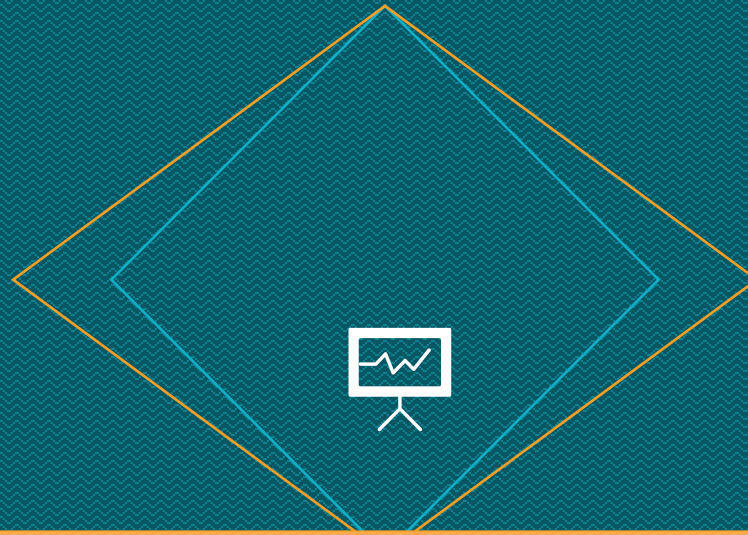




Summer Training Report

Presented by:
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RM-50

CONTEXT

Summer Project Assigned by Faculty

A. Research Paper

- ❖ Introduction
- ❖ Objective
- ❖ Methodology
- ❖ Result
- ❖ Discussion

B. Online Course from Coursera

- ❖ Fundamental of Project Planning & Management
- ❖ Children's Human Right- An Interdisciplinary Introduction

About The Project

- The Title of this project is:

Is community in India facing psychological pressure during Covid-19: Descriptive evidence India

- This Project is about the psychological behaviours of people during the lockdown, as we know that due to this pandemic lifestyle as well as daily routine as have been affect. Offices, school college and even mall has been closed due to which work home gas been assigned to employees.
- Somewhere change in our running life has also affected the Mental and physical of our body People are getting Irritated, angry and some are even depress but if look the positive site some are happy as there able to stay with there family during this chaos.
- This project is complete on the basic of primary data which is collect though the google form around the India. The analysis is done on the this database set and help to understand the psychological behaviour during this lockdown.

Project Analysis

- **Objective:**

- ☐ To understand the how the people are utilizing there time during the lockdowns and There psychology behaviours.

- **Methodology:**

- ☐ To meet the objective of the paper, a primary cross-sectional study is conducted with descriptive and explorative research design.
- ☐ To get the psychological information of individuals semi structured questionnaire is designed with eight questions in the google forms and shared with 500 numbers of participants.
- ☐ Among them, 299 participants revert back with in the stipulated time. To select the participants convenience sampling method is used.
- ☐ The data are collected from the google forms between the first 21 day of lockdown i.e. from 26th of March 2020 to 14th of April 2020, and ***analysed in the SPSS 21.0 version with bivariate analysis such as chi-square and cross tabulation***

**Covid-19 Lock Down:
Psychology during law enforcement**

Namaskar. Hope all of you are fine during the COVID-19 pandemic. We are a public health Management and research University and conducting a research study with 600 samples. The objectives of the study is to see whether there is any association between the impact of media and stress. And, how communities are spending their time during the time of lock down. It will take only 7-10 minutes only to fill the form. Comprehensively, this is the survey to understand the psychology of People during the lock down, phase one. By filling this responses, your willingness to participate in the survey is confirmed and we are thankful to you. And, we are declaring that no money will be given to you against your responses and all of your information will be kept secret and confidential. Thanking you in advance for your participation.

***Required**

Email Address *

Your answer

Fig: The Picture of Google Form

Project Result

Age Group * Sex of the Respondent Crosstabulation

			Sex of the Respondent		Total
			Female	Male	
Age Group	16-25 Years	Count	86	107	193
		% within Sex of the Respondent	70.5%	60.5%	64.5%
	26-35 Years	Count	25	41	66
		% within Sex of the Respondent	20.5%	23.2%	22.1%
	36-45 Years	Count	3	17	20
		% within Sex of the Respondent	2.5%	9.6%	6.7%
	More than 45 Years	Count	8	12	20
		% within Sex of the Respondent	6.6%	6.8%	6.7%
Total	Count	122	177	299	
	% within Sex of the Respondent	100.0%	100.0%	100.0%	

Education Level	Female	Male	Total
High School	5(4.1)	5(2.8)	10(3.3)
Higher Secondary	21(17.2)	18(10.2)	39(13.0)
Under Graduate	1(0.8)	0(0.0)	1(0.3)
Graduate	44(36.1)	80(45.2)	124(41.5)
Diploma	1(0.8)	1(0.6)	2(0.7)
Post Graduate	43(35.2)	69(39.0)	112(37.5)
Ph.D.	7(5.7)	4(2.3)	11(3.7)
Total	122(100.0)	177(100.0)	299(100.0)

- **Figure 1:** This table shows the age group of the respondent separated by sex to understand the study detail, if you observed major respondents are in age group from 16-25 (64.5% of the total)
- **Figure 2:** This table shows the education status of 299 respondents, in which maximum respondents are doing or completed their post-graduation and then graduation, the lowest education level was noted High school which was 3.3% of the total population.

