



1. BRIEF HISTORY

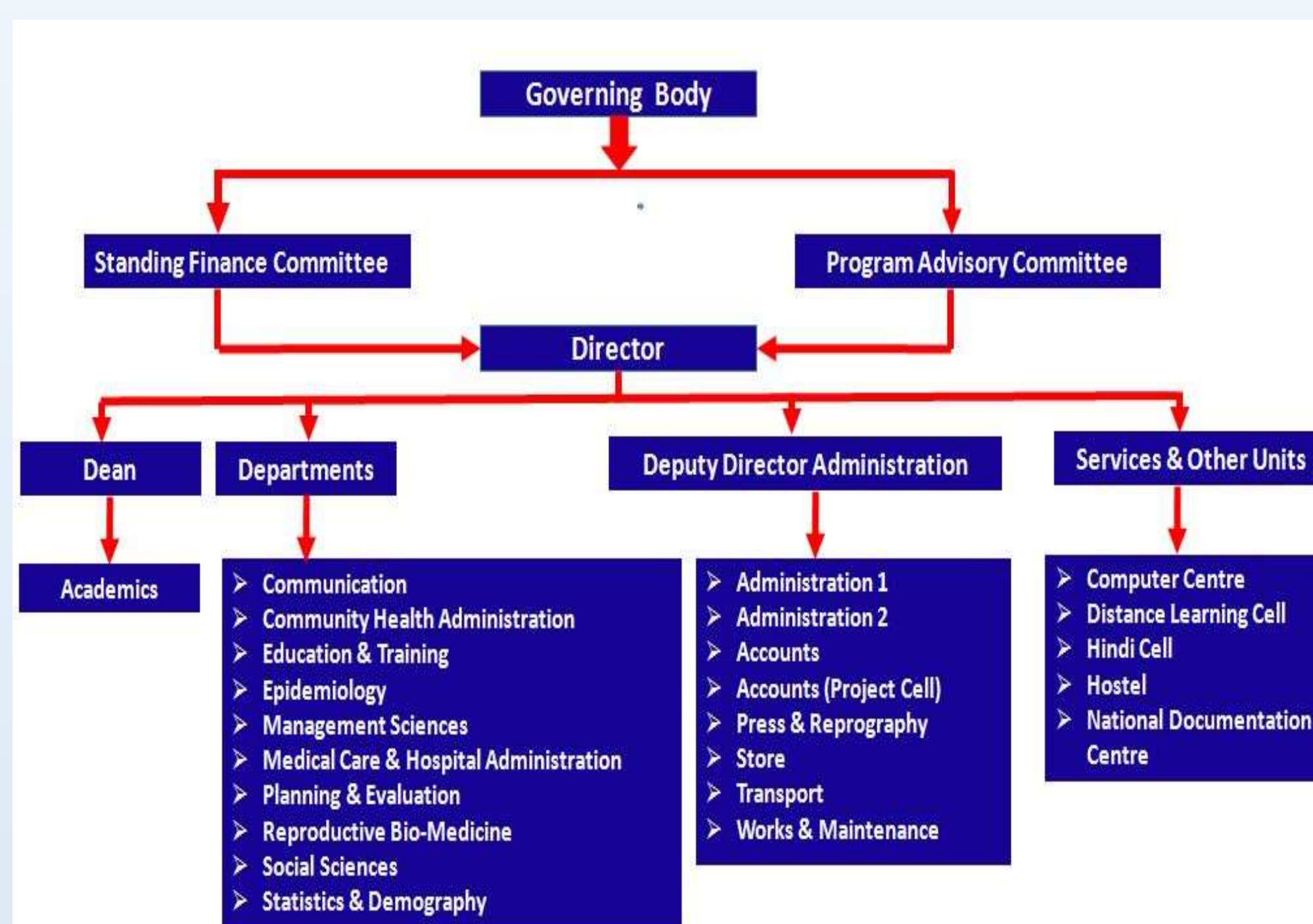
The National Institute of Health and Family Welfare (NIHFW), was established on 9th March 1977 by the merger of two national-level institutions, viz. the National Institute of Health Administration and Education (NIHAE) and the National Institute of Family Planning (NIFP). The NIHFW, an autonomous organization, under the Ministry of Health and Family Welfare, Government of India, acts as an ‘apex technical institute’ as well as a ‘think tank’ for the promotion of health and family welfare programs in the country.

2. VISION AND MISSION

VISION: NIHFW is to be seen as an Institute of global repute in public health & family welfare management.

