



Study Analysis (Health and Nutrition)

Submitted by- Rinku Singh (MBA RM - 06)

Mentor:- Dr. Sazzad Pawez



INTRODUCTION

Health
Health is a fundamental human right. The achievement of highest possible level of health is the most important world wide social goal. Health is important component of life healthy person is a physically, mentally and socially well-being. A community is healthy where disease and death rate is low. Health is mainly depend on good nutrition food.

Nutrition
Nutrition is defined as the processes by which an animal or plant takes in and utilises food substances. The science of food and its relationship to health. The nutrient or food factor is use for specific dietary consistent such as proteins, vitamin and minerals. Dietetics is the practical application of the principles of nutrition; it includes planning of meals for the well and the sick. It is concerned primarily with the part played by nutrients in body growth, development.”

OBJECTIVE

- To study pregnant women status
- To study lactating women status
- To study complementary children status

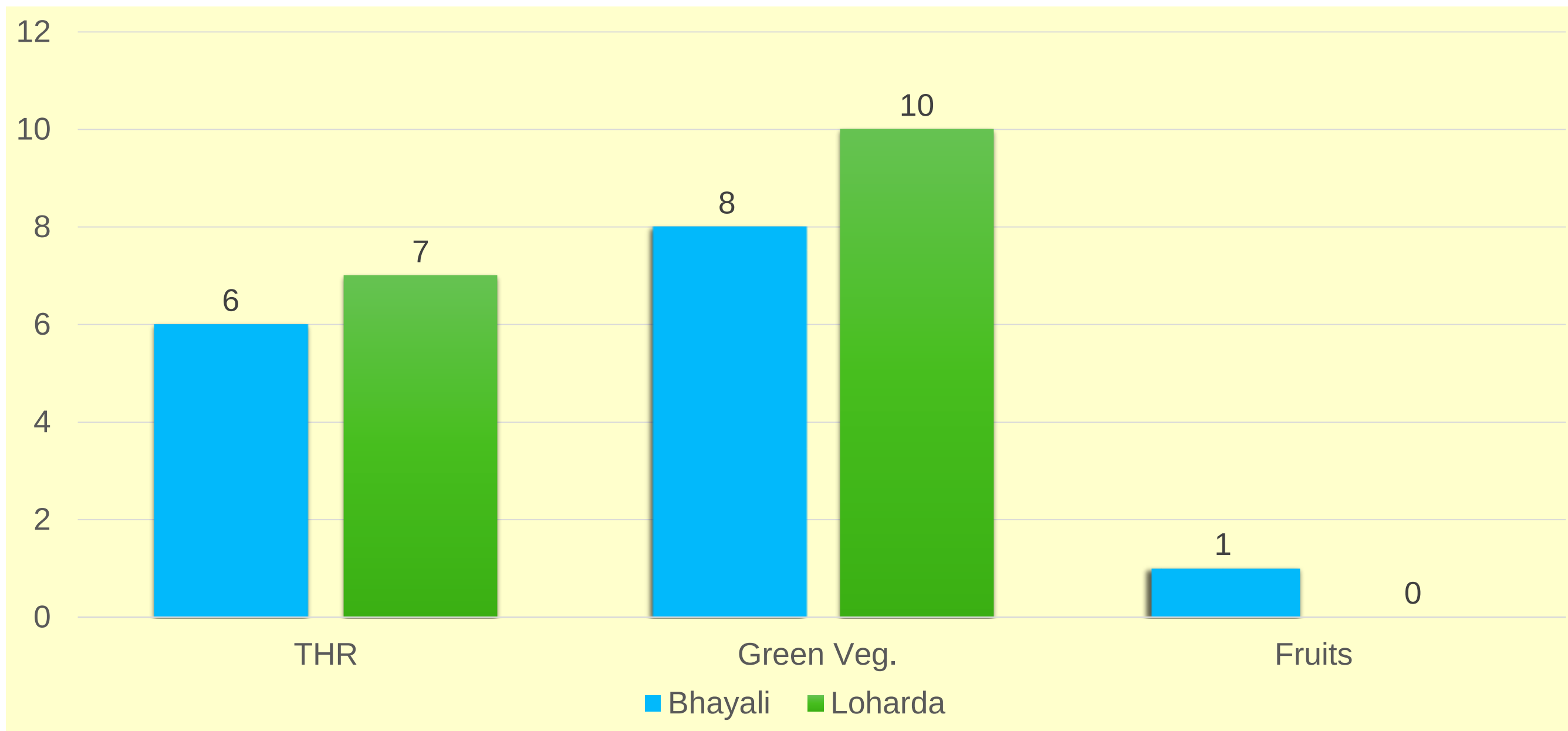
MATHODOLOGY

- Area of study: rural (bhayli village) and semi-urban(loharda)
 - Research design: collecting information about respondents'views and ideas
 - Tools: semi structured questionnaire