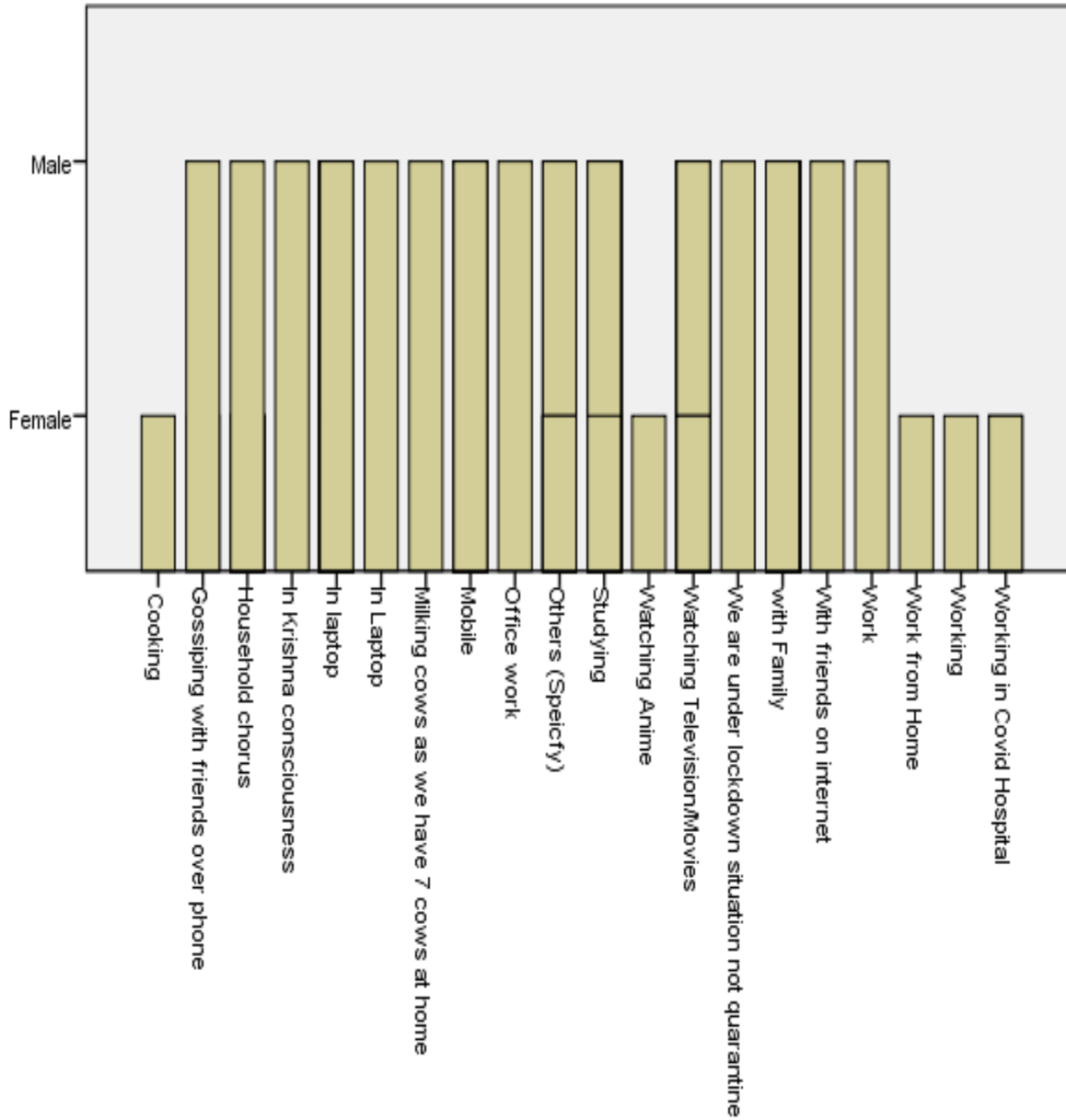
Project Result & Limitation

Crosstab

		Sex of the Respondent		Total
		Female	Male	
Does the continuous news of COVID 19 on News Channel made you afraid and increased the stress level?	Count	0	1	1
		0.0%	0.6%	0.3%
	Do not know	8	14	22
		6.6%	7.9%	7.4%
	No	44	69	113
		36.1%	39.0%	37.8%
	Yes	70	93	163
		57.4%	52.5%	54.5%
Total	Count	122	177	299
	% within Sex of the Respondent	100.0%	100.0%	100.0%

