



SCHOOL HEALTH-RASHTRIYA BAL SWASTHYA KARYAKRAM(SH-RBSK) in GUJARAT



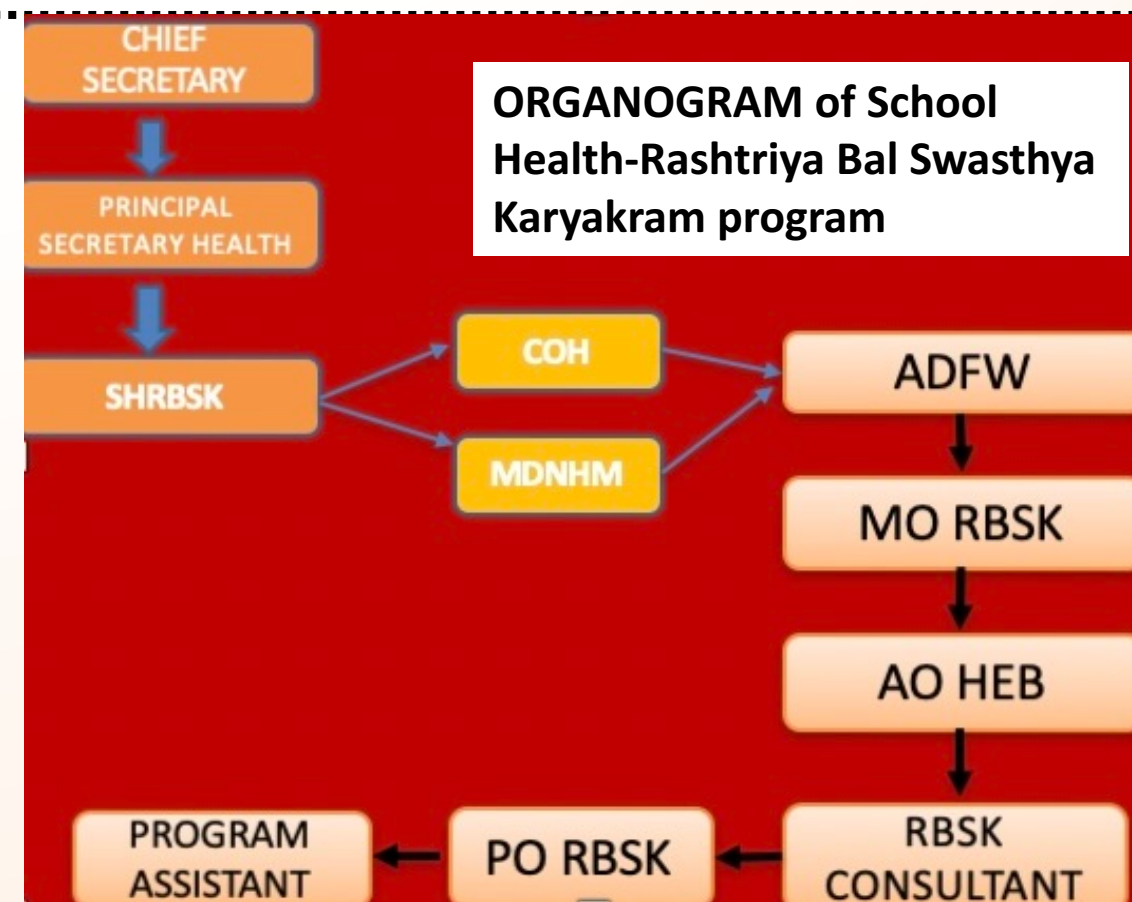
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About School Health Rashtriya Bal Swasthya Karyakram in Gujarat:

-Rashtriya Bal Swasthya Karyakram (RBSK) is a program to improve the overall quality of life of children and provide comprehensive care to all the children in the community. This program involves screening children from birth to 18 years of age for four Ds: defects at birth, diseases, deficiencies, and developmental delays, spanning 32 common health conditions for early detection and free treatment and management, including surgeries at the tertiary level. Children diagnosed with identified health conditions are provided early intervention services and follow-up care at the district level.

