SUMMER INTERNSHIP REPORT

at

ALLIANCE HIV/ AIIDS INDIA

From 12 May 2025 to 11 July 2025

A REPORT BY:

Tushar Chandrakar

Master of Business Administration

Hospital and Health Management

IIHMR-U/01/2024-26/2106

2024-2026

Under Mentorship of

Dr. Vidya Bhushan Tripathi

Assistant Professor

IIHMR University, Jaipur

Alliance India

28th July 2025

To whomsoever it may concern

This is to certify that **Mr. Tushar Chandrakar** has undergone her internship with India HIV/AIDS Alliance, New Delhi from 12th May 2025 to 11th July 2025. Mr. Tushar Chandrakar was given exposure to all the major projects undertaken by Alliance India. He was encouraged to study various guidelines and research publications developed by NACO and WHO, which helped him gain a comprehensive understanding of the HIV epidemic, including areas such as Care, Support & Treatment, HIV–TB co-infection, and other aspects concerning People Living with HIV (PLHIVs).

He actively participated in several training programs, workshops, and seminars organized by Alliance India during his internship. As part of various projects, he conducted field visits to AIIMS, where he engaged with the transgender community receiving services under Gender Affirmative Care, as well as visited the Trauma Care Centre and the Anti-Retroviral Treatment (ART) Centre, where people living with HIV (PLHIV) access treatment and counselling services. Additionally, he visited Mehrauli TB Hospital and Safdarjung Hospital.

During his tenure, he was also assigned to work on a concept note focused on the HIV–TB tracker under the Vihaan Care & Support Program. Besides, he supported the Vihaan program team in reviewing articles and compiling the list of reasons for lost to follow-up cases among people living with HIV (PLHIV).

We wish Tushar success in all his future endeavours.

Thanking you

Your Sincerely
For India HIV/AIDS Alliance

India HIV/AIDS Alliance New Delhi

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IIHMR UNIVERSITY

IIHMR University Faculty Mentor Approval

This is to certify that **Mr. Tushar Chandrakar** of academic year 2024-26 **Institute of Health Management Research** has prepared a poster with respect to his summer internship held during May-July 2025.

He has carried out work as per the guidelines. His poster is approved for presentation.

Date: 29/07/2025

29/07/2025

Dr. Vidya Bhushan Tripathi

Assistant Professor

VIHAAN CARE AND SUPPORT CENTRE (SAMAGRA)

NAME- TUSHAR CHANDRAKAR
ROLL NO.-2106

UNIVERSITY MENTOR- Dr. VIDYA BHUSHAN TRIPATHI
ORGANIZATION MENTOR- ANINDITA MAITY
(Senior programme officer)

ABOUT THE ORGANIZATION

Alliance India, established in 1999 as a non-governmental organization dedicated to advancing the HIV/AIDS response in India. In collaboration with the Government of India, civil society, and HIV communities.
The organization promotes well-being, equality and upholds the dignity of key population groups including People Living With HI/AIDS.
Focus area of Alliance-:
I.HIV prevention and treatment
II.Sexual and reproductive health
III.Harm reduction for key population
IV.Advocacy and policy making.

Ongoing projects in Alliance India

1.Vihaan Care and Support Centre
2.Project Sahas
3.Project Spectrum
4.KP Grants

PLHIV MSM TG FSW IDU YOUTH

- Live impact 17,78,206
- Enabled to Excess welfare schemes 4,42,363
- People linked to SRH & STI services 19,319
- Brought back to ART treatment 8,16,887
- Family members tested for HIV 95,758

VISSION OF ALLIANCE

❑A world in which no one dies of AIDS.

MISSION OF ALLIANCE

❑To support community action to prevent HIV infection, meet the challenges of AIDS, and build healthier communities

Major Components of Vihaan

Key activities of care and support center

- ❑ Providing services to priority clients. (To be initiated, newly initiated clients and LFU)
- ❑Community based screening
- ❑ART refilling at CSC
- ❑Linkages to social schemes and entitlements of priority clients.
- ❑TB screening of priority list.
- ❑Family member screening/testing for HIV.
- ❑Services to TB-HIV comorbidity clients, clients on 2nd line & 3rd line ART.
- ❑Community system strengthening
- ❑Special focus on registered adolescents, KPs and children in CSC.

