

SUMMER INTERNSHIP PROGRAM

at

Alliance India



From 12th May 2025 to 11th July 2025

A REPORT BY

Rohit Yadav

Masters of Business Administration

(Hospital & Health Management)

Roll no 2062

2024-26

under the Mentorship of

Dr. Tripti Biswa



31st July 2025

To whomsoever it may concern

This is to certify that **Mr. Rohit Yadav** has successfully completed his internship with India HIV/AIDS Alliance, New Delhi from 12th May 2025 to 11th July 2025. During his internship, Mr. Rohit Yadav was given exposure to all the major projects undertaken by Alliance India. He was encouraged to study various guidelines and research publications developed by NACO and WHO, which helped him gain a comprehensive understanding of the HIV epidemic, including areas such as Care, Support & Treatment, HIV-TB co-infection, and other aspects concerning People Living with HIV (PLHIVs).

He actively participated in several training programs, workshops, and seminars organized by Alliance India during his internship. As part of various projects, he conducted field visits to AIIMS, where he engaged with the transgender community receiving services under Gender Affirmative Care, as well as visited the Trauma Care Centre and the Anti-Retroviral Treatment (ART) Centre, where people living with HIV (PLHIV) access treatment and counselling services. Additionally, he visited Mehrauli TB Hospital and Safdarjung Hospital.

During his tenure, he was also assigned to work on a concept note focused on the Elimination of Vertical Transmission of HIV & syphilis (EVTHS) under the Vihaan Care & Support Program.

We wish Rohit success in all his future endeavours.

Thanking you

Your Sincerely

For India HIV/AIDS Alliance

A handwritten signature in blue ink, appearing to read "Sree Kumar V".

Sree Kumar V
Head: Human Resource



IIHMR University Faculty Mentor Approval

This is to certify that **Mr. Rohit Yadav** of academic year 2024-26 **Institute of Health Management Research** has prepared a poster with respect to her summer internship held during May-July 2025.

He has carried out work as per the guidelines. His poster is approved for presentation.

Date: 30/07/2025

A blue ink signature of Dr. Tripti Biswa, consisting of a stylized 'T' and 'B' with a horizontal line extending to the right.

Dr. Tripti Biswa
Professor

IIHMR University, Jaipur

UNIVERSITY MENTOR- TRIPTI BISAWA
ORGANIZATION MENTOR- ANINDITA MAITY
(Senior programme officer)

Gaps	Suggestions
- Gaps on data given by the CSC (Care Support Centre) ground staff. - Limited community engagement, insufficient training and lack of resources. - Lack of human power in the program.	- Give them vocational trainings for skill development and knowledge. - To make Global Fund Awareness for Providing comprehensive training and materials to understand and leverage Global Fund resources effectively. - To engage more people for work in the field and allocate funds for them.
- Advocacy of the community champions about the HIV/AIDS and community. - Hesitation of people to become a leader or State representative.	Implement ongoing leadership and project management training to strengthen youth leadership skills and knowledge about the HIV/AIDS.
Work on the communication of community champions to educate the people who are PLHIV (People Living With HIV) or new HIV patient.	Give them training program of communication skills so that they can explain the patient in easy and proper manner as patients are not aware of stigmas
Usefulness	Learnings
- Exposure to the work culture and to work with different community people with the professionals. - Get to know about the community people and their issues and challenges related work and life. - Personal skill development: Enhancing the Excell, Presentation, Communication and group and team work.	- Get to know about the concept note writing by using different articles and reports of EVTIS. - Communicate with the community people and how to pronounce their gender. - Learn the difference between Sex, Sexuality and Gender. - Learned about the submission of work in the given deadline and about the discipline in the office. - Functioning of CSC(Care and support center), ART center(Antiretroviral therapy Center)
Enhanced the Confidence, Adaptability, Flexibility and Behavior in the professional environment of the office.	Learned about addressing the community level challenges and encouraging and tackling the discrimination and stigma of PLHIV (People Living With HIV).