- The increase of stress level by watching continues news of COVID-19, this table showed major respondent stress level increases 54.5% of total response and majorly Female respondent free more stressed out (57.4%) than Male

Sex of the Respondent



Utilization of time during the Lockdown

- It is also very important that during the isolation and lock down time, the individuals are consuming maximum time at home due to various kinds of anxiety. On analysis it is seen that maximum respondents have engaged themselves in other types of activities such as gardening, playing at home, cooking, studying etc.
- Followed to this, around 68.2 percent are spending time with family members and 9.4 percent on spend on the Laptop. It is also seen that around 5.7 percent of the respondents are spending while studying. However, the data shows that males are comparatively engaged in all these activities than the females. Quite natural females are more engaged with the household works during the time of lockdown.

Crosstab

			Sex of the Respondent		Total
			Female	Male	
Online course	No	Count	36	70	106
		% within Sex of the Respondent	29.5%	39.5%	35.5%
	Yes	Count	86	107	193
		% within Sex of the Respondent	70.5%	60.5%	64.5%
Total		Count	122	177	299
		% within Sex of the Respondent	100.0%	100.0%	100.0%

Online study during the lockdown

- This show that the people are also utilizing their time in new learning things by doing the online course. 64.5 percent of respondents were doing the online course, in compare to female, male respondents (60.5 percent) were doing online course.

Conclusion

- During this coronavirus pandemic, most of the educated individuals and health professionals are conscious of this infection, doable preventive measures, the importance of social distancing and government initiatives were taken to limit the unfold of infection. However, there are enhanced worries and apprehensions among the general public concerning getting the COVID-19 infection.
- Individuals have higher perceived has to cope with their psychological state difficulties. there's a requirement to accentuate the attention program and address the psychological state problems with individuals throughout this COVID-19 pandemic. there's no study up to now that evaluated the psychological state views of individuals throughout the COVID-19 pandemic.
- it's vital to check the psychological state impacts in numerous populations (general populations, cases of COVID-19, shut contacts of COVID-19 and attention workers) for designing effective intervention methods for them.