 - Method of data collection-
 - Key in-depth interview (semi-structured)
- Individual key in-depth interview: -Both primary and secondary data have been collected and used in the study. Primary data was collected from the health & nutrition beneficiaries through interview and documents of the KPS federation. It helps to gather appropriate information directly from the respondent and the validity of primary data is maximum. Primary data was collected through interview using interviews schedules. Secondary data was collected through consultation and KPS federation records in order to develop the theoretical base of the study and also helps in to valid the primary data.

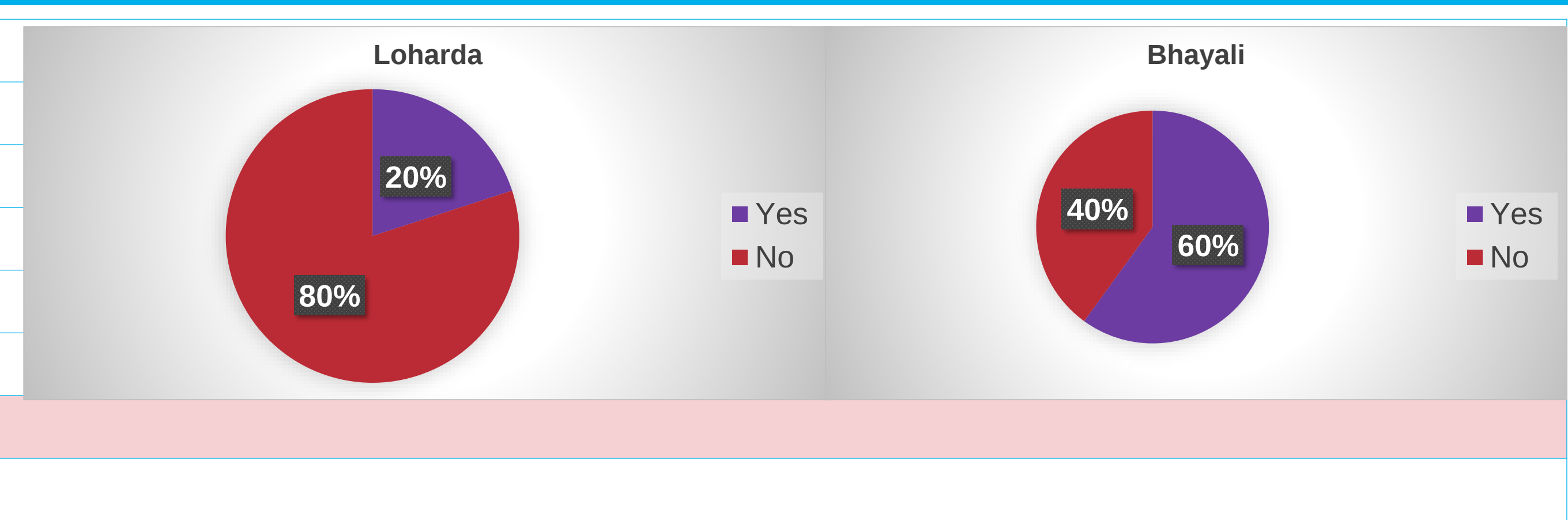
OBSERVATION

field observation:
in Bhayli village women's is regularly do they work for earn money, there women is very hard working, Men's not interesting doing work they are lazy.
The SHG Sankul meeting that was held in the field was very well done.
The people of Bhayli village did not work in the village where the work was being done by water shade by KPS, people from other villages came and worked here.
There is amass wedding.
There is poverty.
The people of that village is dependent on agriculture.
Children learn many activities in Anganwadi.
The field worker of the federation of SPS are very honest to their work