METHODOLOGY

- ❑ Data analysis for the tracker sheet given by the organization and listing the reasons for LFU ()cases based on data and literature.
- ❑ Literature review for the studying of guidelines and reports of Sankalak, CSC and in concept note preparation.
- ❑ Interview method for the feedback taken by the patients under the Project Sahash.
- ❑ Report and notes preparation for the learning notes on Samagrah session and the preparation of internship presentation (PPT).
- ❑ Capacity building in the tanning and orientation program of the Project Spectrum in which 4 states team has taken part.

PROJECT-1

VIHAAN CARE AND SUPPORT CENTRE (PHASE-V)

Since 2013Alliance India, with support of the Global Fund to Fight AIDS, Malaria and Tuberculosis (The Global Fund), is implementing a Vihaan Care and Support Program along with partners.
Currently 72 Care & Support Centers (CSCs) are linked with functional Anti-Retroviral therapy centers (ARTC) serving all districts in 11 states/UTs across India providing differentiated care and support services to more than 1.7 million People Living with HIV (PLHIV).

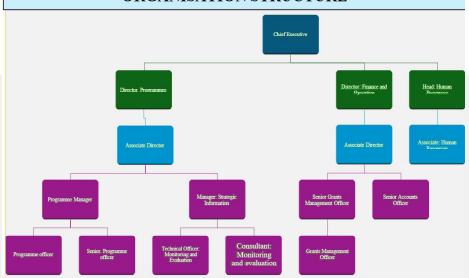
Components of Samagra (Vihaan CSC)

- •Care And Support Centre
- •EVTHS(Elimination of Vertical Transmission of HIV and Syphilis)
- •Prison and OCS(Other Close Settings)
- •Netreach
- •Red Ribbon
- •Community System Strengthening

OBJECTIVE OF THE PROGRAM

- To reach key populations on virtual platforms and establishing linkage to care and treatment
- To improve retention in HIV care by addressing medical, social, behavioral and structural barriers
- To reduce linkage loss from testing to treatment using peer navigators in 100 high linkage loss facilities
- To strengthen private sector engagement in HIV care and provide mentoring support to poor performing ART centers
- To incorporate community monitoring and strengthen Community led response within NACP

ORGANISATION STRUCTURE



Theoretical learnings	Practical learnings
How the training is given to the community champions and how to address the challenges faced by them.	How to collaborate with different donors or partners for the development of community people.
Learned about different programs in alliance and their community engagement.	Knowledge about who funding of global funds and about Global funds
How community strengthening is important and continuous monitoring is important.	Conducting workshops online or offline is important for CBOs for their skill development.

CHALLENGES FACED DURING INTERNSHIP

- ➢Lack of field visits during the internship period, so less knowledge about the community engagement.
- ➢Difficulty in communicating with the community people.
- ➢Faced difficulty in understanding the data shared by the community champions.
- ➢Lack of time.

Gaps	Suggestions
• Gaps on data given by the CSC (Care Support Centre) ground staff. • Limited community engagement, insufficient tanning and lack of resources. • Lack of human power in the program.	• Give them vocational trainings for skill development and knowledge. • To make Global Fund Awareness for Providing comprehensive training and materials to understand and leverage Global Fund resources effectively. • To engage more people for work in the field and allocate funds for them.
• Advocacy of the community champions about the HIV/AIDS and community. • Hesitation of people to become a leader or State representative.	• Implement ongoing leadership and project management training to strengthen youth leadership skills and knowledge about the HIV/AIDS.
• Work on the communication of community champions to educate the people who are PLHIV(People Living With HIV) or new HIV patient.	• Give them training program of communication skills so that they can explain the patient in easy and proper manner as patients are not aware of stigmas related to HIV .

SWOT ANALYSIS

STRENGTH

- ➢ Strong network of Care & Support Centers.
- ➢ Experienced and dedicated staff.
- ➢ Comprehensive support services.

WEAKNESS

- ➢ Stigma and discrimination barriers.
- ➢ Potential for service gaps in remote areas.
- ➢ Dependency on external funding.

