

TO STUDY ICU WORKFLOW AND IDENTIFY FACTORS CONTRIBUTING TO MARGINAL BED UTILIZATION FOR RECOMMENDING PROCESS IMPROVEMENTS.

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DESCRIPTION OF ORGANIZATION

Wockhardt Hospital, Mumbai Central is a multi-specialty tertiary care NABH-accredited hospital, known for advanced patient care, especially in cardiology, orthopaedics, neurosciences, and critical care. It plays a key role in delivering affordable, quality healthcare in Mumbai city.

VISION

To be a leading healthcare institution in the region, recognized for its commitment to quality, patient-centric care, and innovative medical practices.

MISSION

To make "Life Win" by providing advanced healthcare through cutting-edge technology and clinical expertise.

ORGANIZATION STRUCTURE

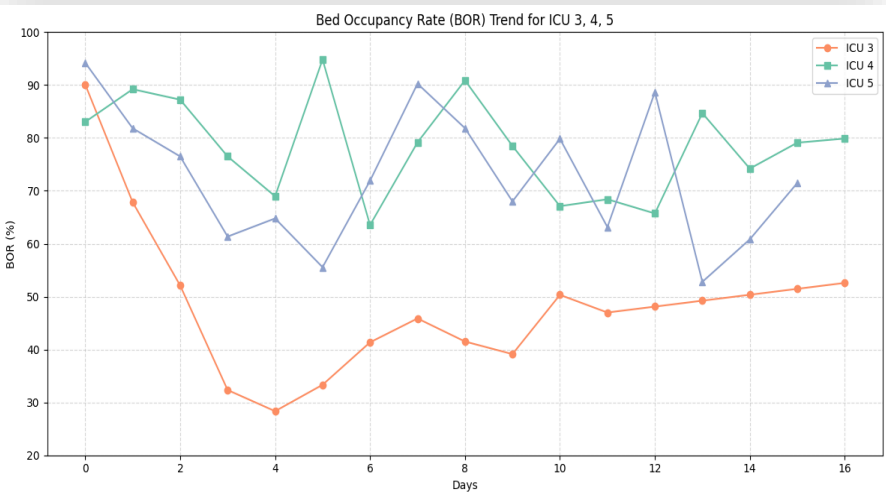
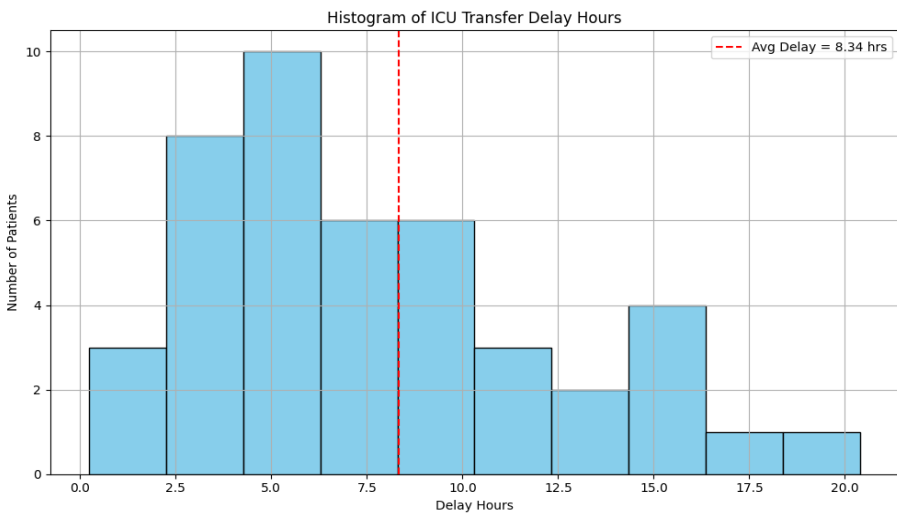


OBJECTIVE

- To understand the patient flow and operational workflow of the ICU — from admission to discharge
- To identify delays and inefficiencies in the transfer process of patients from ICU to ward
- To identify gaps in interdepartmental communication and coordination impacting ICU bed turnover.