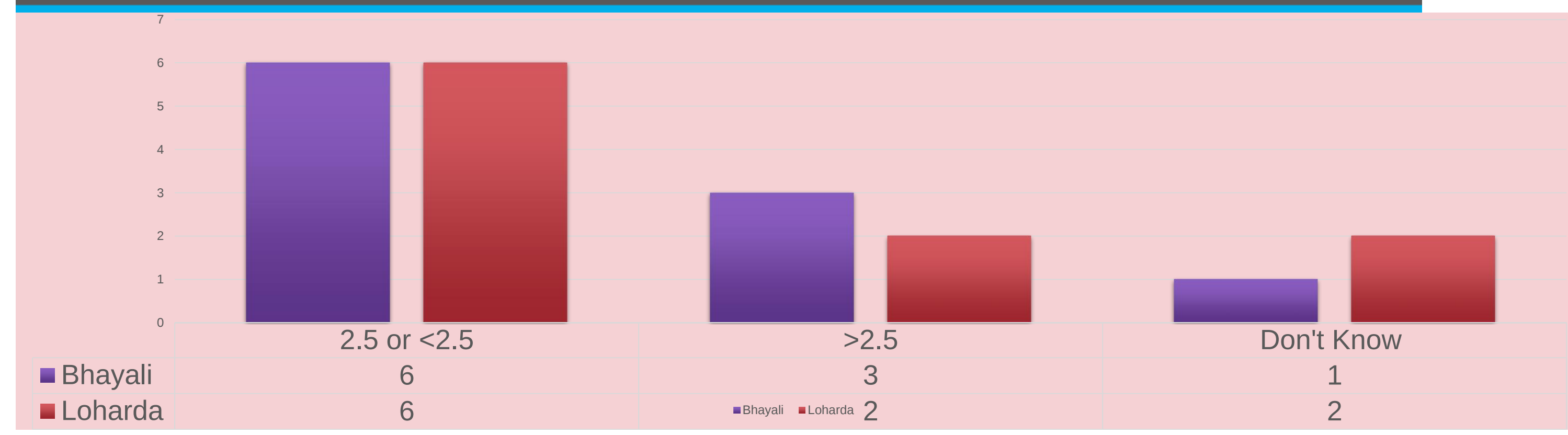
RESPONDENT PREGNANT WOMEN OF FOOD STATUS



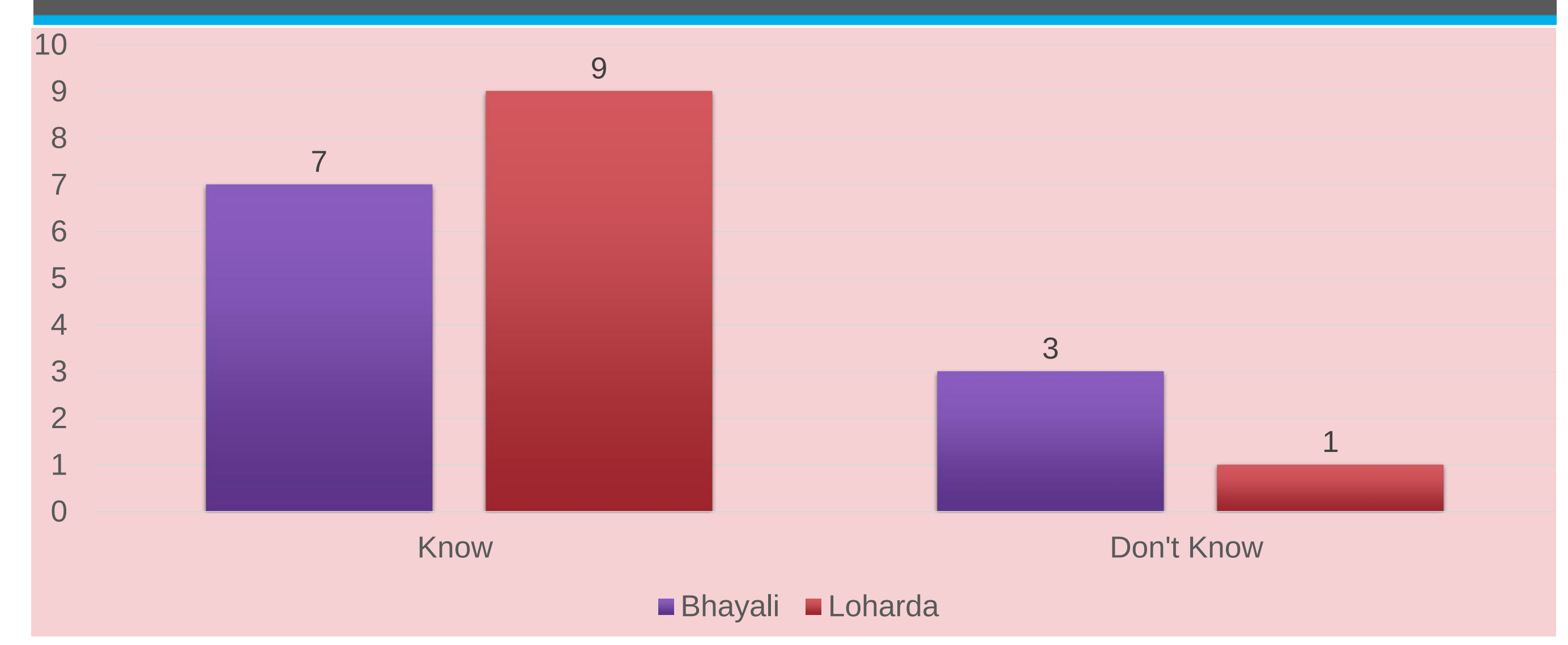
RESPONDENT PREGNANT WOMEN(KNOWING THR MAKING METHOD)



