

Comprehensive Maternal Health Assessment: Delivery Status, Trends in Deliveries & Anemia Screening in Uttarakhand

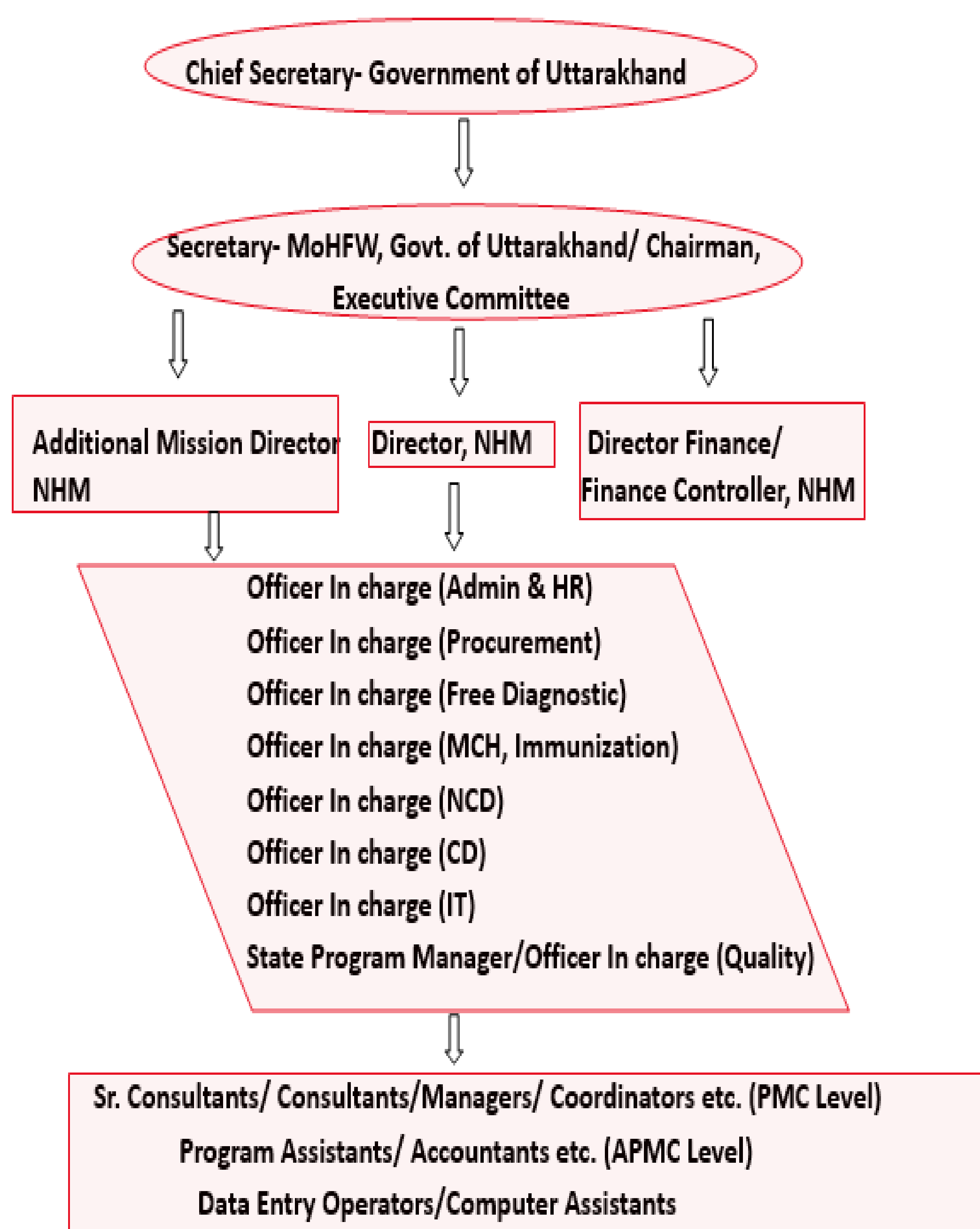
1. Introduction

Since 27th October 2005, Uttarakhand has launched National Rural Health Mission, a sub-mission Under an over-arching National Health Mission (launched in 2013) subsuming National Urban Health Mission along with NRHM in its umbrella. It envisages achievement of equitable, affordable, and quality healthcare services that are accountable and responsive to people's needs. Its focus is to strengthen primary health care through grass root level public health interventions based on community ownership.

