  
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Under the Supervision and Guidance of

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2024

## **Introduction**

I had the privilege of completing my internship at MAMTA Health Institute of Mother and Child, a premier organization dedicated to improving health outcomes for mothers and children in India. This opportunity allowed me to immerse myself in the organization's efforts to address pressing public health challenges, particularly through their Nand Ghar Vedanta project.

The Nand Ghar Vedanta project is an innovative initiative aimed at transforming traditional Anganwadi centers into state-of-the-art Nand Ghars. These centers serve as hubs for early childhood education, nutrition, healthcare, and women's empowerment. The project is a collaboration between MAMTA and Vedanta Resources, and it aims to enhance the quality of life for marginalized communities by providing essential services and fostering sustainable development.

My internship focused on various aspects of the Nand Ghar project. Through this experience, I was able to contribute to meaningful work that aligns with my academic interests and professional aspirations in public health and social development.

## **Objectives of Internship**

The primary objectives of my internship were:

1. To gain practical experience in the field of public health and child development.
2. To contribute to the Nand Ghar Vedanta project by assisting in its various activities and initiatives.
3. To understand the operational dynamics of a non-governmental organization (NGO) working at the grassroots level.
4. To develop skills in project management, community engagement, and data analysis.

## Organizational Profile

MAMTA Health Institute for Mother and Child (MAMTA-HIMC) was founded in 1990 and is led by Executive Director Dr. Sunil Mehra. The organization is grounded in core principles such as community empowerment, forging partnerships and alliances, building evidence through implementation science, capacity building, and policy-level initiatives. MAMTA-HIMC focuses on several key areas including Reproductive, Maternal, Newborn, Child, Adolescent Health Plus Nutrition (RMNCHA+N), young people's Reproductive Sexual Health and Rights (YRSHR), communicable diseases (HIV/AIDS, Hepatitis B & C, and TB), non-communicable diseases, and integrates gender, rights, and poverty as cross-cutting thematic interventions.

## Services Provided by Organization

1. **Maternal, Newborn, and Child Health and Nutrition:** Family planning, malnutrition prevention, and health system strengthening.
2. **Young People's SRHR:** Addressing sexual and reproductive health, school-based interventions, and adolescent health support.
3. **Chronic Diseases:** HIV/AIDS support, TB elimination, and prevention of parent-to-child HIV transmission.
4. **Community Engagement:** Involving communities in health projects and enhancing male involvement in maternal health.
5. **Training and Capacity Building:** Training health workers and providing technical support to government officials.
6. **Public Health Services:** Strengthening public health operations and conducting health camps.
7. **Nand Ghar Project:** Supporting rural health, nutrition, and education.
8. **Non-Communicable Diseases:** Implementing interventions to reduce NCDs in collaboration with government initiatives.

## **Key Activities/ Projects Undertaken Other than Dissertation**

1. Administrative Support.
2. Assisted in organizing and conducting workshops : I was responsible for registering attendees at the camp organized by MAMTA. My tasks included setting up the registration desk, collecting and verifying their information, maintaining accurate records both in hardcopy and softcopy, ensuring a smooth registration process.

## **Key Learnings from Internship**

My internship at MAMTA Health Institute of Mother and Child was an enriching experience, and I gained several key insights:

1. **Understanding Community Needs:** Gained a deeper understanding of the health challenges faced by rural communities.
2. **Stakeholder Engagement:** Learned the importance of engaging with various stakeholders, including community members and healthcare providers.
3. **Practical Application of Knowledge:** Applied theoretical knowledge in real-world settings, enhancing my understanding of public health principles.
4. Learned to work as a team.
5. This internship introduces me to real-life work problems and hence develops my problem-solving skills.
6. Communicating well is a gem of a skill which I have learn during internship experience.
7. Time Management
8. Data Management and Analysis