*Fundamental of Project Planning &
Management*

University of Virginia

Course hours: 8 hours

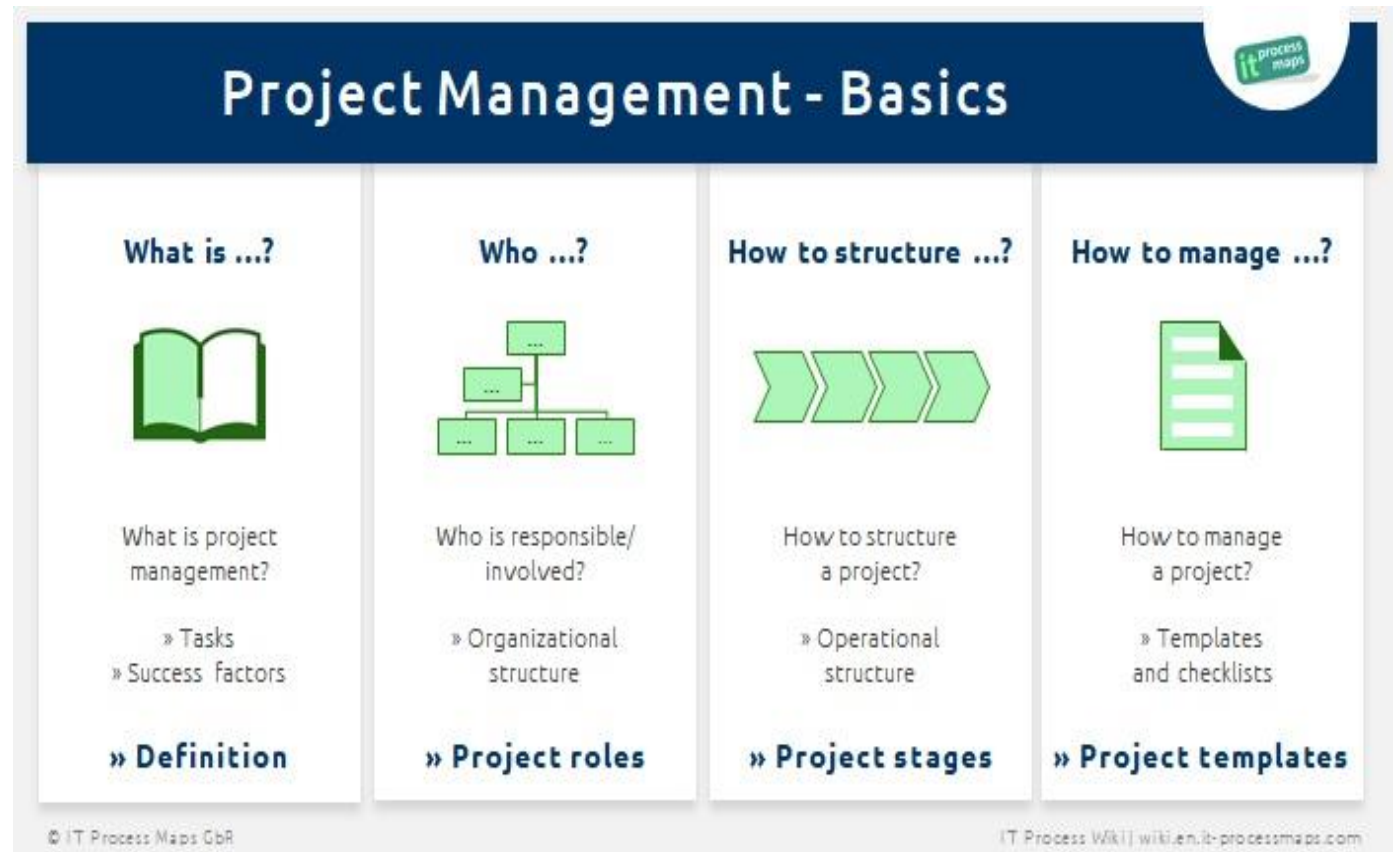
Project Management

- **What is project?**

A project is a temporary endeavours undertaken to create unique product service or result

- **What is Project Management?**

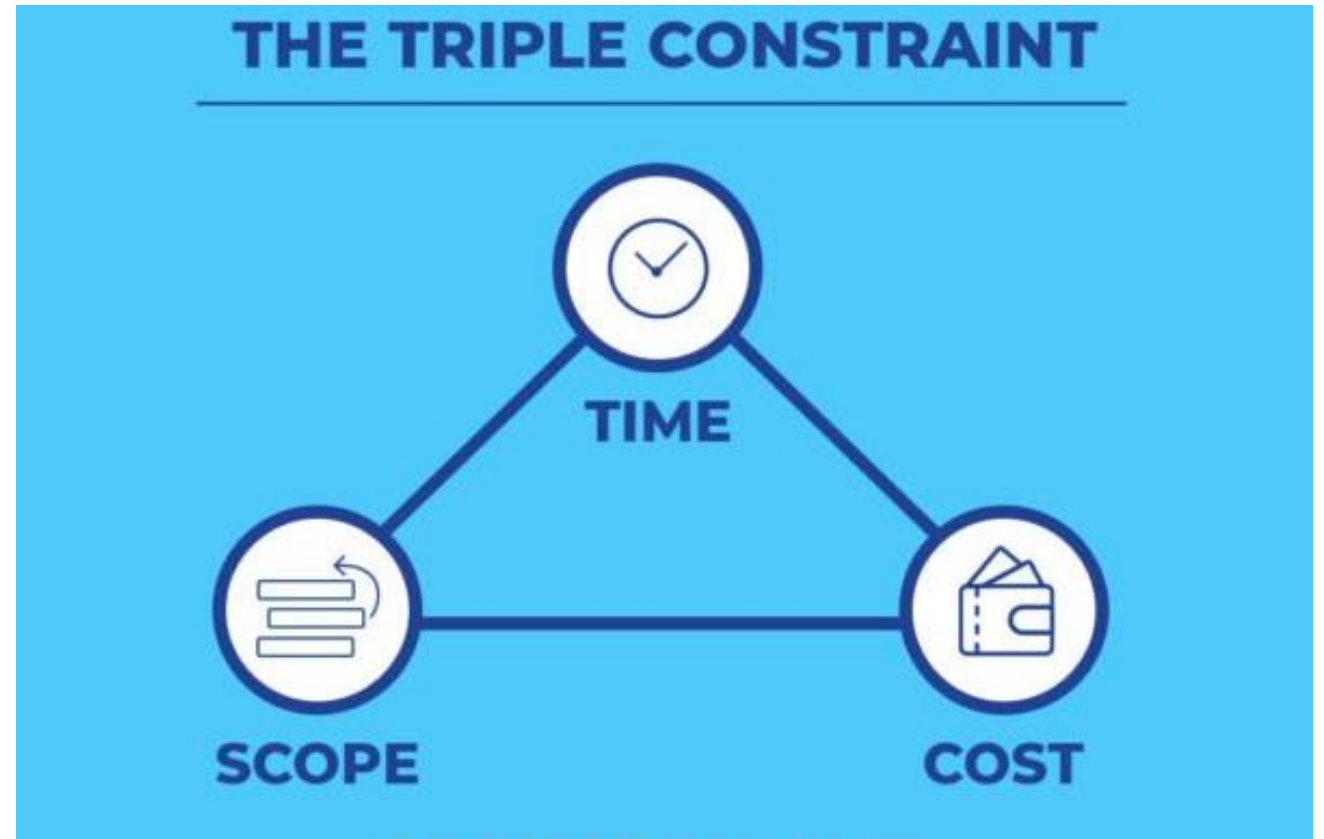
The project management is the application of knowledge, skill, tool techniques to project activities to meet the project requirement