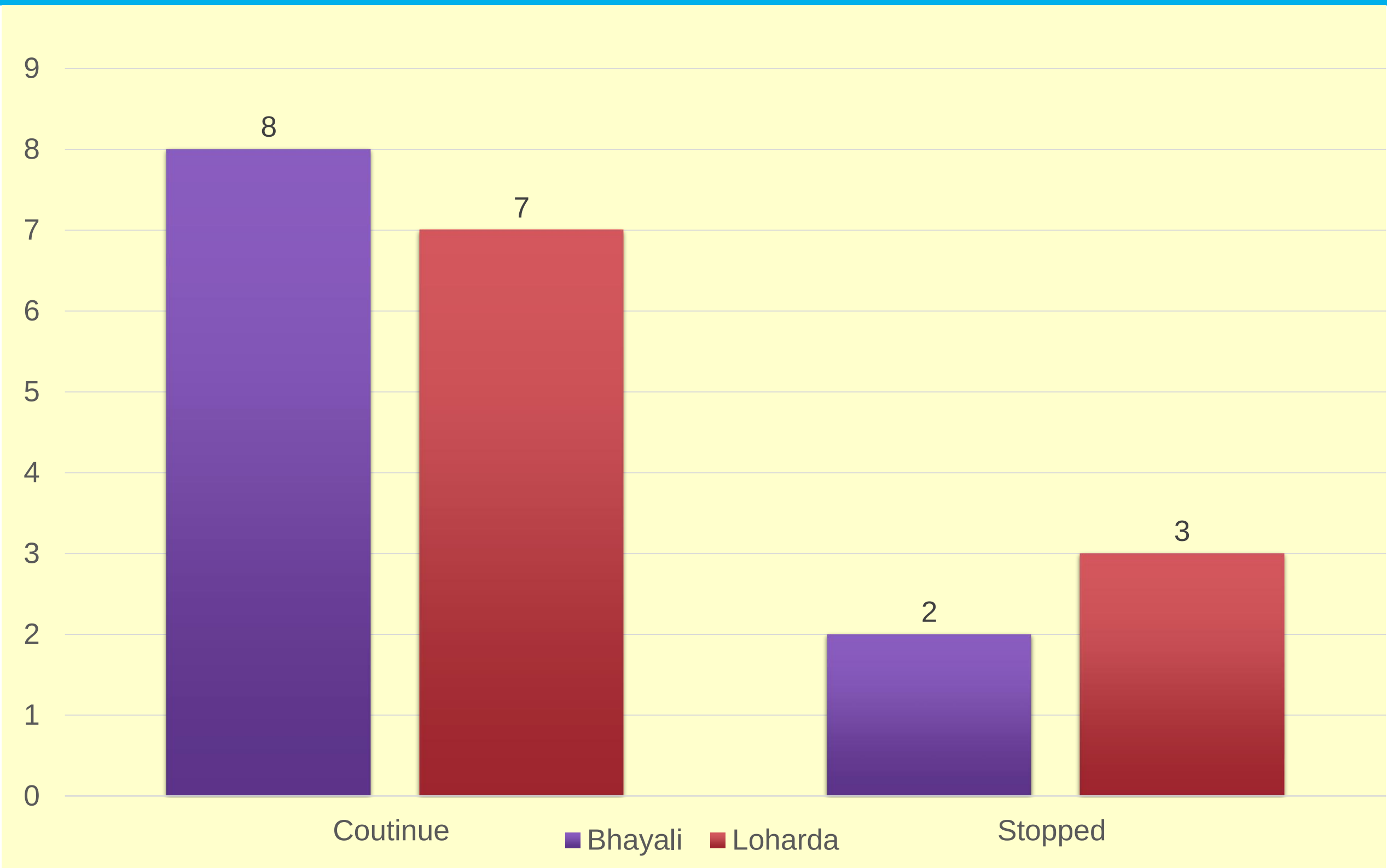
RESPONDENT LACTATING WOMEN (BABY WEIGHT)