Week 1

Name of the Organisation: India HIV/AIDS Alliance

Area/ Department/ Project of Summer Internship Program: Monitoring and evaluation

Name of the Student: Rohit Yadav

Roll no: 2062

Stream: HM B

Week no: 1

From: 12th May to 16th May.

Activity Done	• No work has been assigned as of now. • Organization has given the guidelines to study of programme Vihan and Samarth to read.
Linking theory (Classroom learning) with practice at your organisation	• Linked with Demography as we have studied about population. • Link with the terms of Epidemiology as epidemic and, prevalence of disease.
Gaps identified on the working area.	NA
Suggestions for improvement	NA
Plan for the next week	• Organization will assign work on Monday.

Week 2

Name of the Organisation : Alliance India

Area/ Department/ Project of Summer Internship Program: Monitoring and Evaluation

Name of the Student: Rohit Yadav

Roll no: 2062

Stream: HM B

Week no: 2

From: 19th May to 23th May.

Activity Done	• As instructed, participated 2 days orientation training programme of project Spectrum, which is a newly introduced project in Alliance India. • Studying literature/ guidelines on about EVTHS programme. Reviewed Sankalak Study of NACO- as per the suggestion. • Preparing a report of the training programme attended. • Started working on data of EVTHS Tracker, shared by Head Care & Support for analysis. • Started preparing a data- base on HIV donor Organization.
Linking theory (Classroom learning) with practice at your organisation	• Linkages with demography. • Linked with health policy and healthcare delivery system. • Linked with biostatistics as working in the data. • Training programme and organization ethics is related with Organizational behaviour subject.
Gaps identified on the working area.	• No gaps were identified since Orientation phase is going on.
Suggestions for improvement	
Plan for the next week	• Continue working on the data of EVTHS.

Week 3

Name of the Organisation: Alliance India

Area/ Department/ Project of Summer Internship Program: : Monitoring and Evaluation

Name of the Student: Rohit Yadav

Roll no: 2062

Stream: HM B

Week no: 3

From: 26th May to 31st May.

Activity Done	• Studying literature/ guidelines on about EVTHS programme. Reviewed Sankalak Study of NACO- as per the suggestion. • Preparing a notes for EVTHS. • Studying guidelines on about ART Centres,HIV exposed infant. Started preparing a data- base on HIV donor Organization.
Linking theory (Classroom learning) with practice at your organisation	• Linkages with demography. • Linked with health policy and healthcare delivery system. • Linked with biostatistics as working in the data. Training programme and organization ethics is related with Organizational behaviour subject.
Gaps identified on the working area.	No gaps were identified since Orientation phase is going on.
Suggestions for improvement	
Plan for the next week	Continue working on the data of EVTHS.

Week 4

Name of the Organisation: Alliance India

Area/ Department/ Project of Summer Internship Program Alliance India

Name of the Student: Rohit Yadav

Roll no: 2062

Stream: HM (29)

Week no: 4 From: June, 2th 2025 to June, 6th 2025

Activity Done	• Studied literature/ guidelines on about EVTHS programme. Reviewed Sankalak Study of NACO- as per the suggestion. • Preparing a Concept notes for EVTHS. • Studied guidelines on ART Centres ,HIV exposed infant. • Started prepared a data- base on HIV donor Organization.
Linking theory (Classroom learning) with practice at your organisation	• Linkages with demography. • Linked with health policy and healthcare delivery system. • Linked with biostatistics as working in the data. • Used the terminology and concepts of epidemiology.
Gaps identified on the working area.	
Suggestions for improvement	
Plan for the next week	• Continue working on the data of EVTHS. • Planned to visit hospitals linked with Alliance India.