Balance the Trade off

The Triple Constraints

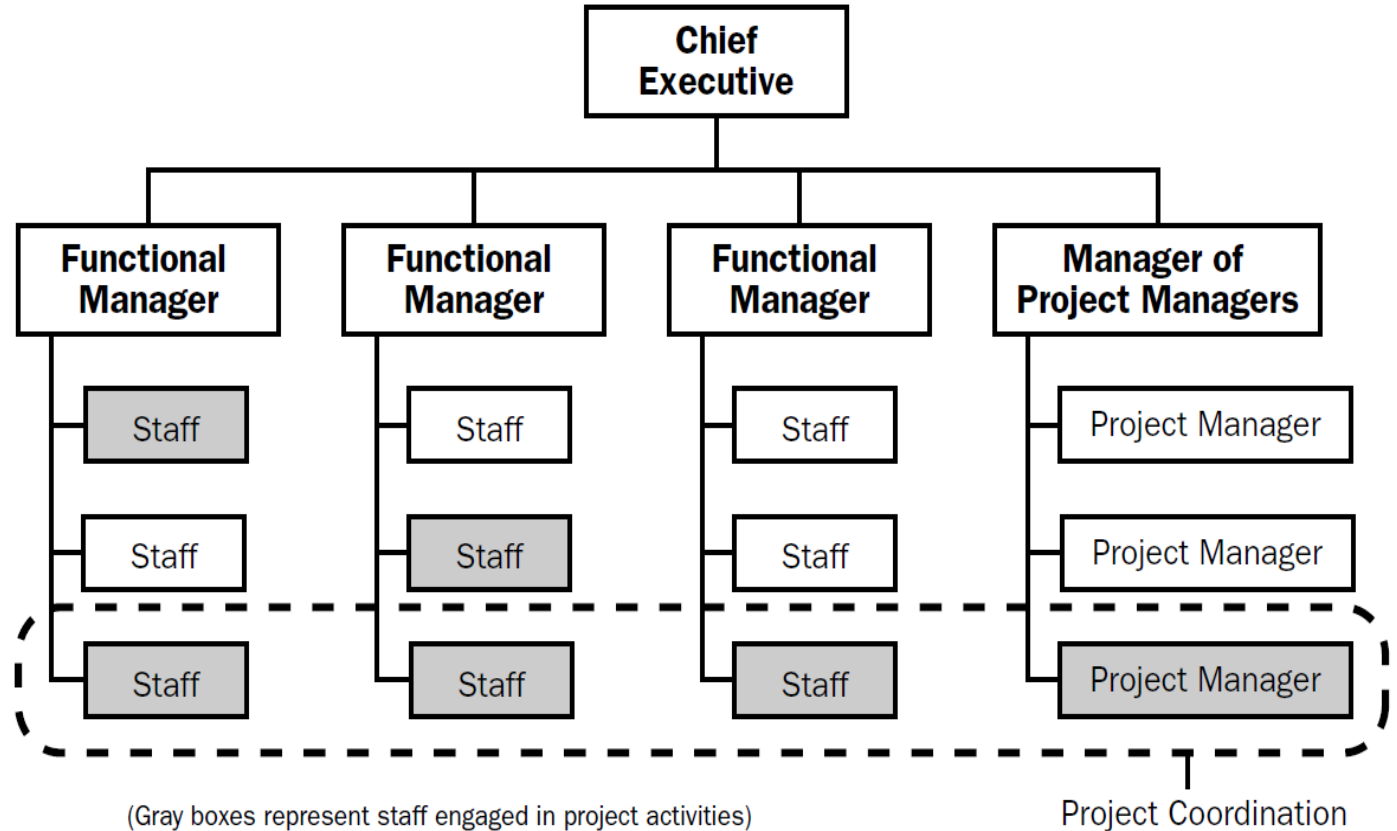
- It is a model of the constraints inherent in managing a project
- The constraints are threefold:
 - **Cost:** The financial constraints of a project, also known as the project budget.
 - **Scope:** the task required to fulfil the project goal
 - **Time:** the schedule for the project to reach completion



