



DISTRIBUTION OF RESOURCES AMONGST SOCIAL GROUPS IN ANGANWADI CENTERS OF SANGAM VIHAR, NEW DELHI, AND WAYANAD, KERALA

BY
Dushyant Sing Rathore

Introduction

- Integrated Child Development Services (ICDS) is arguably one of the world's largest community-based programs, aimed holistically at improving child health, nutrition, and development. Towards this aim the scheme focuses on the health, nutrition, hygiene and related education of the mothers, pre-school education of the children aged between three to six, providing additional nutritional supplements for pregnant and nursing moms, development, monitoring and promotion of child health, and associations to primary healthcare services such as immunization and vitamin

Aims and objectives

- How many beneficiaries are availing Anganwadi services in identified Anganwadi centers in Delhi and Kerala?
- How much does the percentage of beneficiaries who regularly go to Anganwadi Centers (mentioned above) differ from each other concerning- Religion and b) Category they belong
- To identify whether lack of access is due to choice or discrimination?:
- The present study was carried out at the urban Integrated Childhood Development Services Scheme (ICDS) block of New Delhi and the rural block of Wayanad from November 2019 to December 2019. It is a cross-sectional type of study

Research Questions

- To study the patterns of distribution of Anganwadi services and resources:
-
- 1. How many beneficiaries are availing Anganwadi services in identified Anganwadi centers in Delhi and Kerala? How much does the percentage of beneficiaries who regularly go to Anganwadi Centers (mentioned above) differ from each other concerning-
 - a) Religion and b) Category they belong to.
-
- To identify whether lack of access is due to choice or discrimination?:
-
- 1. Whether the difference in access, as identified in the above question is due to the choice of the beneficiaries, or is it due to the discrimination they face due to belonging to a particular social group?

Brief about delhi

- **Delhi:** There are approximately 40 Anganwadi centers in Sangam Vihar. For purposes of collecting data, the study focused on areas of Sangam vihar inhabited by people of various social groups. With the local help, the surveyors identified the Gurjar Chowk area of Sangam Vihar comprising different social groups. Due to the paucity of time, based on random sampling, the surveyors identified three Anganwadi Centers, Anganwadi no. 95, 85, and 75 situated in different Galis and catering to the population of 1000 (approx) individuals respectively.

Brief About Wayand kerala

- Wayanad has a total of 874 Anganwadi Centres of which roughly about 200 are in Kalpetta. Through the help of a local NGO Doctors For You(DFY) and my preliminary field visits, I narrowed down on 3 particular Anganwadi Centers namely Ambuthi and Palamangalam from Muttill Grama Panchayat and Mundupara from Mepaddi Gram Panchayat for my study. The concerned Anganwadi Centers were chosen because of demographic diversity, all three Anganwadi Centers cater to a significant number of tribal populations. Of the 3, the Anganwadi in Ambuthy caters specifically to the tribal population.

Major Points

- **Religion and Access to Anganwadi Centers in Wayanad**-Among the Hindu households which do not avail of the pre-school services of the Anganwadi Centres, one household reported that they send their children to private Kindergarten schools instead of the Anganwadi Centers. Among the Muslim households, one household reported that the Anganwadi Centre is too far from their home and nobody is free in their house to take the kid to the center.

Supplementary nutrition

A notable percentage of Hindu families are not availing the Supplementary nutrition from the Anganwadi Centers. While one family mentioned that they did not have the time to enroll for the service with the Anganwadi, another family mentioned that they do not have any idea about such services of the Anganwadi. One of the Hindu families also complained that the quantity of the supplements received is too low. One of the Christian families also mentioned that they had no information about the services of the Anganwadi.

THANK YOU