

INTRODUCTION

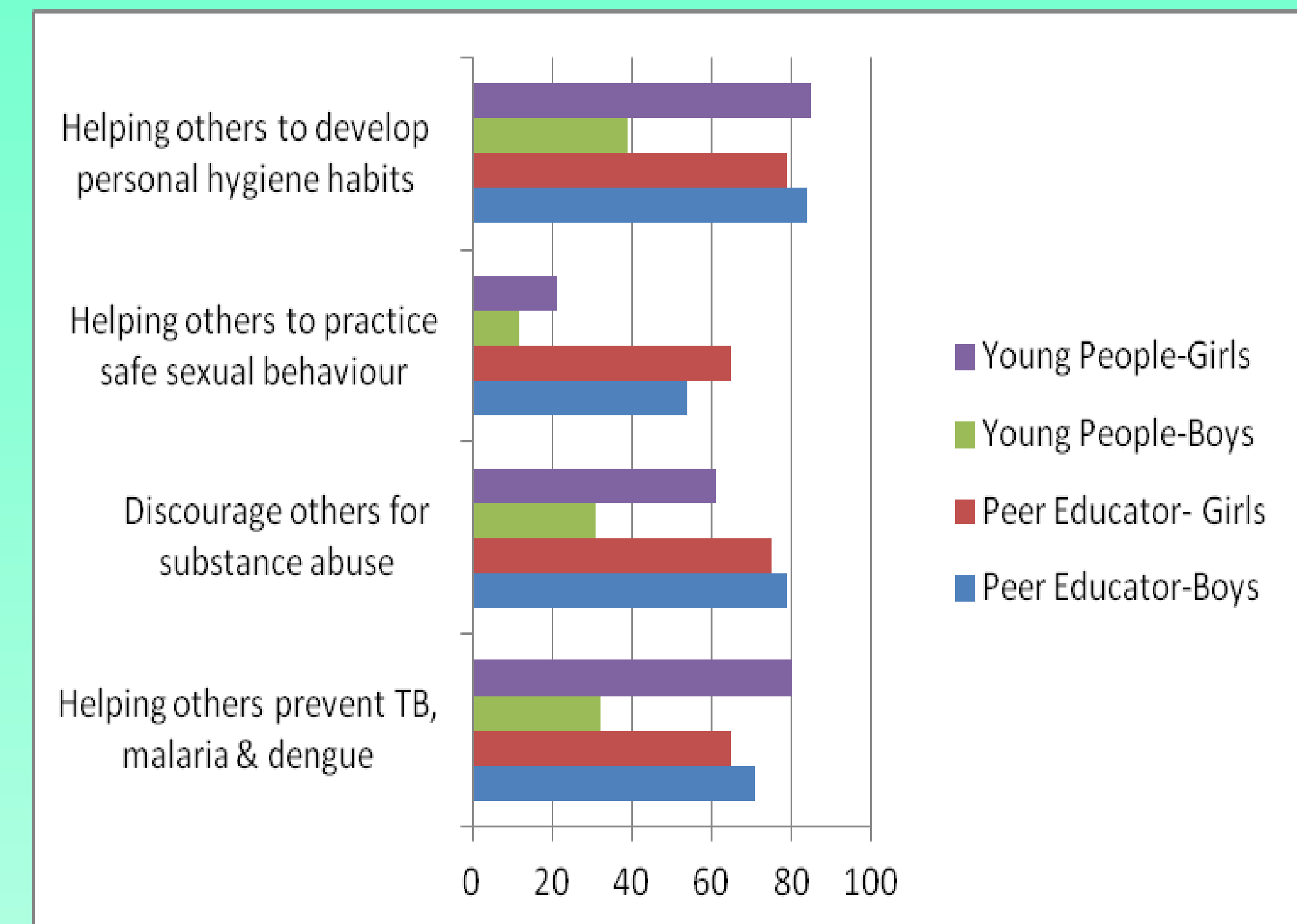
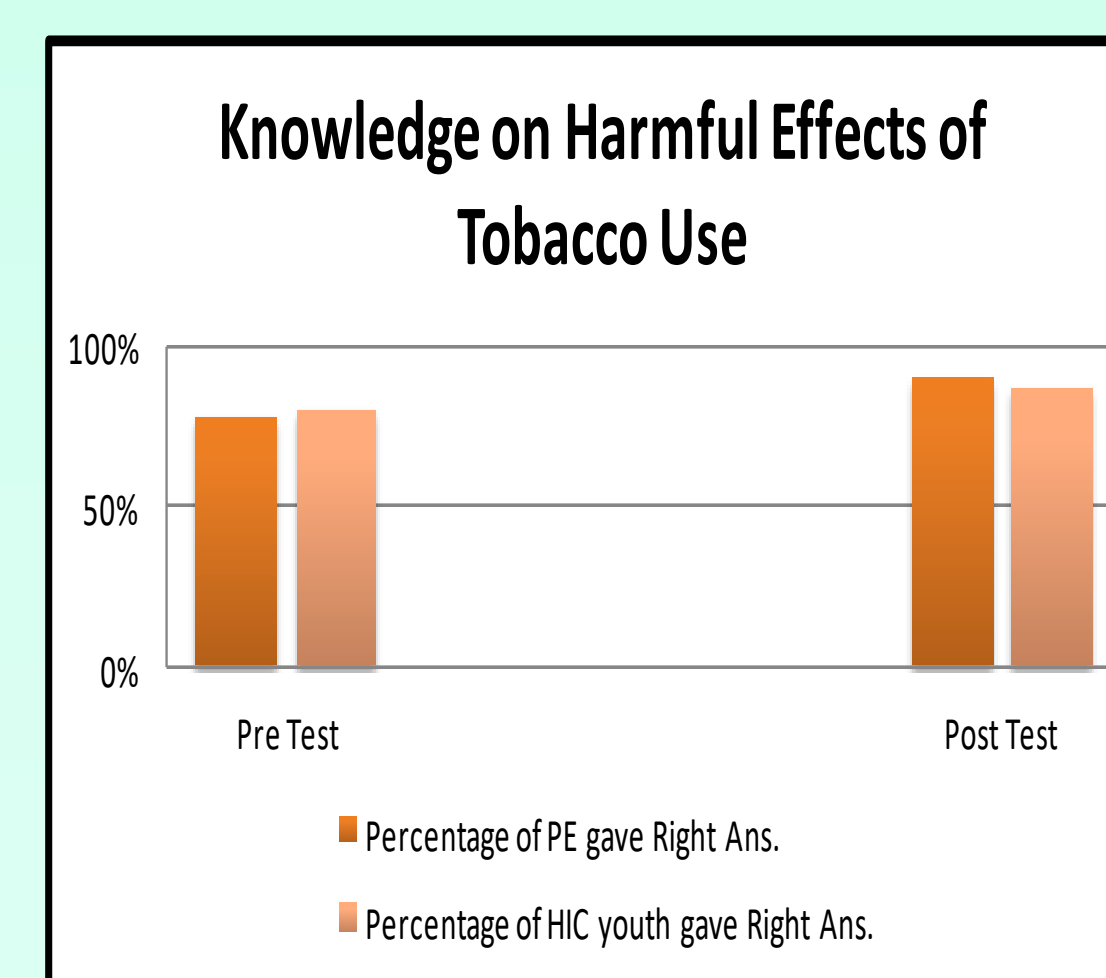
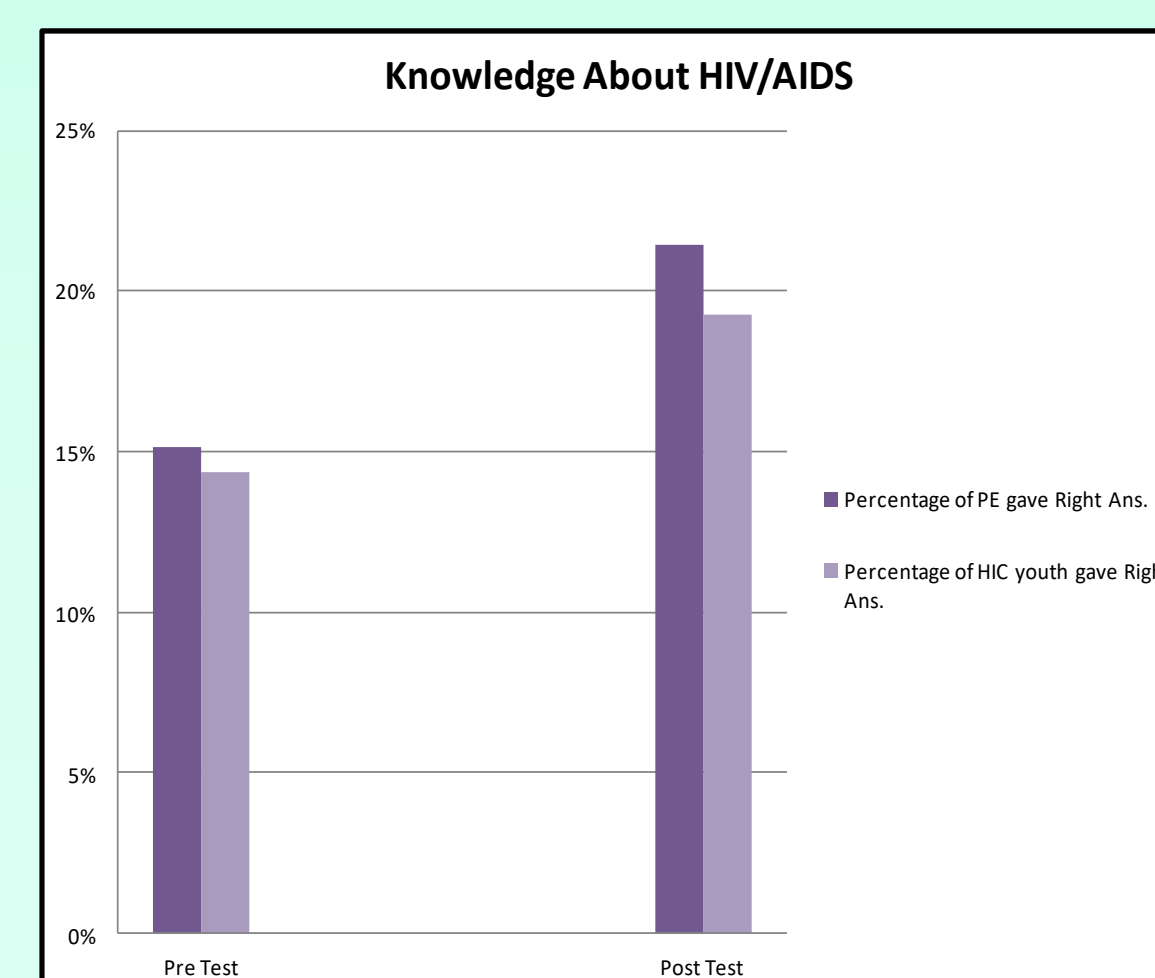
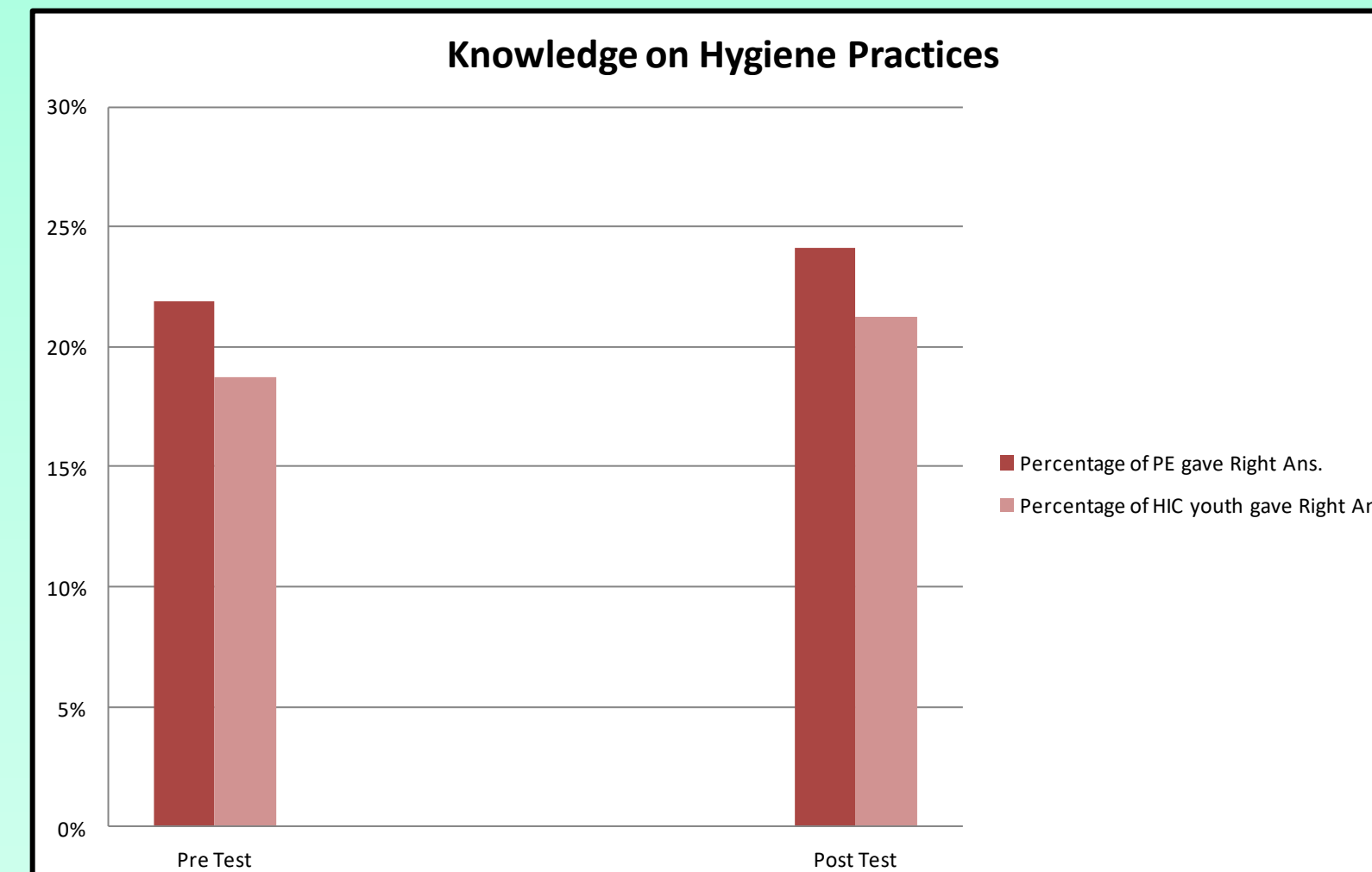
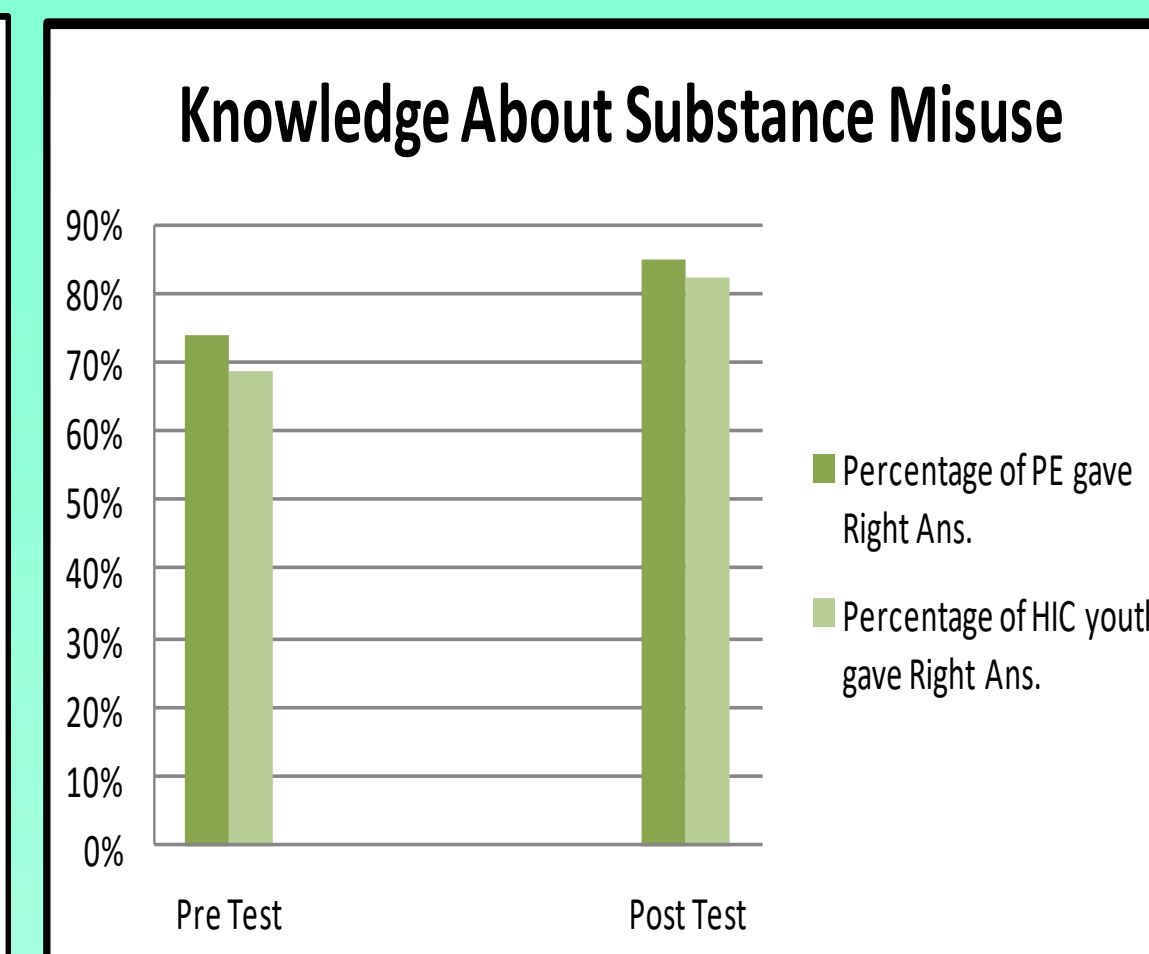
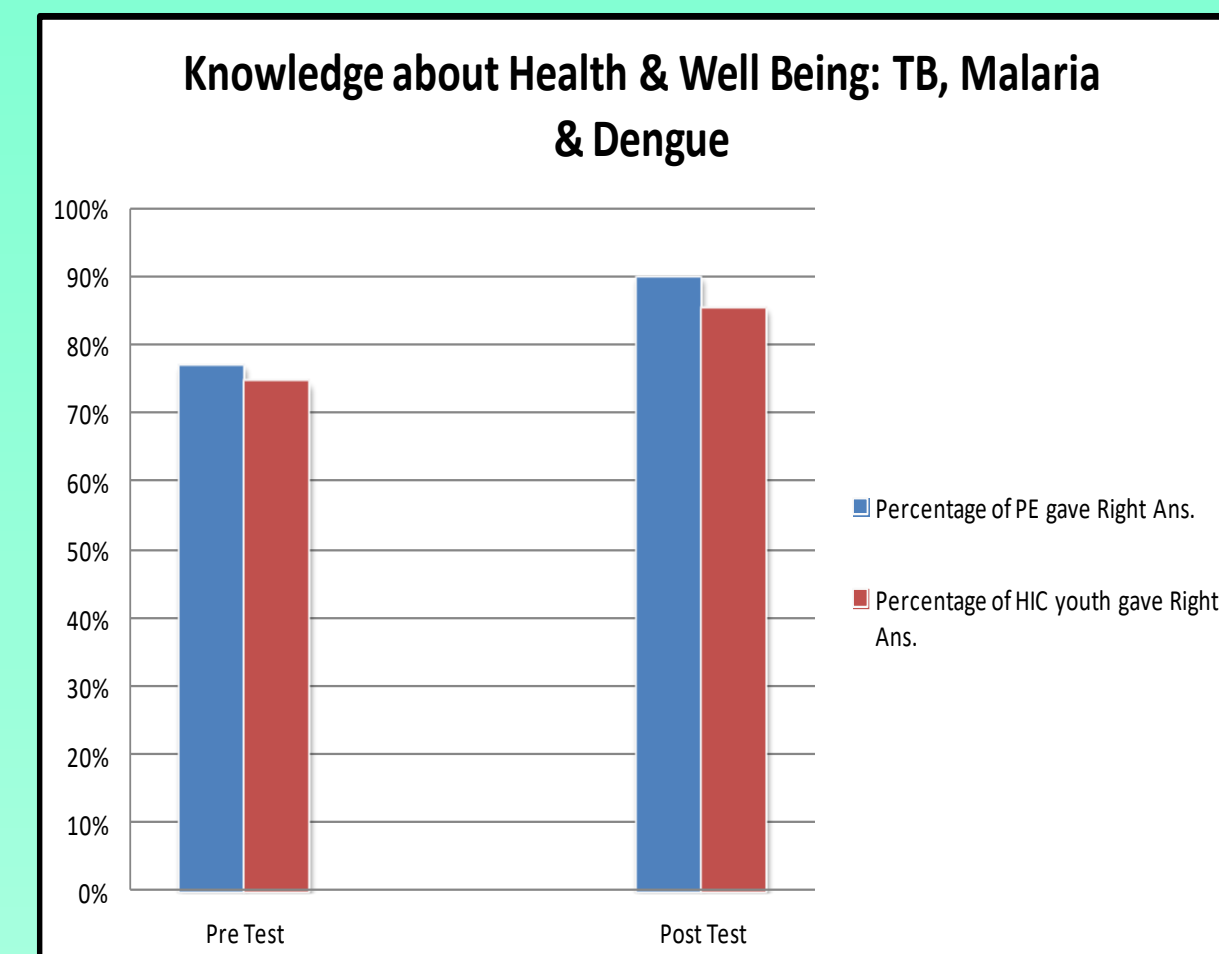
- Adolescents represent only 12 per cent of people in the industrialized world *(source: UN, 2011)*
- This segment of population faces a unique set of challenges, including