-The objective includes ensuring accessible and affordable health screening of new-born, infants, children, and adolescents up to 18 years of age for early intervention for diagnosis and management including surgeries at the tertiary level, free of cost. The program covers more than 1.6 Cr beneficiaries every year, where RBSK Mobile Health Team provide proactive health check-up to children going to Anganwadi Center (AWC) Twice a year and to School going children once a year.

Reference: <https://nhm.gujarat.gov.in/rbsk.htm>



SWOT analysis of School Health Rashtriya Bal Swasthya Karyakram Program(SH-RBSK)

STRENGTH:

Early identification and intervention for children from birth to 18 years; Strong government support

WEAKNESS:

Unhygienic washroom, No special washroom for disabled children ;Shortage of trained personnel ;Low awareness among parents about program's benefits

SWOT

OPPORTUNITY:

Expansion of training programs for healthcare workers; Utilizing telemedicine and mobile health technologies can improve screening and follow-up services

THREAT:

Poor healthcare facilities; Lack of medical equipments, and limited access to specialized services

LEARNING & VALUE ADDITIONS

-The internship provided me the opportunity to work in the healthcare sector
-Provided me the exposure of the ground level working of the Rashtriya Bal Swasthya Karyakram in Gujarat

PRACTICAL EXPOSURE VS THEORETICAL UNDERSTANDING

-Theoretical understanding provides the foundation of knowledge
-Practical exposure helps in understanding the implementation of theoretical knowledge and also understanding of challenges and complexities

CHALLENGES FACED DURING INTERNSHIP

-Language barrier
-Extreme hot weather conditions(45 degree celsius and above)
-Unhygienic washrooms

USEFULNESS OF THE INTERNSHIP

-Practical exposure of how a government organization functions
-Skills development like communication skills, data analysis, program evaluation
-Practical exposure of working of national health program at grass-root level



Title of the study: Assessment of adherence to Early Intervention Services for Developmental Delays diagnosed in children: Insights from a Parental survey

OBJECTIVE:

-To assess parental adherence to prescribed early intervention services for children diagnosed with developmental delays

STUDY AREA:

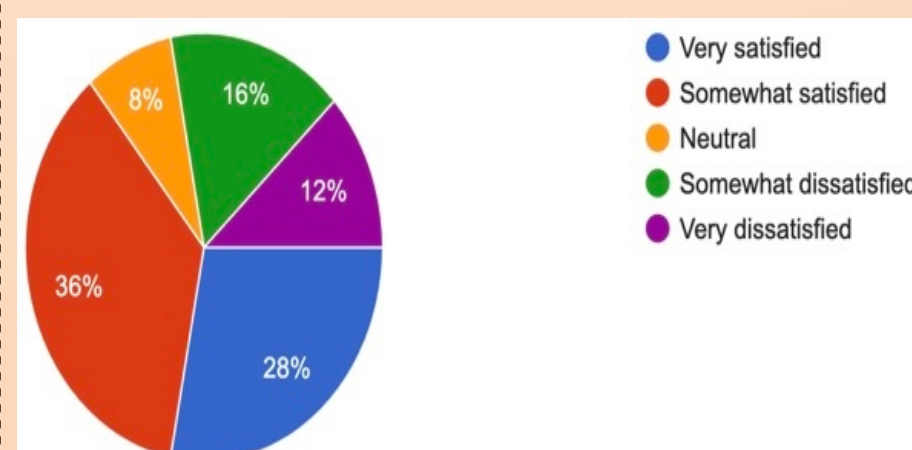
Government Spine Institute, Ahmedabad

SAMPLE SIZE:

