

SUMMER INTERNSHIP PROGRAM

at

SIHFW JAIPUR, RAJASTHAN

From 06/05/2024 to 28/06/2024

A REPORT BY

NIDHI SHARMA

Master of Business Administration

(HOSPITAL AND HEALTH MANAGEMENT)

2023-25

under the Mentorship of

MR.ASHISH BANDHU, ASSISTANT PROFESSOR





ISO 9001:2015 Certified Institution

State Institute of Health & Family Welfare
Jhalana Institutional Area, Near Doordarshan Kendra, Jaipur-302004

Annexure A

F-76(1)/SIHFW/Internship/2011-12/ 5059

Date: 28/6/2024

Completion Certificate from the Organization
Certificate

This is to certify that Dr. Nidhi Sharma of MBA-HHM (2023-25) of IIHMR has worked with our organization for her summer internship from 06-05-2024 to 28-06-2024. The overall performance shown by her during the period was good.

Date: 28-06-24

(Signature of organization Mentor)

Name Dr Sunita Thakur

Designation Faculty (gynec) -
SIHFW Jaipur (Raj.)

Seal/Stamp of the Organization

STATE INSTITUTE OF HEALTH & FAMILY WELFARE

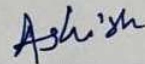
Jhalana Institutional Area
South of Doordarshan Kendra,
JAIPUR-04 (Raj.)

IIHMR University Faculty Mentor Approval

This is to certify that Dr. Nidhi Sharma of the academic year 2023-25 of Institute of Health Management Research has prepared a poster concerning her summer internship held from 6th May – 28th June 2024.

She has carried out work as per the guidelines. Her poster is approved for presentation.

Date: 19/07/2024

A handwritten signature in blue ink, appearing to read 'Ashish'.

(Signature of Faculty Mentor)

Ashish Bandhu
Assistant Professor



STATE INSTITUTE OF
HEALTH & FAMILY WELFARE

Analyzing Immunization Training for Medical Officers in Rajasthan & IEC Material Developed

LIHMR UNIVERSITY

NAME : DR. NIDHI SHARMA
Roll No. : 1765 (MBA-HM 28)

SIP ORGANISATION: STATE INSTITUTE OF HEALTH & FAMILY WELFARE, JAIPUR
FACULTY MENTOR: MR. ASHISH BANDHU
ORG. MENTOR : DR. SUNITA THAKAN(FACULTY GYNAECOLOGY)

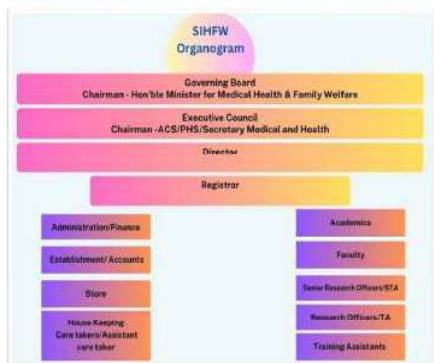
ABOUT THE ORGANISATION

State Institute of Health & Family Welfare (SIHFW) Rajasthan, is an apex level autonomous training and research organization. The institute was established on April 19, 1995.

MISSION

The mission of the Institute is committed to improvement in health care through Health Research, Consultancy, and networking aiming at enhancement in the quality of life.

SIHFW ORGANOGRAM



LEARNING DURING INTERNSHIP

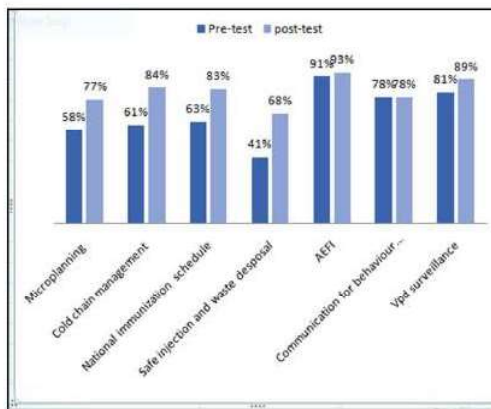
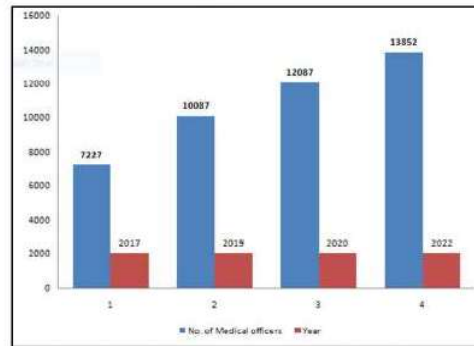
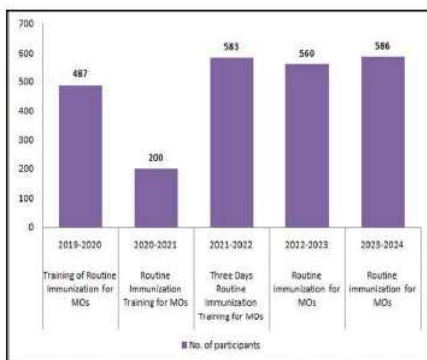
Objective

To Analyse Gap Between the Trained and untrained Medical Officers of immunization training in Rajasthan, during the 2019-2023 period.