2. Vision and Mission

Attainment of Universal Access to Equitable, Affordable and Quality health care services, accountable and responsive to people's needs, with effective intersectoral convergent action to address the wider social determinants of health.

3. Organisation Structure



4. Learnings

Delivery Status and Trends In Deliveries

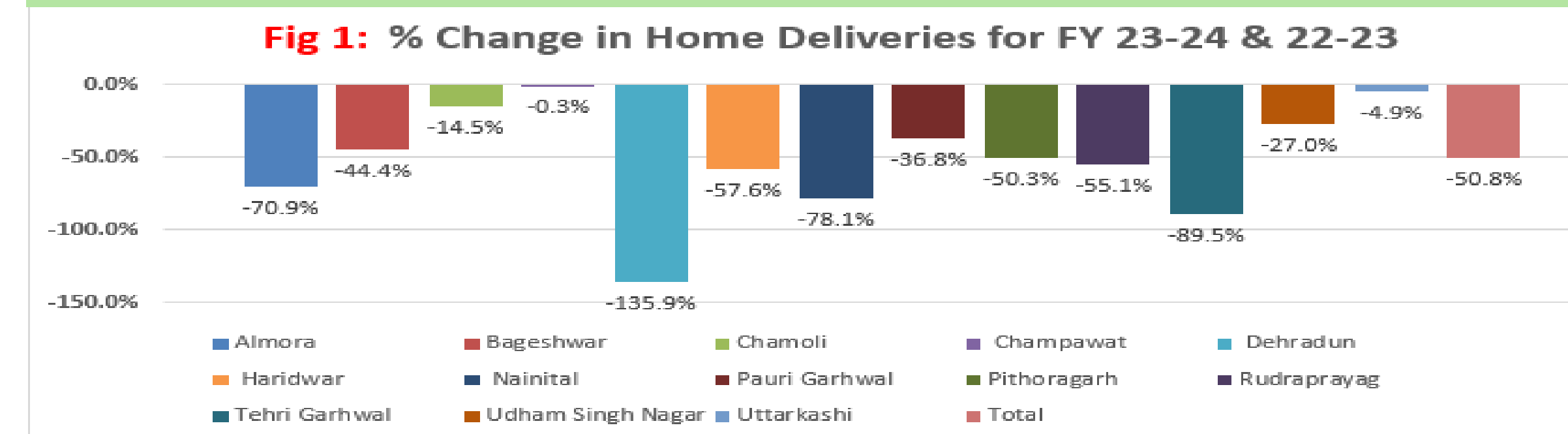


Fig 1: Depicts Home Deliveries Trends Overall Decrease (2023-2024): -50.8% Significant Decrease: Dehradun (-135.9%), Tehri Garhwal (-89.5%)

