

SUMMER INTERNSHIP PROGRAM

at

National Health Mission Gujarat



06-05-2024 to 05-07-2024

A REPORT BY

Aaradhya Singh

Master of Business Administration

2023-25

under the Mentorship of

Sanjay Gupta (Professor and Dean IIHMR)

Dr. Kamlesh Parmar (State Nodal Officer (NCDs))

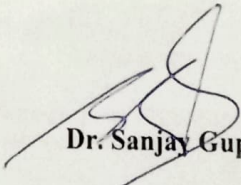
IIHMR UNIVERSITY

IIHMR University Faculty Mentor Approval

This is to certify that **Aardhya Singh** of the academic year 2023 – 25 of **Institute of Health Management Research** has prepared a poster with respect to her summer internship held during May-June 2024.

She has carried out work as per the guidelines. Her poster is approved for presentation.

Date:

A handwritten signature in black ink, appearing to read 'Dr. Sanjay Gupta', written over the printed name.

Dr. Sanjay Gupta
Professor, Dean



National Health Mission



Mentor - Dr. Kamlesh Parmar (State Nodal Officer (NCD- NHM Gujarat))

Name – Aaradhya Singh
Batch - MBA HM 28
Enrolment No - 1659

Mentor – Dr .Sanjay Gupta
(Professor, Dean)

About Organization National Health Mission –

The National Health Mission (NHM) is an initiative by the Government of India aimed at providing quality healthcare to all cities focusing on underserved rural and urban populations NHM brought together two major health initiatives: the National Rural Health Mission (NRHM) and the National Urban Health Mission (NUHM).

History -

The National Rural Health Mission (NRHM), now under National Health Mission is an initiative undertaken by the government of India Prime Minister Manmohan Singh. The decision dated 1 May 2013, has approved the launch of the National Urban Health Mission (NUHM) as a Sub-mission of an overarching National Health Mission (NHM), with National Rural Health Mission (NRHM) being the other Sub-mission of National Health Mission.

Vision -

The NHM provides the achievement of universal access to equitable, affordable & quality healthcare services that are accountable and responsive to people's needs.

Mission -

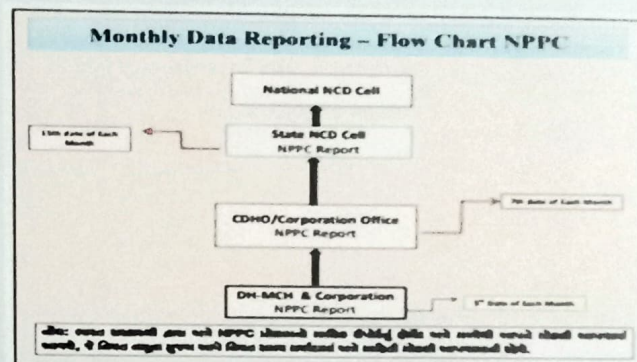
Is to improve the availability of and access to quality health care by people, especially for those residing in rural areas, the poor, women, and children.

About my work done in NHM –

To address the facility assessment in NPPC (National Programme for Palliative care)

About the Work- In the first month, I have study about the Guidelines of Non-Communicable Disease

(NCD) and the Palliative care which is assigned to me after that in second month, make a questionnaire regarding for data collection for the field work and then, visited the 2 Urban Primary Health Centre, 2 Rural Primary Health Centre and the 2 Sub-centre and 1 District Hospital to check the current services and the medical facility provided to Patients and also identified the gaps for the improvement of patients with the help of interactive session with a medical staff and goes through direct observation in the Health Centres.



Practical exposure –

Field level experience

Theoretical exposure –

Guidelines and Work protocols.

Learning During Internship –

Learned about programs NPPC launched by the government related to Non-Communicable Diseases.

Challenges faced during Internship -

Next Planning for Field work is not aware and communication and interaction.

Suggestions During Internship -

Monitoring of all schemes from time to time and motivate patients with special health camps to aware about their disease.

Usefulness Of Internship -

Exposure to new practical knowledge in core Public Health care services and having Practical Knowledge of working in NHM department and organizational structure.

STRENGTHS

Focus on Primary Health care service delivery

Having experience professional staff

OPPORTUNITIES

Utilization of more Resources implementing more projects in the government programs

WEAKNESSES

Conflict between Management and People
Awareness and out reach to patients

THREATS

Technological advancements
Climate Change



Weekly report – 01

Name of Student – Aaradhya Singh

Roll No. – 1659

Stream – Hospital and Health Management

Name of Organisation – NHM Gujrat

Activity Done	Day 01 – Reporting to NHM Bhawan Day 02 – Holiday (Election) Day 03 – Read the NCDs Guideline Day 04 – Observed the NCDs portal Day 05 – Holiday (Parshuram Jayanti)
Linking theory	Missions were taught under the module: National Health Programmes (CC-618)
Gaps identified in the Working Area.	This is my first Week so I didn't find gaps. I will be able to tell you later.
Suggestion for Improvement	Should include innovative awareness Activities in all locations where cases of NCDs are found.
Plan for the next Week	Complete a tour of Gandhinagar to analyse areas for improvement of NCD cases.