- To Assess Effectiveness of the Training provided to the medical officers in gaining knowledge About each topics.

METHODOLOGY

- Study Design: Cross-Sectional study
- Quantitative Analysis done.



- IEC Materials Developed to Train Paramedical staff about Various Programs and Services.
- To Train Paramedical Staff about Anemia, inform about the services provided at Ayushman Arogya Mandir, Planning Of Pregnancy and Care during Pregnancy.



SWOT ANALYSIS

STRENGTHS

- Well-Established Infrastructure
- SIHFW have Expertise in his work profile.

WEAKNESS

- SIHFW don't have adequate manpower.
- SIHFW work profile is limited / monotonous.

Swot

OPPORTUNITIES

- Well established position at national & state levels.
- Collaborating with private sector organization.

THREATS

- Dependency on state yearly PIPs for funds and activities.
- Other private training institute.

THEORETICAL UNDERSTANDING V/S PRACTICAL EXPOSURE

- THEORITICAL CONCEPT
- Communication planning and management subject we were taught how to create IEC material.
- PRACTICAL CONCEPT
- Practical learning opportunities through training programs
- Assessment and participation in training programs.
- Work on IEC Materials.

CHALLENGES FACED

- Introduced to a completely unfamiliar subject.
- Limited exposure

USEFULNESS OF INTERNSHIP

- Enhancement of skills
- Engaging in networking with experienced individuals within the public health Sector.

SUGGESTIONS

- Enhancing partnerships with other organizations to optimize the effectiveness and impact of training.
- One more training institute should be established so that the load can be reduced and more trainings can be done.

Name of the Organisation : SIHFW (RAJASTHAN)

Area/ Department/ Project of Summer Internship: National Mental Health Programme

Name of the Student: Dr. Nidhi Sharma

Roll no: 1765

Stream: MBA HM 28

Week no: 1

From: 06-05-2024 to 09-05-2024

Activity Done	• Briefing and introduction by Dr. Sunita Thakan (Senior Faculty) • Nishanka Chauhan, our mentor, gives her introduction. • Our mentor assigned us to create a PowerPoint on the subject of NHMP guidelines (DMHP) and central guidelines on the day. • The prior task was resumed on the second day. Along with the mess committee, we went to the mess. • She requested that we create a document discussing biomedical waste. Along with the hostel committee, we went to the 108 ambulance office and the hostel itself. • She instructed us to create a review Article with the theme being NHMP. We also visited with the cleaning and infection control committee. We received instruction on how to compose Review articles.
Linking theory (Classroom learning) with practice at your Organisation	In our Research methods module, we were taught about the literature review, we did some literature Review. We were taught about various national health programs in the classroom.

Gaps identified on the working area.	Many times, mental health therapies are difficult for everyone to get, particularly in rural areas. Insufficient public knowledge, Lack of qualified mental health specialists.
Suggestions for improvement	➤ Training programmes should be conducted in rural areas. Community -based initiatives that help and educate people.
Plan for the next week.	Assigned to a New Mentor and worked on a new topic.

Signature of the Student

Nidhi Sharma

Approved by the IIHMR University's Mentor

Name of the Organisation : SIHFW (RAJASTHAN)

Area/ Department/ Project of Summer Internship Program : AYUSHMAN
BHARAT HEALTHAND WELLNESS CENTER.