METHODOLOGY

An Observational and Audit-Based Study Using Qualitative and Quantitative data, to Evaluate ICU Transfer delay hours, Bed Occupancy Rate and Overall ICU Admission Rate



Theoretical Understanding vs Practical Exposure

| Aspect                | Theoretical Understanding                                   | Practical Exposure                                                                                      |
|-----------------------|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| ICU Bed Utilization   | Seen as a function of clinical need and severity of illness | Also driven by administrative delays, discharge clearance, and ward availability                        |
| Patient Transfer      | Assumed to be systematic and timely once patient is stable  | Often delayed due to communication gaps, pending paperwork, or staff shortage                           |
| Workflow Coordination | Believed to be guided by SOPs and protocols                 | In reality, workflows are often informal, with coordination relying heavily on interpersonal follow-ups |

SWOT

| STRENGTHS                                                                                                                                                                                                                                                                                                                          | WEAKNESSES                                                                                                                                                                                                                                                           |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"><li>NABH &amp; JCI-accredited tertiary care hospital with strong clinical governance</li><li>Central location with good patient inflow and access to multi-specialty care.</li><li>Experienced critical care team with 24x7 intensivist coverage.</li><li>Strong infection control and</li></ul> | <ul style="list-style-type: none"><li>Lack of real-time dashboards for ICU occupancy and discharge readiness.</li><li>Dependency on manual processes and verbal communication for bed management.</li><li>Limited digital integration between clinical and</li></ul> |
| OPPORTUNITIES                                                                                                                                                                                                                                                                                                                      | THREATS                                                                                                                                                                                                                                                              |
| <ul style="list-style-type: none"><li>Capability to Expand</li><li>Nearby Catchment Monopoly</li><li>Use ICU data for predictive analytics to forecast bed needs</li></ul>                                                                                                                                                         | <ul style="list-style-type: none"><li>Rise in Competitors</li><li>Perception of high cost</li><li>Risk of delayed admission for critical patients due to occupied ICU beds by stable patients</li></ul>                                                              |

TOWS

|           | Opportunities                                                                                                                                                                                                                  | Threats                                                                                                                                                                                                                                                 |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Strengths | <p><b>SO Strategies)</b></p> <ul style="list-style-type: none"><li>Use strong ICU team + analytics to forecast and expand capacity</li><li>Leverage NABH /JCI reputation to tap nearby catchment areas</li></ul>               | <p><b>ST Strategies)</b></p> <ul style="list-style-type: none"><li>Use 24/7 intensivist coverage to reduce delays for critical patients</li><li>Promote infection control &amp; location advantage to counter cost perception and competition</li></ul> |
| Weakness  | <p><b>WO Strategies)</b></p> <ul style="list-style-type: none"><li>Integrate real-time dashboards using existing data to support expansion</li><li>Shift from manual to predictive analytics to manage ICU readiness</li></ul> | <p><b>WT Strategies)</b></p> <ul style="list-style-type: none"><li>Digitally streamline ICU bed management to avoid delays</li><li>Minimize verbal miscommunication to lower risk of misallocated ICU stays</li></ul>                                   |

Key learnings

- Gained in-depth understanding of ICU workflows — from patient admission to discharge
- Realized the importance of timely patient transfer in optimizing bed availability and care quality.
- Improved skills in data analysis, documentation review, and SOP evaluation.
- Understood the significance of HIS and digital tools in tracking patient movement and occupancy.
- Gained confidence in presenting findings professionally and contributing meaningfully to process improvement.

Usefulness

- Internship experience improved my skills in healthcare operations, hospital workflow analysis, and practical decision-making.
- Understood the gap between clinical stability and administrative discharge delays.
- Gained hands-on exposure to real-time ICU operations and patient movement challenges.

Challenges Faced During Internship

- Limited access to real-time ICU data due to confidentiality and system restrictions.
- Difficulty in coordinating with multiple departments (ICU, wards, operations, billing) for information collection.
- Reluctance from some staff to share details or discuss operational issues openly.

Suggestions

- Implement a Real-Time ICU Bed Monitoring Dashboard
- Appoint a Patient Transfer Coordinator
- Use Colour-Coding in HIS for Transfer-Ready Patients
- Conduct Regular ICU Utilisation Audits