THREATS

- ➢ Policy changes affecting HIV programs.
- ➢ Social stigma and discrimination impacting out reach
- ➢ Funding cuts or shifts

OPPORTUNITY

- ➢ Integration with other health services.
- ➢ Increased awareness and advocacy.
- ➢ Expansion to underserved regions.

PROJECT-2

PROJECT- SAHAS

"Sahas it is derived word from Hindi which means Courage".
The project is started in2023, and funded by the Azim Premji. The project spam is of three years (2023-2026). This program focuses on Holistic Development of Transgenders community in India. The project runs in 9 states across the India by the Alliance India

The focus area of program-:

1.Human rights
2.Social welfare and Entitlement
3.Gender based violence
4.Healthcare including Gender Affirmation Care (GAC)
5.Community system strengthening

Services provided under this program-:

- •Health-: HIV/STI?TB screening, non-communicable diseases, mental health counseling.
- •Social entitlement-: Transgender card, Transgender scholarship, Ration card and KYC updates.
- •Empowerment-: Skill building training, vocational training, placement jobs, advocacy skill training.
- •Supporting transgender communities and educate for policies that reflects their rights and dignity.
- •To improve the leadership of trans-led organization.

Usefulness	Learnings
❑ Exposure to the work culture and to work with different community people with the professionals. ❑ Get to know about the community people and their issues and challenges related work and life.	❑ Get to know about the concept note writing by using different articles and reports. ❑ Communicate with the community people and how to pronounce their gender.
❑ Personal skill development-: Enhancing the Excell, Presentation, Communication and group and team work.	❑ Learn the difference between Sex, Sexuality and Gender. ❑ Learned about the submission of work in the given deadline and about the discipline in the office. ❑ Functioning of CSC(Care and support center), ART center(Antiretroviral therapy Center).
❑Enhanced the Confidence, Adaptability, Flexibility and Behavior in the professional environment of the office.	❑ Learned about addressing the community level challenges and encouraging and tackling the discrimination and stigma of PLHIV (People Living With HIV).

Compiled Report

Name of the Organisation: Alliance India

Area/ Department/ Project of Summer Internship Program: Monitoring and evaluation

Name of the Student: Tushar Chandrakar

Roll no: 2106 **Stream: MBA HM (29)**

Activity Done	• Studied literature/guidelines on about program VIHAAN. • As instructed, participated 2 days orientation training programme of project Spectrum, which is a newly introduced project in Alliance India. • Studied literature/ guidelines on about TB-HIV programme. Reviewed Sankalak Study of NACO- as per the suggestion. • Prepared a report of the training programme attended. • Started working on data of HIV-TB Tracker, shared by Head Care & Support for analysis. • Prepared a data- base on HIV donor Organization. • Studied literature/guidelines on OPERATIONAL GUIDELINES for Care and Support Centres by NACO. • Studied HIV basic PPT shared by the mentor in the organisation. • Studied about Sex, Sexuality and Gender PPT of Alliance India shared by mentor. • Prepared a concept note on HIV/TB Mortality as instructed by the head Care & Support. • Worked on a concept note on HIV/TB Mortality as instructed by the head Care & Support. • Orientation about Project SAHAS. • Onn field experience under project SAHAS with their ground staff. • Visited AIIMS Delhi Rajkumari OPD. • Visited AIIMS Delhi GAC (Gastroenterology and Clinical

	Nutrition) Burn and Plastic Department in Trauma Centre. • Visited Mehruli TB hospital Delhi. • Visited Safdarjung Hospital Delhi. • Taken Review of patients under Project SAHAS about health care delivery system, difficulty in day-to-day life and work space of people living with HIV(PLHIV), staff behaviour in hospital and about their follow up after surgery of Genital organs. • Studyed literature/ guidelines on about new CSC guidelines (Care and Support Centre) by NACO. • Prepared a list of Reason of LFU cases (Lost to follow up) in PLHIV (People living with HIV) by the reference of different articles. • Attended a session on program SAMAGRA by the mentor of the organization. • Attended a session on International Drug Abuse Day at Alliance. • Attended an orientation on project SAAHAS. • Prepared a learning note on samagra session as instructed by the mentor. • Attended a session on HIV and STI • Attended a session on Sex, Sexuality and Gender as suggested by the mentor. • Attend a session on program KP Grants (key population) as suggested by the mentor. • Attened a session of prison care and support as suggested by the mentor. • Attended a session of Chair Yoga in the organization. • Prepared a presentation on learning and work done in the organization during the internship period. • Presented the PPT in the organization as internship is completed.
Linking theory (Classroom learning) with practice at your organisation	• Linked with Demography as we have studied about population. • Link with the terms of Epidemiology as epidemic and, prevalence of disease.