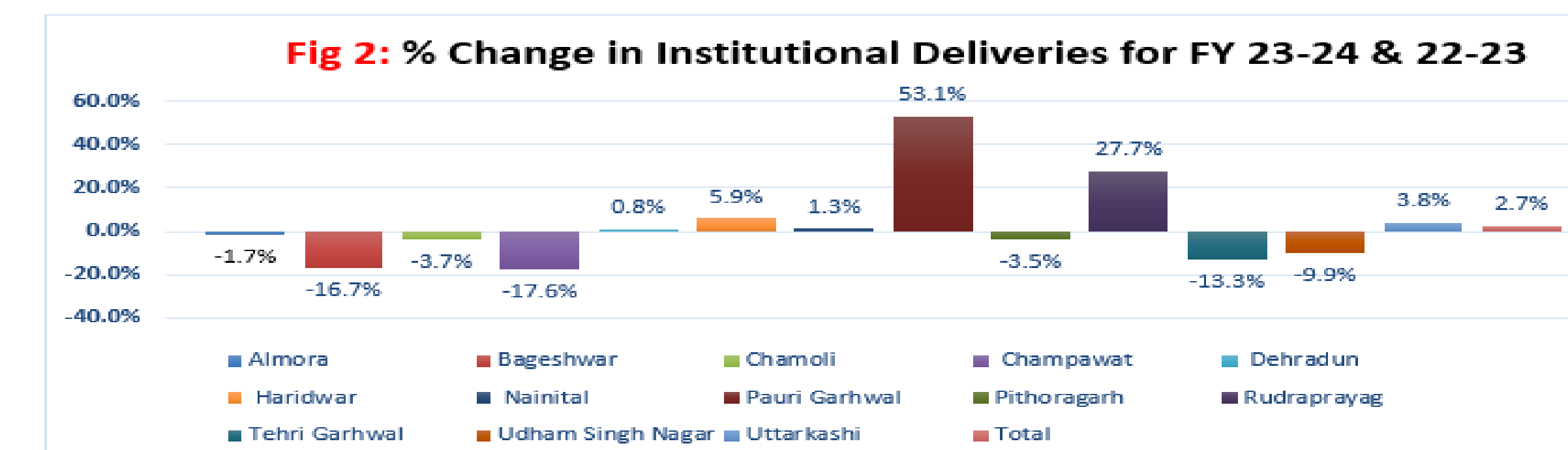


Fig 2: Depicts Institutional Deliveries Trends Overall Change (2023-2024): +2.7% Significant Increase: Pauri Garhwal (+53.1%), Rudrapur (+27.7%) Significant Decrease: Champawat (-17.6%), Bageshwar (-16.7%)

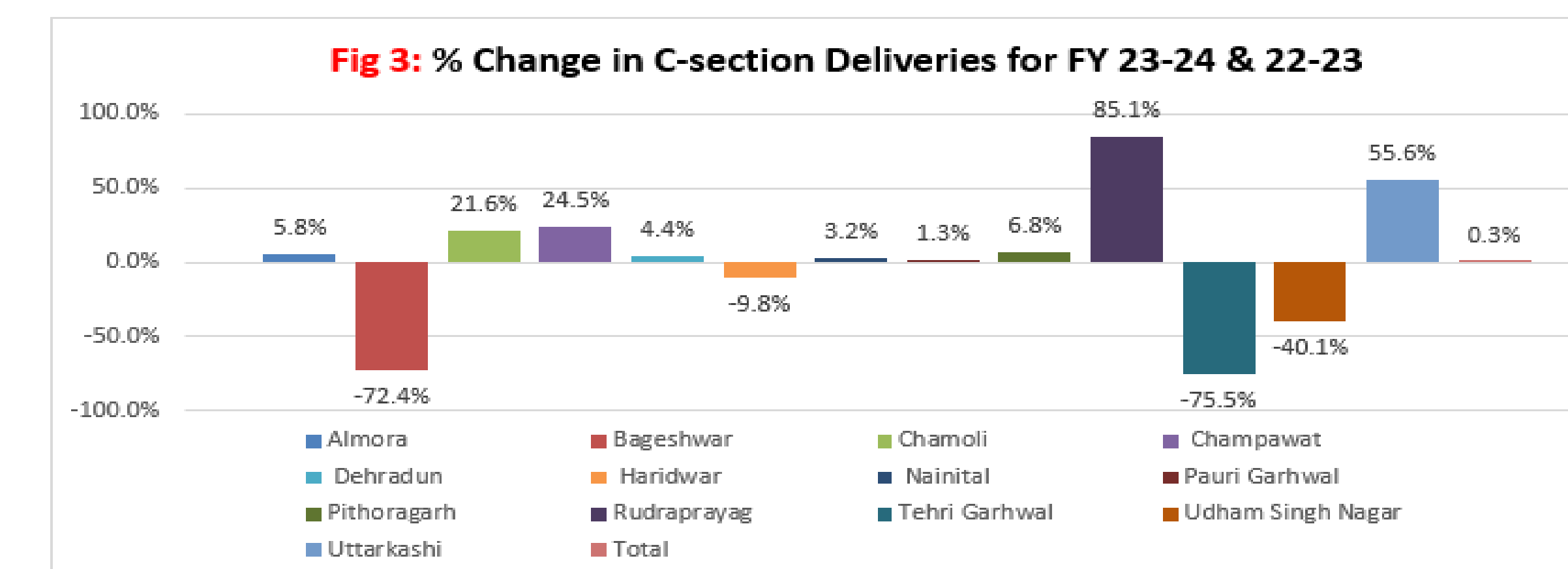


Fig 3: C-section Deliveries Trends Overall Change (2023-2024): +0.3% Significant Decrease: Bageshwar (-72.4%), Haridwar (-9.8%), Tehri Garhwal (-75.5%), Udham Singh Nagar (-40.1%)