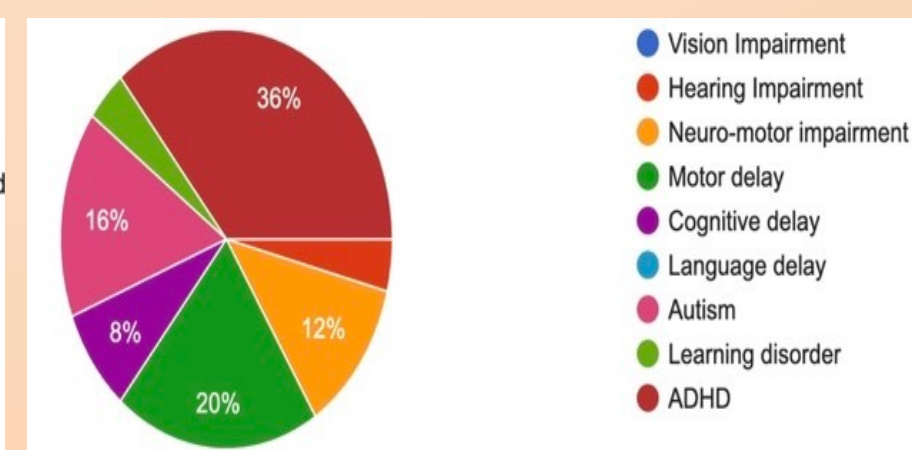
-25 participants (parents) were interviewed, out of whom 17 were mothers & 8 were fathers

RESULTS:

-68% of the children dealing with developmental delays showed drastic improvements since their parents were regular with their therapies



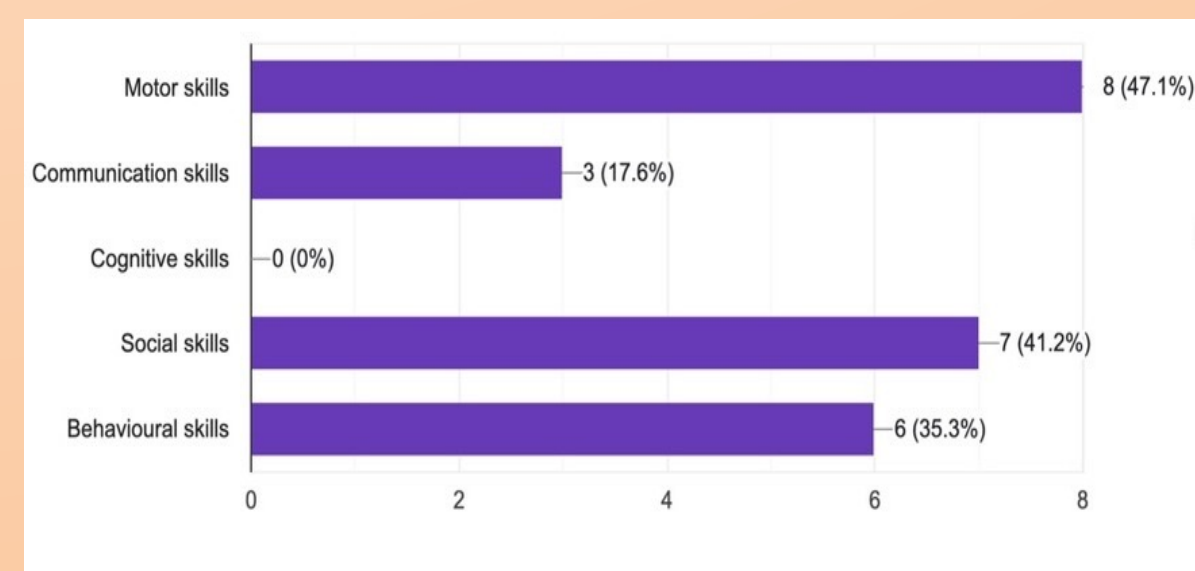
-% satisfaction of parents by their overall satisfaction with improvements



-Various diagnosed developmental delays in children

SUGGESTIONS

- 1) Parents should be made aware of the debilitating effects of the developmental delays, if not treated or managed, by organizing regular workshops and seminars for parents, to educate them about the signs of developmental delays and the importance of early intervention
- 2) Implementing a digital platform system for regular follow-ups with parents to monitor the progress of children undergoing early intervention services.
- 3) Producing short educational videos featuring healthcare professionals explaining developmental delays, early signs, and intervention strategies.



-Children who adhered to the rehabilitative protocols and were taking their therapies on a regular basis showed improvements in these skills