an uncertain global economic outlook and high levels of youth unemployment, an increasing number of humanitarian crises and conflicts, climate change and environmental degradation, and rapid urbanization.
- To stay healthy and safe adolescents need access to high-quality sexual and reproductive health services and information from an early age. Hence healthcare services have to be provide to them on all health themes with a minimal resource crunch .

OBJECTIVES

- To Compare KSA of the PEs and Young people visiting HICs
- To Check the effectiveness of training.
- To plan for program-level monitoring and evaluation activities
- To suggest few measures to increase the utilization of HIC

METHODOLOGY

- Study design – Descriptive cross sectional study
- Study duration – 2 months (from March – May'15)
- Study area - The study has been carried in 24 blocks of Mangolpuri resettlement colony of north- west region of Delhi.
- Sampling framework – Probability sampling design.
- Sample size – a total of 100 adolescents were interviewed out of which 50 were peer educators and 50 were young people visiting HICs .
- Data collection technique- personal interview
- Data collection tool- self administered questionnaire, closed ended
- Data analysis– SPSS and Excel



RECOMMENDATIONS

- As the level of confidence in helping others in case of substance abuse and to practice safe sexual behavior is very low for young boys and girls , Peer educators can be trained on these themes and for rest of the issues , capacity building and strengthening of the health information centers should be undertaken.
- Health care delivery should be made more personal and engaging for adolescents directly by involving them in the planning and delivery of health services in order to make it more beneficial to the people visiting HIC.
- Integrate outreach and follow-up services to enhance service delivery.
- Expand the type and number of trained health care professionals providing care to adolescents.
- Develop family-centered services to keep families intact.
- Responsibility for adolescent health be designated at the program, provider as well as family level.