FY 23-24	
Total Blocks in all the districts	95
Total Health Facilities	2746
Total Functional delivery points	250 9.10%
Total Public Institutional Deliveries	87656
Night Deliveries	23296 26.60%
48-hour Stays	47010 53.60%

Functionality of delivery points for the FY 23-24

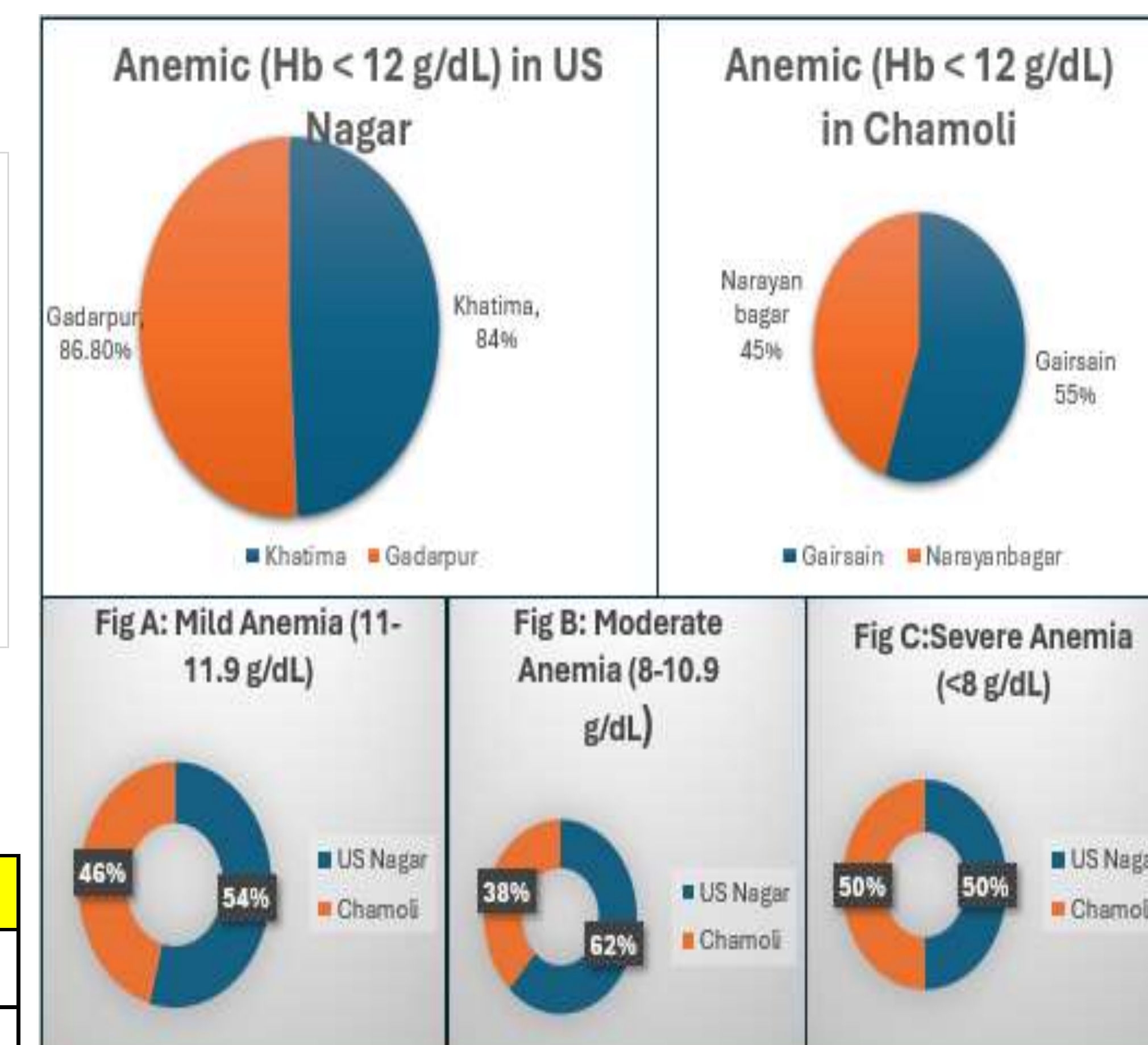
Field Visit

Area of study: Levels of healthcare included- DH,SDH,CHC
No. of Beneficiaries = 30
- **Awareness:** 70% of beneficiaries were aware of maternal health services.
- **Knowledge:** Only 6.66% could correctly identify the services provided under various maternal health schemes.
- **Usage:** 100% reported utilizing at least one maternal health service during their ANC visits.