Week 5

Name of the Organisation: Alliance India

Area/ Department/ Project of Summer Internship Program: Monitoring and Evaluation

Name of the Student: Rohit Yadav

Roll no: 2062

Stream: HM (29)

Week no: 5 From: June, 9,2025 to June, 13,2025

Activity Done	1. Working on a concept note on EVTHS Mortality as instructed by the Mentor. 2. Orientation about Project SAHAS. 3. Onn field experience under project SAHAS with their ground staff. 4. Visited AIIMS Delhi Rajkumari OPD. 5. Visited AIIMS Delhi GAC (Gastroenterology and Clinical Nutrition) Burn and Plastic Department in Trauma Centre. 6. Visited Mehruli TB hospital Delhi.
Linking theory (Classroom learning) with practice at your organisation	• Linked with research methodology as working in concept note. • The field visit is linked with subject of health care delivery system as how we deliver the healthcare. • Related with Communication subject. • Linked with the terms of epidemiology such as true negative, true positive tests and other terms. • Related with the subject of Universal human values and ethics as how to behave and communicate with community people as they are very sensitive.
Gaps identified on the working area.	• Lack of advocacy by the hospitals for community people and PLHIV people
Suggestions for improvement	• Proper counselling in easy way to the people.
Plan for the next week	• Work on EVTHS concept note and data. • Planned to visit AHF India Cares.

Week 6

Name of the Organisation: Alliance India

Area/ Department/ Project of Summer Internship Program: Monitoring and Evaluation

Name of the Student: Rohit Yadav

Roll no: 2062

Stream: HM (29)

Week no: 6 From: June, 16,2025 to June, 20,2025

Activity Done	7. Worked on a concept note on EVTHS as instructed by the Mentor. 8. Orientated about Project SAHAS. 9. Visited Safadarjung hospital. 10. Visited AIIMS Delhi
Linking theory (Classroom learning) with practice at your organisation	• The field visit is linked with subject of health care delivery system as how we deliver the healthcare. • Related with Communication subject. • Linked with the terms of epidemiology such as true negative, true positive tests and other terms. • Related with the subject of Universal human values and ethics as how to behave and communicate with community people as they are very sensitive.
Gaps identified on the working area.	• No gaps were identified
Suggestions for improvement	
Plan for the next week	• Working on EVTHS

Week 7

Name of the Organisation: Alliance India

Area/ Department/ Project of Summer Internship Program: Monitoring and Evaluation

Name of the Student: Rohit Yadav

Roll no: 2062

Stream: HM (29)

Week no: 7 From: June, 23,2025 to June, 27,2025

Activity Done	11. Working on a concept note on EIDs. 12. Attended an Orientated about Project SAHAS. 13. Attended a session on program SAMAGRA by the mentor of the organization. 14. Attended a session on International Drug Abuse Day at Alliance India. 15. Preparing a learning note on Samagra session as instructed by the mentor
Linking theory (Classroom learning) with practice at your organisation	• Related with Communication subject. • Related with research methodology. • Program planning as understanding the implementation of the program. • Linkage with strategic planning. • Linkage with National health program. • Linkage with the Human resource management as workforce is required to run the project or an program.
Gaps identified on the working area.	• No gaps were identified
Suggestions for improvement	
Plan for the next week	• Attending a session on Sex, Sexuality and gender. • Preparing a learning note on SAHAS.

Week 8

Name of the Organisation: Alliance India

Area/ Department/ Project of Summer Internship Program: Monitoring and Evaluation

Name of the Student: Rohit Yadav

Roll no: 2062

Stream: HM (29)

Week no: 8 From: June, 30,2025 to July, 04,2025

Activity Done	16. Attended a session on HIV and STI 17. Attended a session on Sex, Sexuality and Gender as suggested by the mentor. 18. Attend a session on program KP Grants (key population) as suggested by the mentor. 19. Attended a session of prison care and support as suggested by the mentor. 20. Started preparing the final presentation to present in the organization.
Linking theory (Classroom learning) with practice at your organisation	• Program planning as understanding the implementation of the program. • Linked with strategic planning. • Linked with National health program. • Linked with the Human resource management as workforce is required to run the project or a program.
Gaps identified on the working area.	• The gaps identified in the current working is of human power in the program.
Suggestions for improvement	• To increase the human power with in the program for the smoothening of the work.
Plan for the next week	• To prepare a presentation on work done in the organization by us.