Name of the Student : Dr. Nidhi Sharma

Roll no. : 1765

Stream : MBA HM 28

Week no: 2

From : 13-05-2024 to 17-05-2024

Activity Done	1. Introduction by our mentor Ajapa bharadwaj. 2. got to know about RTI and Made a document on the same. I was told about RTI by registrar madam. 3. I made poster on the topic AYUSHMAN AROGYAMANDIR. And madam told me about RTI cases. 4 .I made ppt on the topic AYUSHMAN BHARAT HEALTH AND WELLNESS CENTER. And mam showed me the answer to RTI. 5. Fourth day made a review article on the topic AYUSHMAN BHARAT HEALTH AND WELLNESS CENTER .we attended a training on health and wellness. 6. I made corrections in the ppt which madam told me. We were taught how to write a RTI answer online and offline RTI complaint.
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Linking theory (Classroom learning) with practice at your Organisation	We were taught about the national health programs and Health care delivery subject in class room, AYUSHMAN BHARAT HEALTH AND WELLNESS CENTER. Helped in understanding the program.
Gaps Identified on the working area.	➤ Programs for healthcare workers' training are frequently deficient. ➤ Inadequate structures, and basic supplies comprise HWCs' infrastructure.
Suggestions for improvement	➤ Improvements to the Services. ➤ Provide continuous training for healthcare workers. Focus on skill development of community health workers (ASHA, ANMs) .
Plan for the next week.	Assigned to a New Mentor and worked on a new topic.

Signature of the Student

Nidhi Sharma

Approved by the IIHMR University's Mentor

Name of the Organisation : SIHFW (RAJASTHAN)

Area/ Department/ Project of Summer Internship Program: Palliative Care

Name of the Student: Dr. Nidhi Sharma

Roll no: 1765

Stream: MBA HM 28

Week no: 3

From: 20-05-2024 to 24-05-2024

Activity Done	• Neha Awasthi, our mentor, gave us an Introduction. • On the following day, the topic I was given to write on was the special new born care unit's quality from the Ministry Of Health & Family Welfare website. • On the next day, I created a poster discussing anemia, along with preventative and therapeutic strategies. A ppt on palliative care was created on the following day. • On the next day, we composed a review piece regarding palliative care and went to the urban PHC (Pratap Nagar sec-11). National Quality Assurance Scheme was shown to us.
Linking theory (Classroom learning) with practice at your organisation	We were taught this in the National Health Program subject, we had the opportunity to work on palliative care, Anemia mukat bharat also.

Gaps identified on the working area.	➤ Palliative care services are frequently focused in cities, underserving those who live in rural and remote areas. Palliative care is generally not well known to the general public in rural, places. ➤ Lack of trainings of healthcare workers.
Suggestions for improvement	➤ Education for Healthcare Providers. ➤ Campaign for Public Education.
Plan for the next week.	Assigned to a New Mentor and worked on a new topic.

Signature of the Student

Nidhi Sharma

Approved by the IIHMR University's Mentor

Name of the Organisation : SIHFW (RAJASTHAN)

Area/ Department/ Project of Summer Internship Program: MNDY

(Mukhyamantri Nishulk Dava Yojna) & MNJY (Mukhyamantri Nishulk Janch Yojana)

Name of the Student: Dr. Nidhi Sharma

Roll no: 1765

Stream: MBA HM 28

Week no: 4

From: 27-05-2024 to 31-05-2024

Activity Done	1. Introduction by our mentor Mr.Ejaz Khan. 2 I got the topic for making document on medical termination act 1971 and amedndment. Data taken from Government Amednments reports and websites. 3. I made poster on the topic dental care and generalhealth. 4. I made ppt on the topic MNDY (Mukhyamantri Nishulk Dava Yojna) and MNJY (Mukhyamantri Nishulk Janch Yojana). 5 Went to National Health Mission Jaipur, got information about MNDY AND MNJY, Immunization and cold chain managements and also got to know about number of cold chain points there. 6. I worked on review article, the topic was UNIVERSAL IMMUNIZATION PROGRAMME. We were taught about Monthly appraisal and HR madam workprocess.
Linking theory (Classroomlearning) with practice at your organisation	Demography subject we were taught about immunization schedule and we work on it.

Gaps identified on the working area.	➤ It is frequently difficult to provide healthcare to everyone in remote and rural locations due to a lack of infrastructure. There may be cultural or religious barriers to immunization in some areas.
Suggestions for improvement	➤ More vaccination administration and handling training may be required for healthcare personnel. ➤ Regularly train healthcare staff on cold chain management, patient communication, and vaccine administration.
Plan for the next week.	Assigned to a New Mentor and worked on a new topic.

