

INTERNSHIP REPORT

ON

IIHMR UNiversity JAIPUR

Submitted to



The IIHMR University, Jaipur

for the partial fulfillment for the award of the degree of

Master of Business Administration (MBA) in

Hospital and Health Management

by

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Under the Supervision and Guidance of

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INTRODUCTION

This report summarizes my three-month internship at the Indian Institute of Health Management Research (IIHMR) University, Jaipur. The internship served as an opportunity to bridge theoretical learning with practical exposure in the field of public health research, healthcare management, and digital health initiatives. It offered immersive experience across research design, health data analysis, documentation, and institutional operations, aligned with the core domains of hospital and health systems management.

OBJECTIVES OF THE INTERNSHIP

- To understand the functioning of a leading public health and health systems research institution.
- To participate in ongoing research and policy projects related to health systems, digital health, and management.
- To support data collection, cleaning, and analysis processes using relevant statistical tools.
- To gain exposure to project documentation, stakeholder communication, and academic writing.
- To strengthen understanding of healthcare program implementation, monitoring, and evaluation frameworks.

ORGANIZATIONAL PROFILE

IIHMR University, Jaipur is a premier institution dedicated to research and postgraduate education in health management and policy. Established in 1984, it has emerged as a hub for training, research, and consultancy in the areas of public health, hospital management, health economics, and digital health systems. The university is recognized by UGC and accredited by NAAC, and has collaborations with global institutions like Johns Hopkins Bloomberg School of Public Health.

Vision:

To improve healthcare through better management, research, and capacity-building.

Mission:

To create a new generation of health professionals by offering advanced education, cutting-edge research, and capacity-building in healthcare management and public health.

KEY DEPARTMENTS AT IIHMR

- School of Public Health
- School of Pharmaceutical Management
- School of Development Studies
- Center for Gender Studies
- Center for Health Economics and Financing

KEY ACTIVITIES AND PROJECTS UNDERTAKEN

During the internship, I was involved in multiple academic and research activities, including:

- Supporting a study on **Digital Health Interventions in Maternal and Child Health** by assisting in literature reviews and data interpretation.
- Conducting **secondary data analysis** using tools such as SPSS and Excel, particularly drawing insights from NFHS-5 datasets.
- Preparing summary reports and thematic syntheses from over 30 peer-reviewed research papers on digital health and immunization.
- Contributing to the development of a **policy brief** based on findings from digital intervention research.
- Attending seminars, workshops, and presentations by public health experts and faculty.
- Supporting ongoing institutional research projects by assisting in documentation and stakeholder coordination.

LEARNINGS FROM THE INTERNSHIP

The internship at IIHMR University has been instrumental in shaping my understanding of public health systems and research practices. Key takeaways include:

- Gained first-hand experience in health research methodology, literature synthesis, and thematic analysis.
- Developed practical skills in data management, interpretation, and policy writing.
- Enhanced my understanding of health programs and digital health interventions in India.
- Strengthened my academic writing and documentation skills for research-based outputs.
- Learned the importance of evidence-based decision-making in health policy and planning.

CONCLUSION

This internship has been an enriching experience that complemented my academic curriculum and provided me with valuable skills and exposure. It deepened my interest in health systems research and digital health, and reaffirmed my commitment to contribute to healthcare innovation and evidence-based policy. The guidance from faculty and the opportunity to be part of live projects at IIHMR University has been truly transformative.