Week 9

Name of the Organisation: Alliance India

Area/ Department/ Project of Summer Internship Program: Monitoring and Evaluation

Name of the Student: Rohit Yadav

Roll no: 2062

Stream: HM (29)

Week no: 9 From: July, 07,2025 to July, 11,20250

Activity Done	21. Attended a session of Chair Yoga in the organization. 22. Prepared a presentation on learning and work done in the organization during the internship period. 23. Presented the PPT in the organization as internship completion.
Linking theory (Classroom learning) with practice at your organisation	• It is linked with the Program planning as we discussed all the running programs in Alliance India. • Linked with strategic planning. • Linkages with the healthcare delivery system. • Linked with the classes of power point presentation and communication subject.
Gaps identified on the working area.	• Resources accessibility – changes need in accessing necessary support and resources.
Suggestions for improvement	• Need to establish a centralized resources hub and resource mobilization.
Plan for the next week	• To prepare a presentation on work done in the organization by us.

Complied Report

Name of the Organisation: Alliance India

Area/ Department/ Project of Summer Internship Program: Monitoring and Evaluation

Name of the Student: Rohit Yadav

Roll no: 2062

Stream: HM (29)

Activity Done	• Project 1 – EVTHS Data Management: Worked extensively on the Early Infant Diagnosis (EID) and Elimination of Vertical Transmission of HIV and Syphilis (EVTHS) data. Reviewed NACO's Sankalak study, studied national guidelines, and analyzed EVTHS tracker data for trends in testing, positivity, and ART initiation. • Project 2 – HIV Donor Organization Mapping: Created a database of HIV donor organizations across India. Categorized donors by funding type, geography, and target populations. • Program Orientations: Participated in structured orientations and learning sessions on various Alliance India projects including SPECTRUM, SAHAS, SAMAGRA, and KP Grants. Attended field visits to AIIMS, Safdarjung, and Mehrauli TB Hospital. • Community & Hospital Engagement: Conducted field visits to understand care delivery challenges faced by PLHIV (People Living with HIV), observed counselling sessions, and interacted with healthcare staff and patients.
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	• Final Presentation & Submission: Compiled internship learnings, data insights, and recommendations. Presented final findings and submitted reports to the Monitoring & Evaluation team.
Linking theory (Classroom learning) with practice at your organisation	• Epidemiology & Demography: Applied concepts like prevalence, incidence, and population dynamics while analyzing HIV-exposed infants' data. • Healthcare Delivery System: Observed real-world program implementation in ART centres, TB units, and during hospital visits. • Biostatistics & Data Handling: Cleaned, validated, and interpreted program data, strengthening applied statistical and Excel skills. • Program & Strategic Planning: Understood national program structures (e.g., Vihaan, SAHAS, SAMAGRA) and the need for inter-agency coordination. • Organizational Behaviour & Ethics: Participated in orientation trainings and fieldwork that emphasized sensitive communication and community engagement. • Human Resource Management: Observed staffing gaps and workforce planning challenges within HIV programs.

Gaps identified on the working area.	• Human Resource Shortage: Several programs, especially field-level, are under-resourced leading to burnout and coverage gaps. • Community Counselling: Inconsistent or overly technical language in counselling sessions limited patient understanding. • Hospital Coordination: Weak advocacy and unclear roles in hospital-based care for PLHIV created access and support issues. • Resource Access: No centralized system for accessing training materials, SOPs, or donor program updates. • Communication Flow: Gaps in inter-department updates (e.g., M&E team and field staff) caused delays in data validation.
Suggestions for improvement	• Strengthen Workforce: Increase ground-level staffing, especially counsellors and outreach workers, for effective program coverage. • Simplify Counselling: Use visual aids, native language, and SMS-based reminders to enhance understanding among PLHIV. • Centralized Resource Portal: Develop an internal dashboard for accessing guidelines, updates, and reporting tools. • Field Coordination: Standardize hospital visit protocols and assign liaison officers for smoother coordination with healthcare facilities.

	• Communication Tools: Adopt real-time platforms (e.g., WhatsApp groups or intranet chat) for updates between staff, mentors, and field workers.
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