Signature of the Student

Nidhi Sharma

Approved by the IIHMR University's Mentor

Name of the Organisation: SIHFW JAIPUR. (RAJASTHAN)

Area/ Department/ Project of Summer Internship Program: Basic Emergency Obstetric Care

Name of the Student: Dr. Nidhi Sharma

Roll no: 1765

Stream: MBA HM 28

Week no: 5

From: 03-06-2024 to 07-06-2024

Activity Done	• Introduction by Dr. Rajni Singh, our mentor. • I received the Basic Emergency Obstetric Care topic for my document. I used the changes found on the MOHFW website. • Some modules that Ma'am had contributed were upgraded as well. • I created a poster discussing how to plan for and care for a pregnancy. • PowerPoint was created on the subject of Basic Emergency Obstetric Care. I used the changes found on the MOHFW website. The previous task was completed on day • We were also instructed on how to prepare and obtain the training budget. We received instruction on responding to RTI inquiries.
Linking theory (Classroom learning) with practice at your organisation	In our Healthcare Delivery system subject, we were taught about the Basic Emergency Obstetric Care.

Gaps identified on the working area.	➤ The inability to get to medical facilities on time can cause delays in receiving emergency care. Healthcare facilities are sometimes lacking in rural and distant places.
Suggestions for improvement	➤ Ascertain the availability of necessary supplies, drugs, and equipment at healthcare facilities offering BEemOC. Upgrades to the operating theater, postnatal care facilities, and delivery rooms should be funded in order to support obstetric care.
Plan for the next week.	Assigned to a New Mentor and worked on a new topic

Signature of the Student

Nidhi Sharma

Approved by the IIHMR University's Mentor

Name of the Organisation: SIHFW JAIPUR. (RAJASTHAN)

Area/ Department/ Project of Summer Internship Program: ASHA WORKER

Name of the Student: Dr. Nidhi Sharma

Roll no: 1765

Stream: MBA HM 28

Week no: 6

From: 10-06-2024 to 14-06-2024

Activity Done	1. Introduction by our mentor Dr. Archana Sexcena. 2 I got the topic for making document on ASHA WORKER.(guidelines update) information taken from NHM Government.in . 3. I made poster on the topic ORGAN DONATION OR TRANSPLANT. Data taken from “State Organ and Tissue Transplant Organisation (SOTTO)”. 4. I made ppt on the topic ROLE OF MEDICAL OFFICERS. Update taken from SIHFW modules. 5 fourth day did the old work. 6. I worked on review article, NON COMMUNICABLE DISEASES. Research Articles from different authentic sources. We were Attend BCG training and ICDS workshop.
Linking theory (Classroom learning) with practice at you organisation	I studied the subject of epidemiology helped in understanding the programmes.
Gaps identified on the working area.	➤ The risk factors and symptoms of diseases that are not communicable That are not well known. The population's limited comprehension of the significance of leading a healthy lifestyle and getting regular checkups. Insufficient trainings.

Suggestions for improvement	➤ Encourage healthy behaviors in children from an early age by incorporating health education into school curriculum. ➤ Provide trainings For health care workers.
Plan for the next week.	Assigned to a New Mentor and worked on a new topic.

Signature of the Student

Nidhi Sharma

Approved by the IIHMR University's Mentor

Name of the Organisation: SIHFW JAIPUR. (RAJASTHAN)

Area/ Department/ Project of Summer Internship Program: FSSAI (Food Safety and Standards Authority of India)

Name of the Student: Dr. Nidhi Sharma

Roll no: 1765

Stream: MBA HM 28

Week no: 7

From: 17-06-2024 to 21-06-2024

Activity Done	1. Introduction by our mentor Mr. Hemant Kumar Yadav. 2 I got the topic for making document on FIRE SAFETY NORMS. 3. I made poster on the topic HEALTH RISK FROM SMOKING. 4. I made PPT on the topic FSSAI 5 .Fourth day did the old work. 6. I worked on review article, NATIONAL PROGRAMS FOR THE CONTROL OF BLINDNESS. Data was obtained from published government reports, research articles from different authentic sources. Its Non International. How training is conducted, how budget is allotted, this was taught.
Linking theory (Classroom learning) with practice at your organisation	NIL
Gaps identified on the working area.	➤ Poor understanding of common vision problems in rural areas, and how to prevent them. ➤ Cost of transportation to eye care facilities and treatment expenses can be prohibitive for low-income individuals.
Suggestions for	➤ Expand training opportunities For Eye care specialist.

Improvement	
Plan for the next week.	Assigned to a New Mentor and worked on a new topic.

Signature of the Student

Nidhi Sharma

Approved by the IIHMR University's Mentor

Name of the Organisation: SIHFW JAIPUR. (RAJASTHAN)

Area/ Department/ Project of Summer Internship Program: Climate Change Impact.

