

# Planning and preparation of Village Health and Nutrition Day

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ROLL NO: 0038

MBARM07

# Introduction

- ▶ Village Health Nutrition Day was identified to provide primary care services at village level. Its provide antenatal care, identification of high risk pregnancy, immunization, family planning kit and many more
- ▶ Target group: Pregnant women, lactating women, 0-2 years children, ASHA, ANM, AWW, ASHA Sangini, ASHA Sangini Mentor
- ▶ The study was conducted over the period of three months from 11th February to 30<sup>th</sup> may
- ▶ A Cross- sectional and descriptive study was planned
- ▶ A predesigned questionnaires was prepared for personal interview and VHND checklist was used for observation

# Research Question:

- ▶ What is the pre-preparation method is using by the FLW for the VHND?
- ▶ What are the communication strategies for increasing the presence of beneficiaries at VHND site?

# Objective

- ▶ To understand the planning of Front line workers for VHND
- ▶ To understand the method of communication for VHND

# Method

| S.N. | Methods                            | Purpose                                                                |
|------|------------------------------------|------------------------------------------------------------------------|
| 1.   | Observation of VHND                | To observe the location or site situation                              |
| 2.   | Interview with beneficiaries       | To understand the satisfaction level of community                      |
| 3.   | Interview with FLW(ASHA, ANM, AWW) | To understand the proper preparation and mode of communication of VHND |
| 4.   | Interview with VHSNC members       | To understand the actual use of VHSNC fund                             |
| 5.   | Home visit (at community level)    | To understand the community response on VHND                           |
| 6.   | Recording of information           | To documentation of all the information                                |

# Sample size

| Coverage  | No |
|-----------|----|
| District  | 1  |
| Block     | 4  |
| VHND site | 20 |

# Step taken by ASHA

Home visit of beneficiaries (Including ST/SC)

Make a list of Pregnant women

Make a list of Pregnant women Who need ANC

Make a list of children

Make a due list children who need immunization (including drop out and left out)

Make a list of lactating women who need family planning stuffs

Attended VHNSC meeting

Before VHND session coordinate with AWW, AS, ASM and ANM

Preparation of VHND before one day of VHND

Ensure that all listed women come for services (On the day)

Ensure that all listed children come for services (On the day)

Ensure that all listed lactating women come for services(On the day)

Ensure that make a birth planning of 3<sup>rd</sup> trimester pregnant women

# Step taken by AWW

**Making the list of beneficiaries**

**VHNSC meeting attended (at least one in last three months)**

**Ensure that the AWC is clean**

**Ensure a place with privacy at the AWC for ANC**

**Provide Take Home ration to beneficiaries**

**To coordinate activities with the ASHA and the ANM**



# Step taken by ANM

**Preparation of micro plan for VHND organization**

**Attended VHNSC meeting (at least once in three months)**

**Ensure that the VHND is held without fail**

**Ensure that the supply of vaccines reaches the site well before the day's  
Activities begin.**

**Ensure that all instruments, drugs, and other materials are in place**

**Carry communication materials.**

**Coordinate with the ASHA and the AWW**

# Step taken by ASHA Sangini

## Validation of Pregnant women

Make a due list with ASHA before VHND session start

## Mother meeting

To ensure that all the beneficiaries come for service

Plan a mother meeting at VHND site

To ensure that prepare the birth plan of 3<sup>rd</sup> trimester PWs by ASHA

To help ASHA for identification of HRP and LBW

# Step taken by ASHA sangini Mentor

**Validation of PW with Sangini**

**Check the due list of ASHA**

**To ensure that ANM have all logistics**

**To ensure all beneficiaries should come for services**

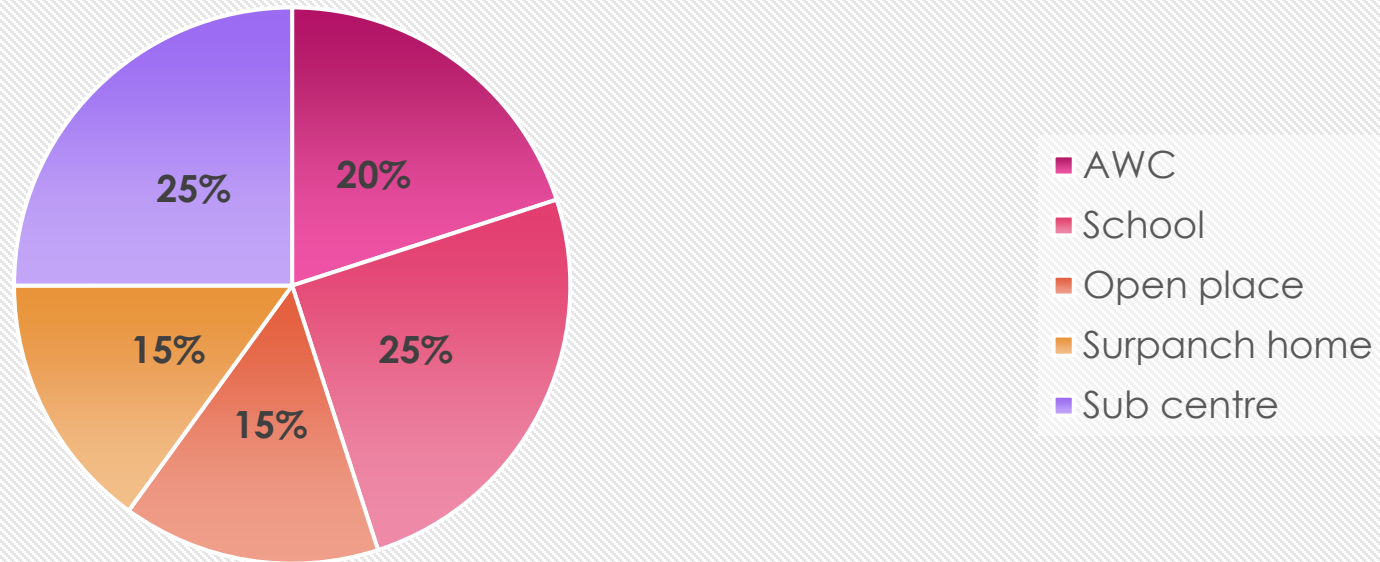
**To ensure that held the mother meeting by sangini**