	• Linked with Demography as we have studied about population. • Link with the terms of Epidemiology as epidemic and, prevalence of disease. • Linked with health policy and healthcare delivery system. • Linked with biostatistics as working in the data. • Learned about the research methodology subject. • Linked with the Excel Application and Power point Presentation subject. • Use of terms and concepts of epidemiology like mortality, incidence, prevalence, etc. • Linked with research methodology as working in concept note. • The field visit is linked with subject of health care delivery system as how we deliver the healthcare. • Related with Communication subject. • Linked with the terms of epidemiology such as true negative, true positive tests and other terms. • Related with the subject of Universal human values and ethics as how to behave and communicate with community people as they are very sensitive • Linked with Essentials of Hospital services. • Related with Communication subject. • Linked with demography as we get to know about the population study in HIV/TB and in visit. • Related with research methodology as worked in LFU cases in articles. • Epidemiology as understanding the disease follow up patients. • Program planning as understanding the implementation of the program. • Linked with strategic planning. • Linked with National health program. • Linked with the Human resource management as workforce is required to run the project or a program. • Program planning as understanding the implementation of the program.

	• It is linked with the Program planning as we discussed all the running programs in Alliance India. • Linkages with the healthcare delivery system. • Linked with the classes of power point presentation and communication subject.
Gaps identified on the working area.	• Gaps on data given by the CSC (Care Support Centre) ground staff. • Lack of knowledge to the patients about HIV and TB. • Lack of advocacy by the hospitals for community people and PLHIV people • Lack of support for PLHIV people in their working area and houses. • The gaps identified in the current working area are limited community engagement, insufficient tanning and lack of resources. • The gaps identified in the current working is of lack human power in the program. • Resources accessibility – changes need in accessing necessary support and resources. • Improve communication and advocacy.
Suggestions for improvement	• Proper counselling in easy way to the people. • Proper counselling in easy way to the people. • Training programme for the security staff in hospitals, how they should interact with community people. • Educate different organisation about the HIV stigma in their mind so that the discrimination with PLHIV can decrease. • Engaging them in more tanning program and enhancing community engagement and addressing resource constraints. • To increase the human power with in the program for the smoothening of the work. • Need to establish a centralized resources hub and resource mobilization.

	• Need to improve communication skill and advocacy skill for policy influence.
Key Learnings	• Get to know about the concept note writing by using different articles and reports. • Communicate with the community people and how to pronounce their gender. • Learn the difference between Sex, Sexuality and Gender. • Learned about the submission of work in the given deadline and about the discipline in the office. • Functioning of CSC (Care and support center), ART center (Antiretroviral therapy Center). • Learned about addressing the community level challenges and encouraging and tackling the discrimination and stigma of PLHIV (People Living With HIV).

Signature of the Student

Approved by the IIHMR

Reporting Format (Weekly)

Name of the Organisation: India HIV/AIDS Alliance

Area/ Department/ Project of Summer Internship Program: Monitoring and evaluation

Name of the Student: Tushar Chandrakar

Roll no: 2106 **Stream: HM 29**

Week no: 1 **From:13/05/2025 to 16/05/2025**

Activity Done	• No work has been assigned as of now. • Organization has given the guidelines to study of programme Vihan and Samarth to read.
Linking theory (Classroom learning) with practice at your organisation	• Linked with Demography as we have studied about population. • Link with the terms of Epidemiology as epidemic and, prevalence of disease.
Gaps identified on the working area.	
Suggestions for improvement	
Plan for the next week	• Organization will assign work on Monday.