Name of the Student: Dr. Nidhi Sharma

Roll no: 1765

Stream: MBA HM 28

Week no: 8

From: 24-06-2024 to 28-06-2024

Activity Done	1. Introduction by our mentor Mr. Vikas Bharadwaj. 2 I made poster on the topic Preventive Measure to Heat Stress. 3. I attend a training on one day training National Rabies Control Programme. 4. I made Ppt on the topic Climate Change Impact. 5. Report Prepared on Rabies Training Program. Whatever was taught in pre and post lunch sessions, was include in this. 6. Last days work Learned how questionnaire is assessed.
Linking theory (Classroom learning) with practice at your organisation	We were taught in national health programme subject helped in understanding the program climate change.
Gaps identified on the working area.	NIL
Suggestions for improvement	NIL
Plan for the next week.	NIL

Signature of the Student

Nidhi Sharma

Approved by the IIHMR University's Mentor

Compiled Reporting Format

Name of the Organisation: SIHFW,JAIPUR (RAJASTHAN)

Area/ Department/ Project of Summer Internship Program: Ayushman Bharat Health and Wellness Center, Palliative Care, MNDY (Mukhyamantri Nishulk Dava Yojna) & MNJY (Mukhyamantri Nishulk Janch Yojana), National Mental Health Programme, Climate Change Impact

Name of the Student: Dr. Nidhi Sharma

Roll no: 1765

Stream: MBA HM 28

Activity Done	➤ Weekly we got different mentors. ➤ we had a Power point presentations prepared on a National Programs. ➤ we also prepared documents. ➤ we prepared such IEC material every week on many topics. ➤ We did training assessment. how is the training conducted I learned this. I learned how appraisal is done. <u>This is the PPT we have made:-</u> ➤ NHMP Guidelines (DMHP) ➤ Central Guidelines ➤ Aayushman Bharat Health and Wellness Center ➤ Palliative Care ➤ MNDY and MNJY ➤ Basic Emergency Obstetric Care ➤ Role of Medical Officers ➤ FSSAI
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- Climate Change Impact

This is the Documents we have Made:-

- Right to Information (RTI)
- Quality of Special New born Care Unit
- Medical Termination Act 1971 and Amendments
- Basic Emergency Obstetric Care
- ASHA Worker Guidelines Update
- Fire Safety Norms
- Report on Rabies Training Programme

This is the IEC Materials we have made:-

- Ayushman Arogya Mandir
- Anemia
- Dental Care and General Health
- Planning Pregnancy and Pregnancy Care
- Organ Donation or Transplant
- Health Risk from Smoking
- Preventive Measure to Heat Stress

This is Literature Review we have Made:-

- NHMP(National health mental program)
- Ayushman Bharat Health and Wellness Center
- Palliative Care
- Universal Immunization Programme

Linking theory (Classroom learning) with practice at your organisation	➤ Principal of Management subject we were taught how to create documents here we should make documents. ➤ In our Research methods module ,we were taught about the literature review, we did some literature Review. ➤ We were taught about various national health programs in the classroom. Communication planning and management subject we were taught how to create IEC material here we should make.
Gaps identified on the working area.	➤ Many times, mental health therapies are difficult for everyone to get, particularly in rural areas. ➤ Insufficient public knowledge, Lack of qualified mental health specialists Programs for healthcare workers' training are frequently deficient. ➤ Inadequate structures, and basic supplies comprise HWCs' infrastructure. ➤ Palliative care services are frequently focused in cities, underserving those who live in rural and remote areas. Palliative care is generally not well known to the general public in rural, places.

	➤ Lack of trainings of healthcare workers. ➤ It is frequently difficult to provide healthcare to everyone in remote and rural locations due to a lack of infrastructure. There may be cultural or religious barriers to immunization in some areas. The inability to get to medical facilities on time can cause delays in receiving emergency care. Healthcare facilities are sometimes lacking in rural and distant places.
Suggestions for improvement	➤ Communication skills should be improved ➤ Training programmes should be conducted in rural areas. Community -based initiatives that help and educate people. ➤ Improvements to the Services. ➤ Provide continuous training for healthcare workers. Focus on skill development of community health workers (ASHA, ANMs) ➤ Education for Healthcare Providers. ➤ Campaign for Public Education. ➤ More vaccination administration and handling training may be required for healthcare personnel. ➤ Regularly train healthcare staff on cold chain management, patient

	communication, and vaccine administration. Ascertain the availability of necessary supplies, drugs, and equipment at healthcare facilities offering BEemOC. Upgrades to the operating theater, postnatal care facilities, and delivery rooms should be funded in order to support obstetric care. ➤ Encourage healthy behaviours in children from an early age by incorporating health education into school curriculum. ➤ Provide trainings For health care workers.
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Signature of the Student

Nidhi Sharma

Approved by the IIHMR University's Mentor