Project Organization

Project Organization

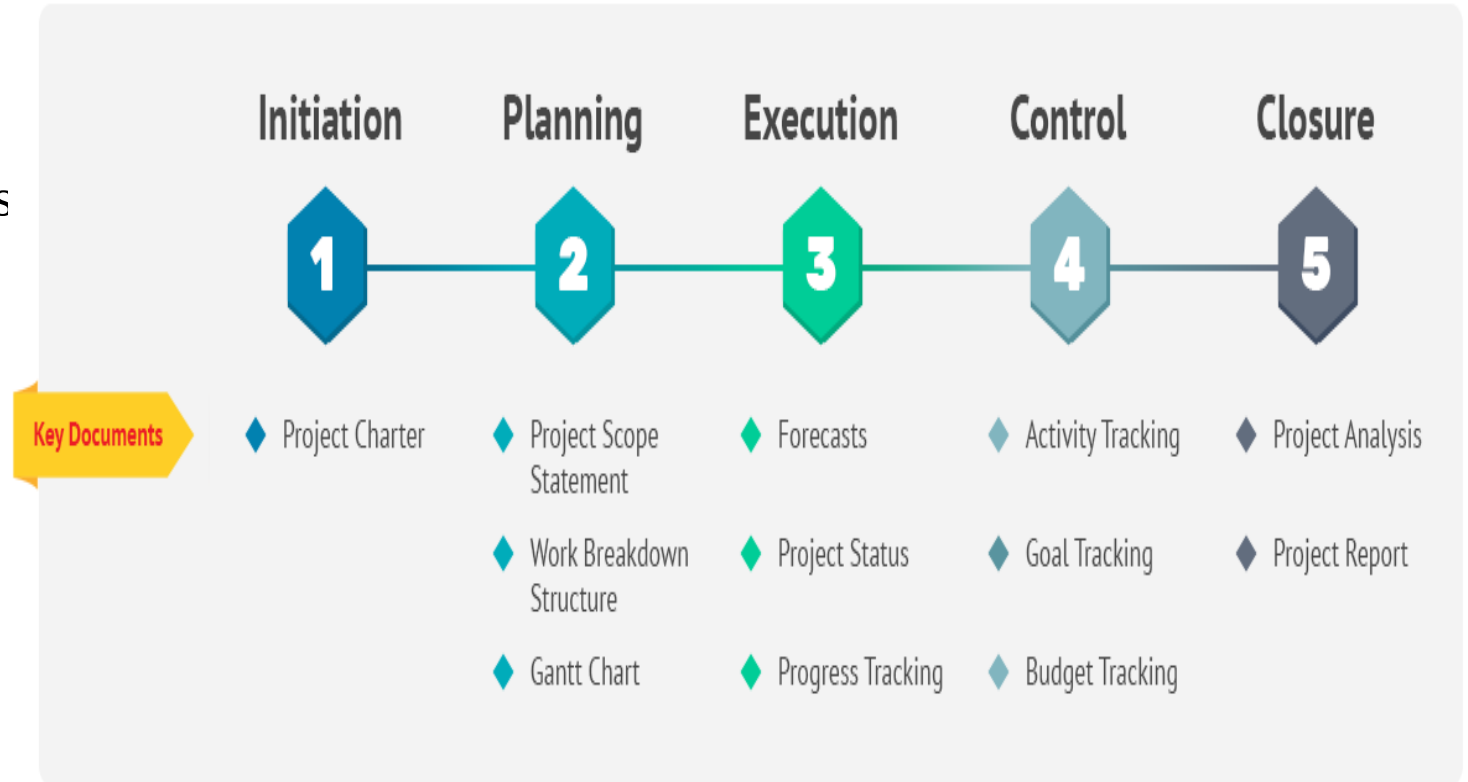
- A project organization is one, in which a project structure is created as a separate unit or division within a permanent functional structure.
- Under Project organization a team of specialists and workers is drawn from various functional structure of the organization to work on a project.
- It also have limitation :
 - a) Accentuated problems of co-ordination
 - b) Unclearly defined relationship
 - c) Feeling of insecurity among personnel



