

About Nightingales Medical Trust

Set up and registered in 1998 as non-governmental/ charitable organization to provide a system of easily accessible and affordable services and amenities for the elderly of all socio-economic groups, in and around Bangalore.

ACTIVITY 1: ASSESSMENT OF JOB SATISFACTION OF CAREGIVERS AT Nightingales Centre of Alzheimer's and Ageing

- Established in 2010
- The first comprehensive dementia care facility in India.
- 86-bedded facility
- Multi-disciplinary approach.



OBJECTIVES:

- To assess the job satisfaction of caregivers of the residential dementia care
- To suggest changes in order to reduce the attrition rate of the caregivers

RESULTS:

PERCENTAGE DISTRIBUTION OF CAREGIVERS BY THEIR SOCIO-DEMOGRAPHIC PROFILE:

		Frequency (n)	Percentage (%)
Gender	Women	32	74
	Men	11	26
Age	16-30	32	74
	31-55	11	26
Marital status	Married	13	30
	Not yet married	27	63
	Widowed	5	12
Educational Status	Less than high school	13	30
	less than high school	30	70

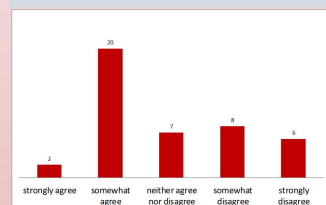
PROCESS:

Semi-structured questionnaire (both close and open ended questions)

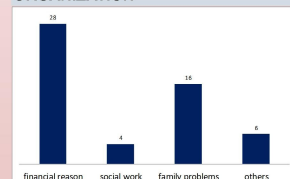
Interview of 43 caregivers was conducted

Decoding of the responses and data analysis

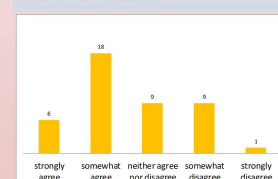
PERCENTAGE DISTRIBUTION OF CAREGIVERS WITH AWARENESS OF OBJECTIVES OF ORGANIZATION:



PERCENTAGE DISTRIBUTION OF CAREGIVERS WITH REASON TO WORK IN THE ORGANIZATION

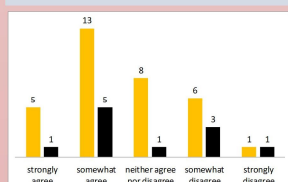


PERCENTAGE DISTRIBUTION OF CAREGIVERS BY THEIR SATISFACTION WITH CURRENT SALARY

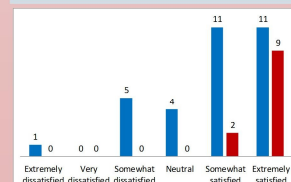


Key Findings:

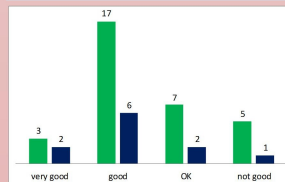
PERCENTAGE DISTRIBUTION OF CAREGIVERS BY THEIR SATISFACTION WITH CURRENT SALARY



PERCENTAGE DISTRIBUTION OF SATISFACTION OF CAREGIVERS BY THEIR OVERALL SATISFACTION



PERCENTAGE DISTRIBUTION OF CAREGIVERS BY THEIR SATISFACTION WITH THE WORKING ENVIRONMENT



ACTIVITY 2: QUALITY OF LIFE ASSESSMENT OF SENIOR CITIZENS COMING TO ACTIVE AGEING CENTRE

Nightingales Bagchhi Centre for Active Ageing (NBCAA) is India's first comprehensive active ageing facility in the country aiming to promote social integration, healthy lifestyle, financial empowerment, happiness and integrity in a safe, friendly and fun-filled environment to senior citizens of Bangalore.



OBJECTIVE:

- To assess the quality of life of senior citizens who attend the centre.

PROCESS:

Semi-structured questionnaire (both close and open ended questions)

Interview of 27 members coming regularly to active ageing centre

Decoding of the responses and data analysis

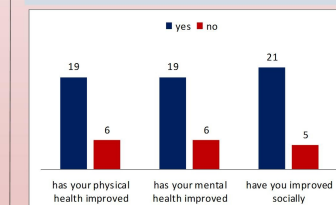
KEY FINDINGS

PERCENTAGE DISTRIBUTION OF CAREGIVERS BY THEIR SOCIO-DEMOGRAPHIC STATUS

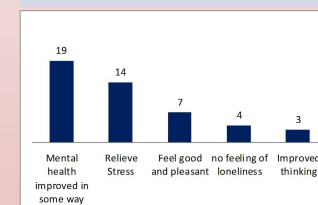
		frequency (n)	percentage (%)
Gender	Men	16	59.3
	Women	11	40.7
Age	55-75	23	85.2
	75+	4	14.8
Marital status	Married	21	77.8
	Widowed	6	22.2
Living Arrangements	Living with others	15	55.6
	Living alone	2	7.4
Education*	Living with spouse	10	37.0
	Less than or upto high school	4	14.8
	Any diploma or bachelors	19	70.4
	Post graduation	2	7.4

*2 members did not provide information about their education

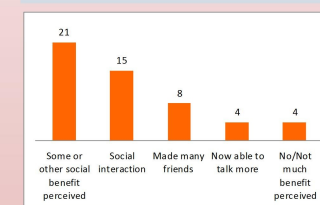
DISTRIBUTION OF SENIOR CITIZENS BY THEIR PHYSICAL HEALTH



DISTRIBUTION OF SENIOR CITIZENS BY THEIR MENTAL



DISTRIBUTION OF SENIOR CITIZENS BY THEIR SOCIAL HEALTH



OBSERVATIONAL LEARNING:

- Processing of ID cards to senior citizens so that they can be benefitted by the various concessions of the public and private organizations.
- Marketing strategies for encouraging senior citizens to join active ageing centres.
- Planning and executing various activities for senior citizens at Nightingales Bagchhi Centre for Active Ageing.