MISSION: To act as a think tank, catalyst & innovator for the management of public health and related health & family welfare programmes by pursuing multiple functions of Education & Training, Research & Evaluation, Consultancy & Advisory services as well as provision of specialized services through interdisciplinary teams.

3. ORGANISATION STRUCTURE



4. DIFFERENCE BETWEEN THEORETICAL UNDERSTANDING AND PRACTICAL EXPOSURE

Theoretical knowledge gained in classrooms provides the foundation for understanding concepts, theories, and policies. However, practical knowledge acquired through hands-on experience is where theory truly comes to life. It's in the real-world application that we learn to adapt, problem-solve. In the classroom, I learned about the Ayushman Bharat and it's two components. However, while writing a review paper on Ayushman Bharat's role in Indian healthcare, I had the opportunity to go beyond textbooks. I thoroughly assess policy, and consolidate findings. In addition, participating in orientations for several centers and projects, such as the Mother-Child Tracking System, CHI, LMIS-Saksham, National Skills Lab, and NCCVMRC, offered valuable insights into the operations and functioning of these establishments and understand their practical applications.

5. SWOT ANALYSIS



6. CHALLENGES FACED DURING INTERNSHIP

- Adapting to the new environment and meeting the high expectations of the mentors for review writing
- difficulties related to understanding and writing review literature
- Limited supervision and the lack of a structured mentorship program during the internship
- The institute's lack of involvement with interns in activities and projects
- Challenges in communicating with other departments within the organization
- Delayed Orientation Program, the orientation program, which ideally should have occurred in the first week, was delayed until the fourth week
- Lack of Work, Feeling underutilized or bored
- The challenge of being unable to visit the NHSRC, which limited our exposure to its operations and resources.

7. LEARNINGS DURING INTERNSHIP

- In addition to my academic studies, the internship opportunity allowed me to put into practice and utilize the skills and knowledge I had acquired.
- Liaisoning and networking. Additionally, it allowed me to work alongside with experienced professionals and acquire knowledge from their expertise.
- Engaging in a literature review process.
- To improve and develop interpersonal and communication abilities.
- Broad exposure to the government sector.
- and substantial personal growth
- Gained comprehensive insights into Ayushman Bharat's significance within India's healthcare system. Explored its components, including Pradhan Mantri Jan Arogya Yojana (PMJAY) and Health and Wellness Centers (HWCs). Analyzed challenges encountered during the scheme's implementation.

8. USEFULNESS OF INTERNSHIP

- I got an opportunity to take part in a crucial stakeholder meeting at the NIHFW. The conference centered around the revision of course modules for distance-learning courses which was held after 20 years.
- Gaining comprehensive knowledge about the diverse facets of the organization and the various projects undertaken by the institute such as , such as the Mother-Child Tracking System, CHI, LMIS-Saksham, National Skills Lab, and NCCVMRC
- Engaging with experts and acquiring knowledge.
- It helped in developing and improving a range of skills relevant to the government sector, such as conducting literature review, communication, interpersonal, and problem-solving abilities.
- clarification of interests regarding Career

9. SUGGESTIONS

- The internship program should be limited to specific months (e.g., two months per year) rather than running throughout the year. As it will Improve communication among interns, increase learning opportunities, and better distribution of work among them.
- Orientation should be conducted during the first week of the internship Including department-specific orientations to familiarize interns with all the ten departments at NIHFW, rather than accommodating repeated requests from interns. The organization should proactively schedule it at the outset.
- Mentors should actively engage with students. Regularly check if students have received orientation. Arrange orientation sessions if the interns have missed any.
- Mentors at the organization should involve students in ongoing activities to provide practical exposure. This approach ensures practical knowledge for students without making them feel that their time is being wasted, allowing them to learn effectively
- The internship at NIHFW should also feel like proper classes, allowing mentors to assess how much students have learned
- The organization should increase staffing levels to reduce the burden on departments and improve infrastructure, including creating dedicated spaces for interns to work.
- To strengthen Ayushman Bharat, focus on enhancing Health and Wellness Centers (HWCs) by allocating funds, developing human resources, and upgrading infrastructure. Simultaneously, increase awareness about Pradhan Mantri Jan Arogya Yojana (PMJAY) through media campaigns, validate the BIS database, and implement equitable reimbursement systems. Engage clinicians in claims evaluation and prioritize financial oversight. Additionally, consider including India's ‘missing middle’ population in healthcare initiatives. These combined efforts will propel Ayushman Bharat toward its goal of providing health for all.