Project Cycle

Project Cycle

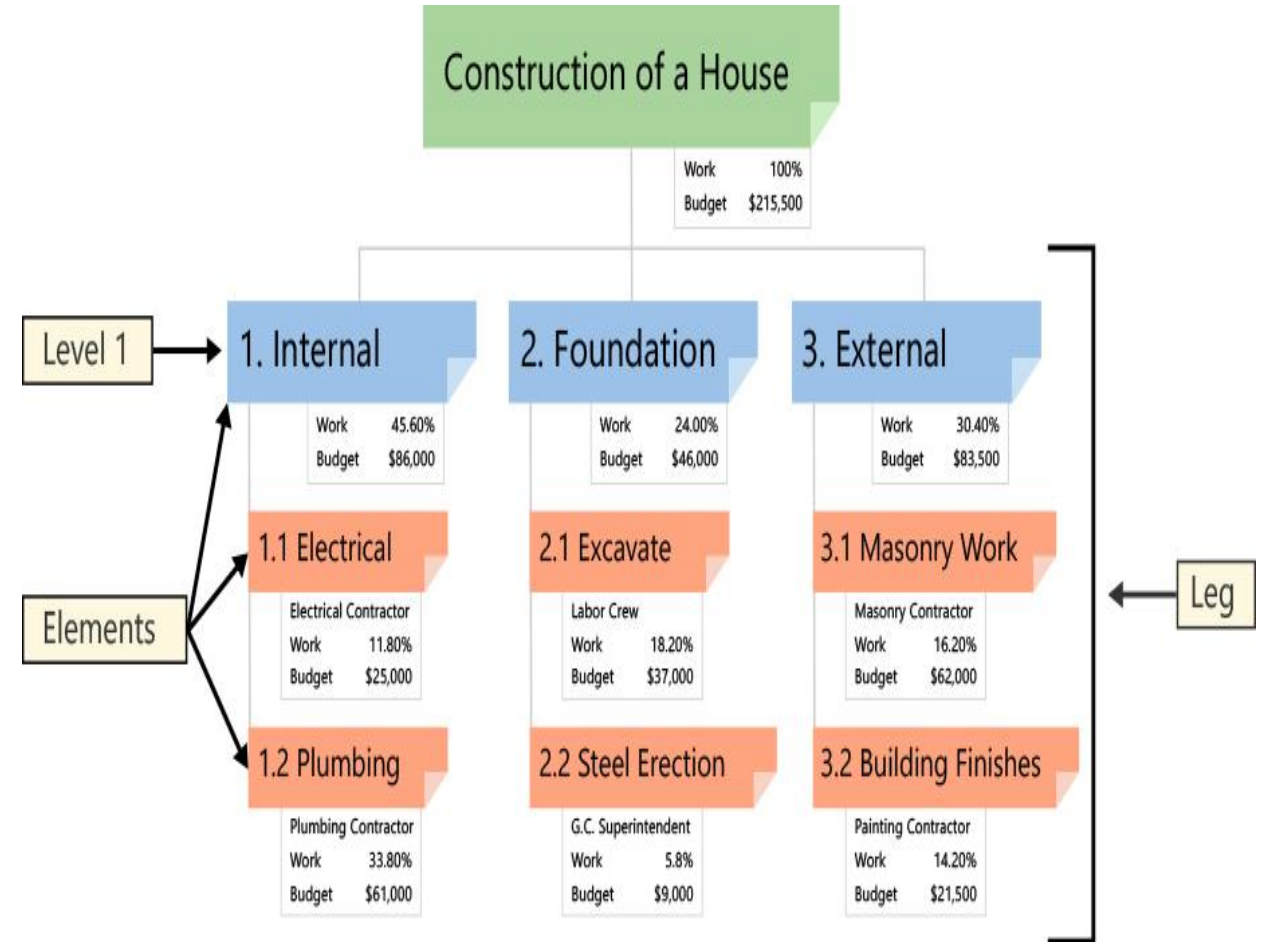
- The Project cycle is refers to the five-step process that is followed by nearly all project manager when moving though stages of project completion
- The project cycle is the standard process by which team achieve project success.
- The project phase involved:
 - a) The conceptualization phase.
 - b) The planning phase
 - c) The execution phase
 - d) The control phase
 - e) The termination phase



Work Breakdown Structure

Work Breakdown Structure

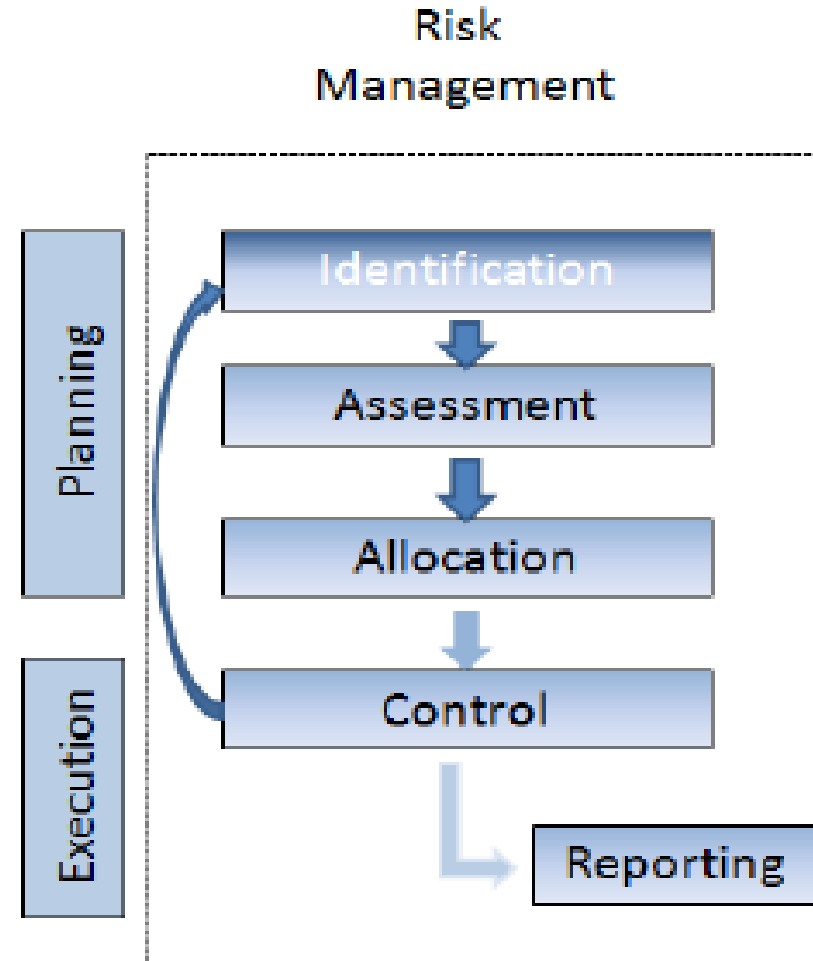
- A Work Breakdown Structure (WBS) is a deliverable-oriented hierarchical decomposition of the work to be executed by the project team to accomplish the project objectives and create the required deliverables. A WBS is the cornerstone of effective project planning, execution, controlling, monitoring, and reporting. All the work contained within the WBS is to be identified, estimated, scheduled, and budgeted.