Weekly report – 02

Name of Student – Aaradhya Singh

Roll No. – 1659

Stream – Hospital and Health Management

Name of Organisation – NHM Gujrat

Activity Done	In first 2 days of week I study about National Communicable Disease guide line then got allotted a (NPPC) National Programme for Palliative care and also studied about National NCD portal Methods. Attend the webinar on Hypertension 17 th May
Linking theory	Missions were taught under the module: National Health Programmes (CC-618)
Gaps identified in the Working Area.	Not got a chance of field trip yet so couldn't Identified any gaps in the field trip properly only going through with reading the guidelines only .
Suggestion for Improvement	Should include innovative awareness Activities in all locations where cases of NCDs are found.
Plan for the next Week	Field trip tour of Gandhinagar in PHC and Sub- centre for Facility Assessment improvement of NPCC cases.

Weekly report – 02

Name of Student – Aaradhya Singh

Roll No. – 1659

Stream – Hospital and Health Management

Name of Organisation – NHM Gujrat

Activity Done	In first 2 days of week I study about National Communicable Disease guide line then got allotted a (NPPC) National Programme for Palliative care and also studied about National NCD portal Methods. Attend the webinar on Hypertension 17 th May
Linking theory	Missions were taught under the module: National Health Programmes (CC-618)
Gaps identified in the Working Area.	Not got a chance of field trip yet so couldn't Identified any gaps in the field trip properly only going through with reading the guidelines only .
Suggestion for Improvement	Should include innovative awareness Activities in all locations where cases of NCDs are found.
Plan for the next Week	Field trip tour of Gandhinagar in PHC and Sub- centre for Facility Assessment improvement of NPCC cases.

Weekly report – 03

Name of Student – Aaradhya Singh

Roll No. – 1659

Stream – Hospital and Health Management

Name of Organisation – NHM Gujrat

Activity Done	Going through study National Communicable Disease guide line then got allotted a (NPPC) National Programme for Palliative care and also studied about National NCD portal Methods
Linking theory	Missions were taught under the module: National Health Programmes (CC-618)
Gaps identified in the Working Area.	Not got a chance of field trip yet so couldn't Identified any gaps in the field trip properly only going through with reading the guidelines only .
Suggestion for Improvement	Should include innovative awareness Activities in all locations where cases of NCDs are found.
Plan for the next Week	Field trip tour of Gandhinagar in PHC and Sub- centre for Facility Assessment improvement of NPCC cases.

Weekly report – 04

Name of Student – Aaradhya Singh

Roll No. – 1659

Stream – Hospital and Health Management

Name of Organisation – NHM Gujrat

Activity Done	Going through study Palliative care guide line and make questionnaire for data collection for the field work process .
Linking theory	Missions were taught under the module: National Health Programmes (CC-618)
Gaps identified in the Working Area.	Not got a chance of field trip yet so couldn't Identified any gaps yet but made questionnaire for collection of data asking in a field trip .
Suggestion for Improvement	Should include innovative awareness Activities in all locations where cases of NCDs are found.
Plan for the next Week	Field trip tour of Gandhinagar in PHC and Sub- centre for Facility Assessment improvement of NPCC cases.

Weekly report – 05

Name of Student – Aaradhya Singh

Roll No. – 1659

Stream – Hospital and Health Management

Name of Organisation – NHM Gujrat

Activity Done	Going through study Palliative care guide line and make questionnaire for data collection for the field work process .
Linking theory	Missions were taught under the module: National Health Programmes (CC-618)
Gaps identified in the Working Area.	Not got a chance of field trip yet so couldn't Identified any gaps yet but made questionnaire for collection of data asking in a field trip .
Suggestion for Improvement	Should include innovative awareness Activities in all locations where cases of NCDs are found.
Plan for the next Week	Field trip tour of Gandhinagar in PHC and Sub- centre for Facility Assessment improvement of NPCC cases.

Weekly report – 06

Name of Student – Aaradhya Singh

Roll No. – 1659

Stream – Hospital and Health Management

Name of Organisation – NHM Gujrat

Activity Done	Meet with Additional District Program officer, Corporation program coordinator and District Program coordinator to take a permission request for field trip in Gandhinagar Area . Covered only urban 2 Public Health centre , 2 Urban Sub-centre , 1 District Hospital and also 1 community Health centre for data collection for my project Programme I am working NPPC National Programme for Palliative Care .
Linking theory	Missions were taught under the module: National Health Programmes (CC-618)
Gaps identified in the Working Area.	Gap identified in sub-centre the following -up registers and referral register are not maintained properly even IEC material is not maintained in any PHC ,CHC or sub-centre for Palliative Care ,
Suggestion for Improvement	Should include innovative awareness of IEC Activities in all PHC , Sub-centre for Palliative Care where cases of NCDs are found.
Plan for the next Week	Field trip tour of Gandhinagar in District areas for Rural PHC and Rural Sub- centre for Facility Assessment improvement of NPPC cases.