Week no: 2 From: May,19th 2025 to May, 23rd 2025

Activity Done	1. As instructed, participated 2 days orientation training programme of project Spectrum, which is a newly introduced project in Alliance India. 2. Studying literature/ guidelines on about TB-HIV programme. Reviewed Sankalak Study of NACO- as per the suggestion. 3. Preparing a report of the training programme attended. 4. Started working on data of HIV-TB Tracker, shared by Head Care & Support for analysis. 5. Started preparing a data- base on HIV donor Organization.
Linking theory (Classroom learning) with practice at your organisation	• Linkages with demography. • Linked with health policy and healthcare delivery system. • Linked with biostatistics as working in the data. • Training programme and organization ethics is related with Organizational behaviour subject.
Gaps identified on the working area.	• No gaps were identified since Orientation phase is going on.
Suggestions for improvement	
Plan for the next week	• Continue working on the data of HIV- TB.

Week no: 3 From: May,26th 2025 to May, 30th2025

Activity Done	6. Studied literature/ guidelines on about TB-HIV programme. Reviewed Sankalak Study of NACO- as per the suggestion. 7. Started working on data of HIV-TB Tracker, shared by Head Care & Support for analysis. 8. Started preparing a data- base on HIV donor Organization. 9. Studying literature/guidelines on OPERATIONAL GUIDELINES for Care and Support Centres by NACO. 10. Studied HIV basic PPT shared by the mentor in the organisation. 11. Studying about Sex, Sexuality and Gender PPT of Alliance India shared by mentor.
Linking theory (Classroom learning) with practice at your organisation	• Linkages with demography. • Linked with health policy and healthcare delivery system. • Linked with biostatistics as working in the data. • Learned about the research methodology subject. • Linked with the Excel Application and Power point Presentation subject.
Gaps identified on the working area.	• No gaps were identified since Orientation phase is going on.
Suggestions for improvement	
Plan for the next week	• Continue working on the data of HIV- TB. • To study the PPT's of Sex, Sexuality and Gender.

Week no: 4 From: June,2nd 2025 to June, 6th2025

Activity Done	12. Worked on data of HIV-TB Tracker, shared by Head Care & Support for analysis. 13. Prepared a data- base on HIV donor Organization. 14. Studied literature/guidelines on OPERATIONAL GUIDELINES for Care and Support Centres by NACO. 15. Studied about Sex, Sexuality and Gender PPT of Alliance India shared by mentor. 16. Started preparing a concept note on HIV/TB Mortality as instructed by the head Care & Support.
Linking theory (Classroom learning) with practice at your organisation	• Use of terms and concepts of epidemiology like mortality, incidence, prevalence, etc. • Linkages with demography. • Linked with biostatistics as working in the data. • Learned about the research methodology subject. • Linked with the Excel Application and Power point Presentation subject.
Gaps identified on the working area.	• Gaps on data given by the CSC employees.
Suggestions for improvement	
Plan for the next week	• Work on HIV/TB concept note and data. • Planned to visit hospitals linked with the Sahas program in alliance India. • Planned to visit the Delhi office of Sahas project.

Week no: 5 From: June, 9,2025 to June, 13,2025

Activity Done	17. Working on a concept note on HIV/TB Mortality as instructed by the head Care & Support. 18. Orientation about Project SAHAS. 19. Onn field experience under project SAHAS with their ground staff. 20. Visited AIIMS Delhi Rajkumari OPD. 21. Visited AIIMS Delhi GAC (Gastroenterology and Clinical Nutrition) Burn and Plastic Department in Trauma Centre. 22. Visited Mehruli TB hospital Delhi.
Linking theory (Classroom learning) with practice at your organisation	• Linked with research methodology as working in concept note. • The field visit is linked with subject of health care delivery system as how we deliver the healthcare. • Related with Communication subject. • Linked with the terms of epidemiology such as true negative, true positive tests and other terms. • Related with the subject of Universal human values and ethics as how to behave and communicate with community people as they are very sensitive.
Gaps identified on the working area.	• Lack of advocacy by the hospitals for community people and PLHIV people
Suggestions for improvement	• Proper counselling in easy way to the people.
Plan for the next week	• Work on HIV/TB concept note and data. • Planned to visit AHF India Cares.