Risk Management

Risk Management

- Risk management can mean different things on different types of projects. On large-scale projects, risk management strategies might include extensive detailed planning for each risk to ensure mitigation strategies are in place if issues arise. For smaller projects, risk management might mean a simple, prioritized list of high, medium and low priority risks.



Key Learning

To explore the latest concepts and techniques of project management.

- To increase value/contribution to the organization. To prove yourself skilful in managing projects.
- To learn a new thought process that helps organized thinking and structured approach.
- To acquire a professional degree/ recognition and increase job prospects.
- Endless possibilities and benefits

*Children's Human Rights - An
Interdisciplinary Introduction
University of Geneva
Course Hours: 9 hours.*

Children's Right

- Children's rights are the Human rights of children with particular attention to the rights of special protection and care afforded to minors. The CONVENTION ON THE RIGHTS OF THE CHILD (CRC) of 1989 defines a child as any human person who has not reached the age of eighteen years.
- Children and young people have the same general human rights as adults and also specific rights that recognize their special needs. Children are neither the property of their parents nor are they helpless objects of charity. They are human beings and are the subject of their own rights.
- The Convention on the Rights of the Child sets out the rights that must be realized for children to develop to their full potential.

Children's
Parliament

***"It's one of your
rights to know
your rights!"***

Report on the Children's Parliament
consultation on the Progressing Children's
Rights in Scotland Action Plan 2018-2021
January 2019



Major Elements

Major elements are;

- Right to association with both Parents
- Human identity as well as the basic needs for physical fitness
- Food and Health care
- Universal state-paid Education
- Freedom from all type of discrimination

• ***The United Nations Convention*** •

- The United Nations Convention On The Rights Of The Child A Convention is an agreement between countries to obey the same law. That means that our government has to make sure that every child has their rights respected.
- The Convention offers a vision of the child as an individual and as a member of a family and community, with rights and responsibilities appropriate to his or her age and stage of development. By recognizing children's rights in this way, the Convention firmly sets the focus on the whole child.
- The Convention recognizes the fundamental human dignity of all children and the urgency of ensuring their well-being and development. It makes clear the idea that a basic quality of life should be the right of all children, rather than a privilege enjoyed by a few.
- The Convention on the Rights of the Child is the first human rights treaty that grants a role in its implementation to a specialized United Nations agency – UNICEF. Under the Convention, UNICEF is entitled to be present when the Committee reviews implementation of the Convention in a given country. UNICEF can be invited to provide expert advice and to submit reports. The Committee can also require the State to turn to UNICEF for technical advice or assistance.

Article for Children's Right

- Article 1: Every child has the following right without distinction of any kind such as race, colour, sex, language, political or other opinion, origin or economic position
- Article 2: Every child has special protection, opportunities and services that allow his physical, mental, moral, spiritual, and social growth in a healthy way and in condition of freedom and dignity
- Article 3: from his birth, every child has the right to a name and nationality
- Article 4: Every child has the right to enjoy the benefits of social security to grow up in good health. For this purpose he and his mother will have special care both prenatal and postnatal. Every child has the right to adequate nutrition, housing recreation and adequate medical service.
- Article 7: Every child has the right to received free public education that allows him/her to develop his abilities, individual judgement and his/her sense of moral and social responsibilities and to become an useful member of society.
- Article 9: Every child has to be protect from all forms of neglect, cruelty and exploitation.
- Article 10: Every child should be fully prepared to live an individual life in society.

Key Learning

- » History about Child Protection Act
- » Many Laws related to Child Protection Act
- » How Non-governmental organisation (NGOs) work for their Rights



Thank You