Anemia Screening

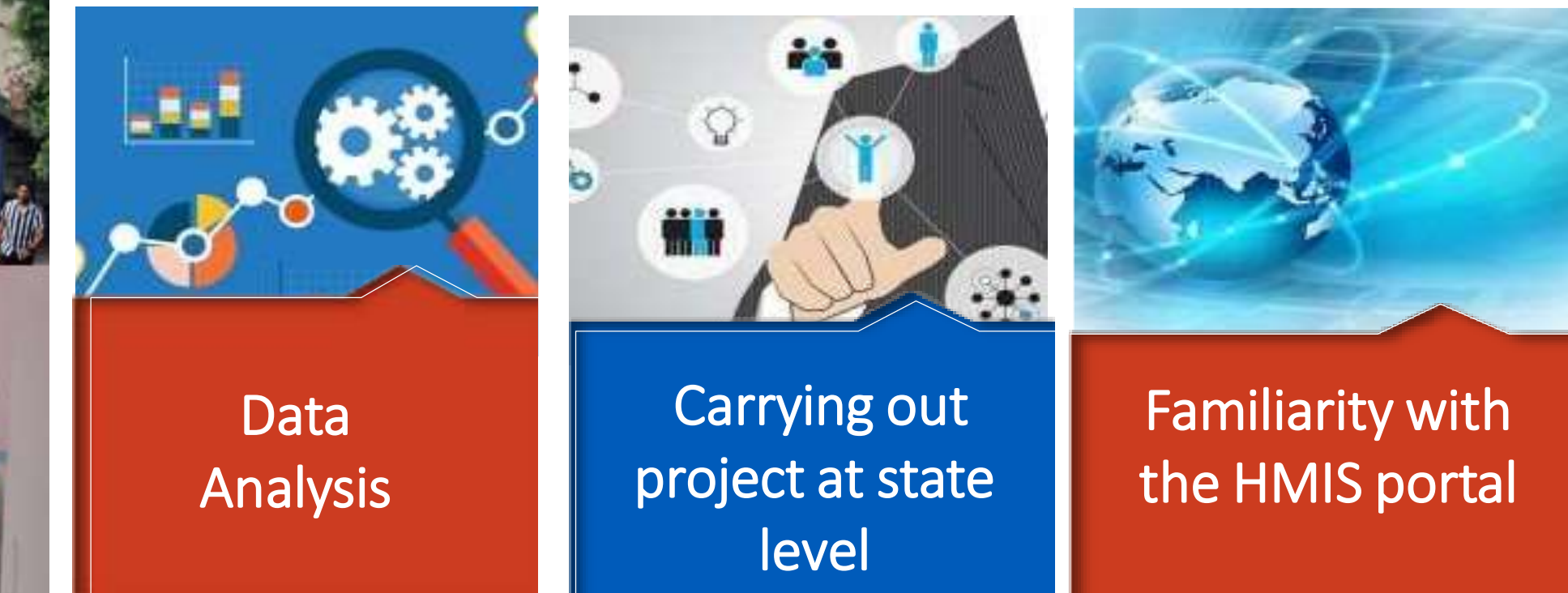
No. of cases screened : 10595
US Nagar: 6744
Chamoli : 3851
Mild Anemia Cases: 3307
Moderate Anemia : 4447
Severe Anemia : 311



5. SWOT Analysis



6. Value addition



7. Usefulness of Internship

- Practical application of theoretical knowledge.
- Exposure to a multidisciplinary work environment.
- Insights into healthcare facilities and their functionality.
- Networking opportunities with professionals in the field.
- Improvements in skill sets.
- Career exploration and growth within the field of public health.

8. Challenges

- Steep learning curve in adapting to the organization's environment & procedures, norms & workplace standards.
- Challenges in collaborating with diverse team members.
- Exposed to an entirely new subject and topic.

9. Suggestions

- Enhance training and capacity building of health workers on the use of portable devices and accurate data collection methods.
- Invest in upgrading health facilities to meet the standards for functional delivery points.
- Conduct community awareness campaigns to improve knowledge about maternal health services and schemes.