Week no: 6 From: June, 16,2025 to June, 20,2025

Activity Done	23. Worked on a concept note on HIV/TB Mortality as instructed by the head Care & Support. 24. Onn field experience under project SAHAS with their ground staff. 25. Visited Safdarjung Hospital Delhi. 26. Taken Review of patients under Project SAHAS about health care delivery system, difficulty in day to day life and work space of people living with HIV(PLHIV), staff behaviour in hospital and about their follow up after surgery of Genital organs. 27. Preparing a list of Reason of LFU cases (Lost to follow up) in PLHIV (People living with HIV) by the reference of different articles. 28. Studying literature/ guidelines on about new CSC guidelines (Care and Support Centre) by NACO.
Linking theory (Classroom learning) with practice at your organisation	• Linked with research methodology as worked in concept note. • The field visit is linked with subject of health care delivery system as how we deliver the healthcare. • Linked with Essentials of Hospital services. • Related with Communication subject. • Linked with demography as we get to know about the population study in HIV/TB and in visit. • Related with the subject of Universal human values and ethics as how to behave and communicate with community people as they are very sensitive.
Gaps identified on the working area.	• Gaps on data given by the CSC (Care Support Centre)ground staff. • Lack of knowledge to the patients about HIV and TB. • Lack of advocacy by the hospitals for community people and PLHIV people • Lack of support for PLHIV people in their working area and houses.

Suggestions for improvement	• Proper counselling in easy way to the people. • Training programme for the security staff in hospitals, how they should interact with community people. • Educate different organisation about the HIV stigma in their mind so that the discrimination with PLHIV can decrease.
Plan for the next week	• Work on HIV/TB Proposal as instructed by the Programme head.

Week no: 7 From: June, 23,2025 to June, 27,2025

Activity Done	29. Prepared a list of Reason of LFU cases (Lost to follow up) in PLHIV (People living with HIV) by the reference of different articles. 30. Attended a session on program SAMAGRA by the mentor of the organization. 31. Attended a session on International Drug Abuse Day at Alliance. 32. Attended an orientation on project SAAHAS. 33. Preparing a learning note on samagra session as instructed by the mentor.
Linking theory (Classroom learning) with practice at your organisation	• Related with research methodology as worked in LFU cases in articles. • Epidemiology as understanding the disease follow up patients. • Program planning as understanding the implementation of the program. • Linked with strategic planning. • Linked with National health program. • Linked with the Human resource management as workforce is required to run the project or an program.
Gaps identified on the working area.	• The gaps identified in the current working area are limited community engagement, insufficient tanning and lack of resources.
Suggestions for improvement	• Engaging them in more tanning program and enhancing community engagement and addressing resource constraints.
Plan for the next week	• Prepare a learning note on project Sahas. • Attend a session on Sex, Sexuality and Gender. • Attend a session on HIV and STI.

Week no: 8 From: June, 30,2025 to July, 04,2025

Activity Done	34. Attended a session on HIV and STI 35. Attended a session on Sex, Sexuality and Gender as suggested by the mentor. 36. Attend a session on program KP Grants (key population) as suggested by the mentor. 37. Attened a session of prison care and support as suggested by the mentor. 38. Started preparing the final presentation to present in the organization.
Linking theory (Classroom learning) with practice at your organisation	• Program planning as understanding the implementation of the program. • Linked with strategic planning. • Linked with National health program. • Linked with the Human resource management as workforce is required to run the project or a program.
Gaps identified on the working area.	• The gaps identified in the current working is of human power in the program.
Suggestions for improvement	• To increase the human power with in the program for the smoothening of the work.
Plan for the next week	• To prepare a presentation on work done in the organization by us.

Week no: 9 From: July, 07,2025 to July, 11,2025

Activity Done	39. Attended a session of Chair Yoga in the organization. 40. Prepared a presentation on learning and work done in the organization during the internship period. 41. Presented the PPT in the organization as internship is completed.
Linking theory (Classroom learning) with practice at your organisation	• It is linked with the Program planning as we discussed all the running programs in Alliance India. • Linked with strategic planning. • Linkages with the healthcare delivery system. • Linked with the classes of power point presentation and communication subject.
Gaps identified on the working area.	• Resources accessibility – changes need in accessing necessary support and resources. • Improve communication and advocacy.
Suggestions for improvement	• Need to establish a centralized resources hub and resource mobilization. • Need to improve communication skill and advocacy skill for policy influence.
Plan for the next week	• To prepare a presentation on work done in the organization by us. • Policy can be improved by taking feedbacks from the patients can help in analysing the area of improvement.

Signature of the Student