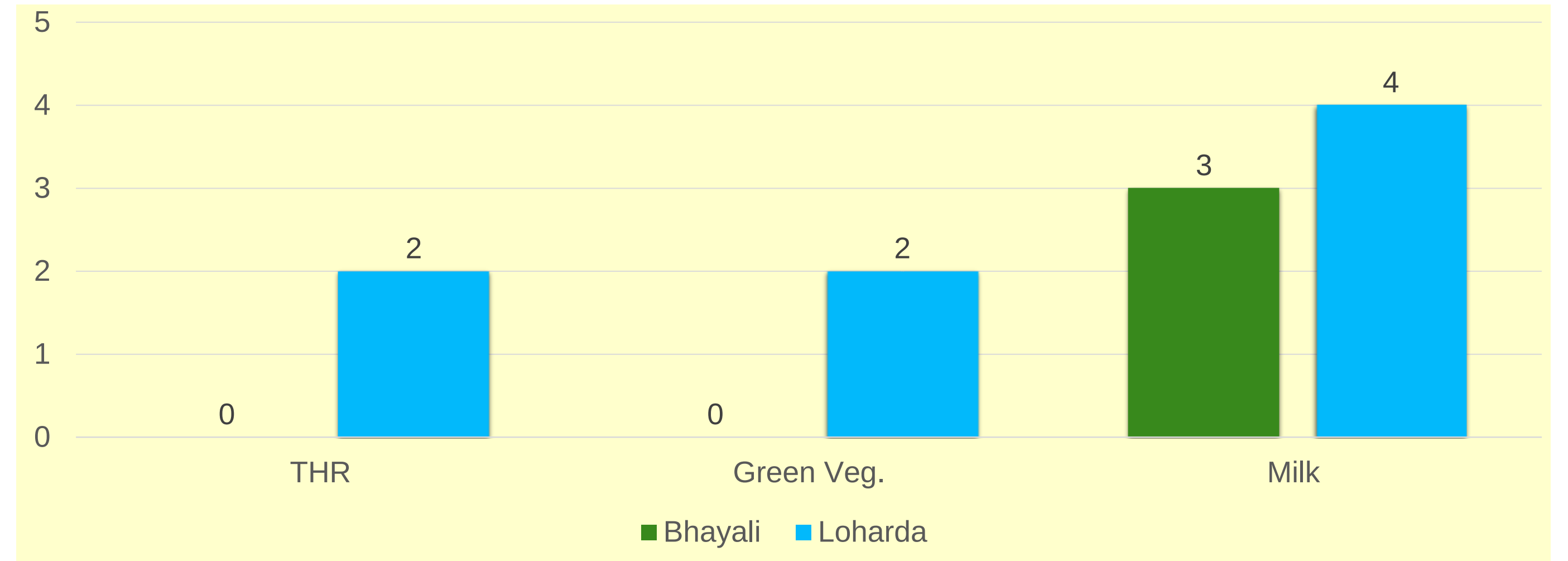
RESPONDENT LACTATING WOMEN (VACCINATION AFTER DELEIVERY)



RESPONDENT COMPLEMENTARY CHILDREN'S MOTHER (CURRENT STATUS OF BREAST FEEDING)



RESPONDENT COMPLEMENTRY CHILDREN'S MOTHER (SUPPLEMENT FOOD)



MAJOR FINDINGS

- 60% Women consuming THR food and 40% not .
- Only 40% respondent knowing about making THR food making method and 60% don't know.
- Around 60% children's weight below 2.5 kg and around 25% children's weight above 2.5 kg.
- 80% respondent know about vaccination is necessary after delivery and 20% respondent don't know.
- 75% respondent continue breast feeding and 25% stopped.
- Only 20% children consuming supplement food.

RECOMMENDATION

- Adolescent girl group meeting in we should give duty and responsibility to the group member.
- Adolescent girl for provided of gender sensitive and social awareness to know his interest level
- For lactating women we/they provide home based work.
- For anganwadi workers we should give instruction how much quantity provided to pregnant women, lactating women and 6 month to 3years children.
- Awareness of family planning
- Weight awareness of pregnant women
- For anganwadi workers they give information and education 3 to 6 years children all types information-
- Like:- fruits name, animal name, leaders name, flowers name etc.
- In the anganwadi playing games and activities in weekly based.
- ASHA workers visit.

CONCLUSION

The federation of SPS change the whole scenario of the village. The program implemented by the organization is successful. This is helpful in making people self dependent and improve their living standard. After implementing this program provide health facility to the every people of the village and decrease level of malnutrition. This program is working for the welfare of the old people by linking to the various government schemes. This federation is connecting people to the nutrition rehabilitation centre (NRC) in this centre nutritious food is provided to the malnutralious children. All over result show that the federation is doing work well.