Weekly report – 07

Name of Student – Aaradhya Singh

Roll No. – 1659

Stream – Hospital and Health Management

Name of Organisation – NHM Gujrat

Activity Done	This week covered only 1 Rural Public Health centre in Gandhinagar district. And give the additional letter to the organisation regarding field visit and reporting back with final report submission.
Linking theory	Missions were taught under the module: National Health Programmes (CC-618)
Gaps identified in the Working Area.	Gap identified the following -up registers and referral register are not maintained properly even IEC material is not maintained in the PHC .
Suggestion for Improvement	Should include innovative awareness of IEC Activities in all PHC , Sub-centre for Palliative Care where cases of NCDs are found.
Plan for the next Week	Field trip tour of Gandhinagar in District areas for Rural PHC and Rural Sub- centre for Facility Assessment improvement of NPPC cases.

Weekly report – 08

Name of Student – Aaradhya Singh

Roll No. – 1659

Stream – Hospital and Health Management

Name of Organisation – NHM Gujrat

Activity Done	This week covered only 1 Rural Public Health and 1 sub- centre in Gandhinagar district. And making a final report of work done in organization
Linking theory	Missions were taught under the module: National Health Programmes (CC-618)
Gaps identified in the Working Area.	Gap identified the following -up registers and referral register are not maintained properly in the PHC . and sub-centre .
Suggestion for Improvement	Should include innovative awareness of IEC Activities in all PHC , Sub-centre for Palliative Care where cases of NCDs are found.
Plan for the next Week	Not Planning any work till now .

Compiled Reporting Format

Name of the Organisation: National health mission GUJARAT

Area/ Department/ Project of Summer Internship Program: Non communicable Disease

Name of the Student: Aaradhya Singh

Roll no: 1659

Stream: MBA HHM -28

Activity Done	1. Initial Reporting and Studies: ○ Reported to NHM Bhawan. ○ Reviewed the National Communicable Disease (NCD) Guidelines. ○ Explored the NCDs portal. 2. Program Assignment and Learning: ○ Assigned to the National Programme for Palliative Care (NPPC). ○ Studied methods on the National NCD portal. ○ Attended a Hypertension webinar on 17th May. 3. Preparation and Coordination: ○ Continued studying the Palliative Care Guidelines. ○ Created a data collection questionnaire for fieldwork. ○ Met with the Additional District Program Officer, Corporation Program Coordinator, and District Program Coordinator to obtain permission for a field trip in Gandhinagar. 4. Field Visits and Data Collection: ○ Visited 2 Urban Public Health Canters, 2 Urban Sub-Canters, 1 District Hospital, and 1 Community Health Center to collect data for the NPPC project. ○ Visited 1 Rural Public Health Centre and 1 Sub-
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	Center in Gandhinagar district. ○ Submitted an additional letter to the organization regarding the field visit. ○ Continued data collection and started compiling the final report on completed activities.
Linking theory (Classroom learning) with practice at your organisation	Programme for Palliative Care (NPPC) • Symptom and Pain Management: Manages physical symptoms and offers emotional support to patients and families. • Training and Education: Provides training for healthcare providers and education for caregivers on palliative care. • Accessibility and Availability: Sets up palliative care units and ensures the availability of necessary medications. • Policy and Advocacy: Incorporates palliative care into the healthcare system and promotes patient rights. • Research and Development: Supports research and creates evidence-based guidelines for palliative care.
Gaps identified on the working area.	Record keeping: Follow-up and referral registers are not maintained properly in sub-centers, PHCs, and CHCs. IEC Material: Information, Education, and Communication (IEC) materials are not maintained in any PHC, CHC, or sub-center.
Suggestions for improvement	Should include innovative awareness activities in all location .

	Education: Provide ongoing training and workshops for healthcare staff. Records: Standardize and digitize follow-up and referral logs. Facilities: Increase palliative care units and ensure essential supplies. Outreach: Implement awareness campaigns and distribute IEC materials. Support: Establish patient support groups and counselling for caregivers. Integration: Incorporate palliative care in primary health services and train workers. Advocacy: Push for improved policies and increased funding. Research: Promote research and regularly update care guidelines.
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Signature of the Student

- Aaradhya Singh

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Approved by the IIHMR University's Mentor

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22/7/2024.