**Mobilize the community for VHND**

**Fill the checklist of VHND**

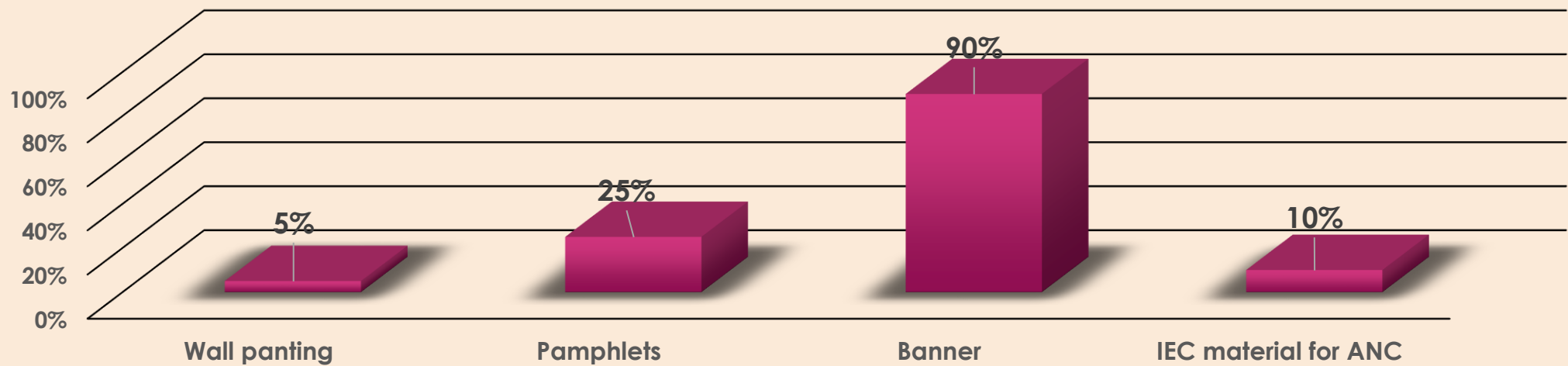
# Site of VHND

Site of VHND(N=20)

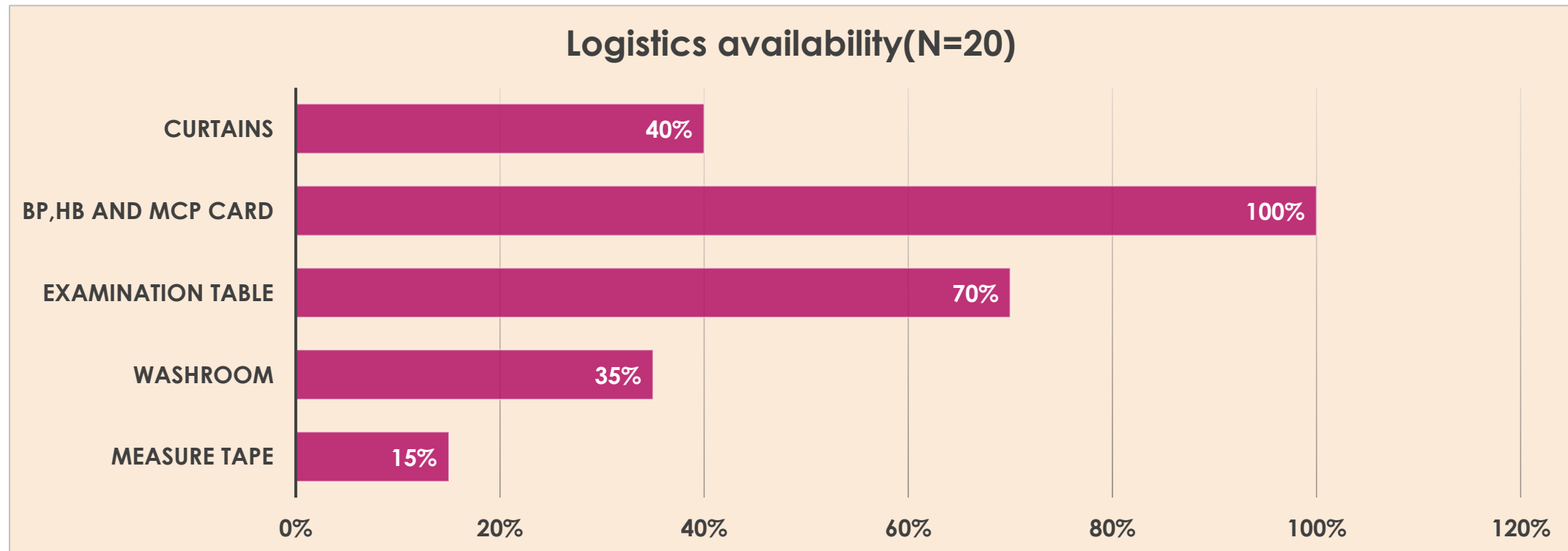


# IEC material for VHND

IEC material for VHND(N=20)

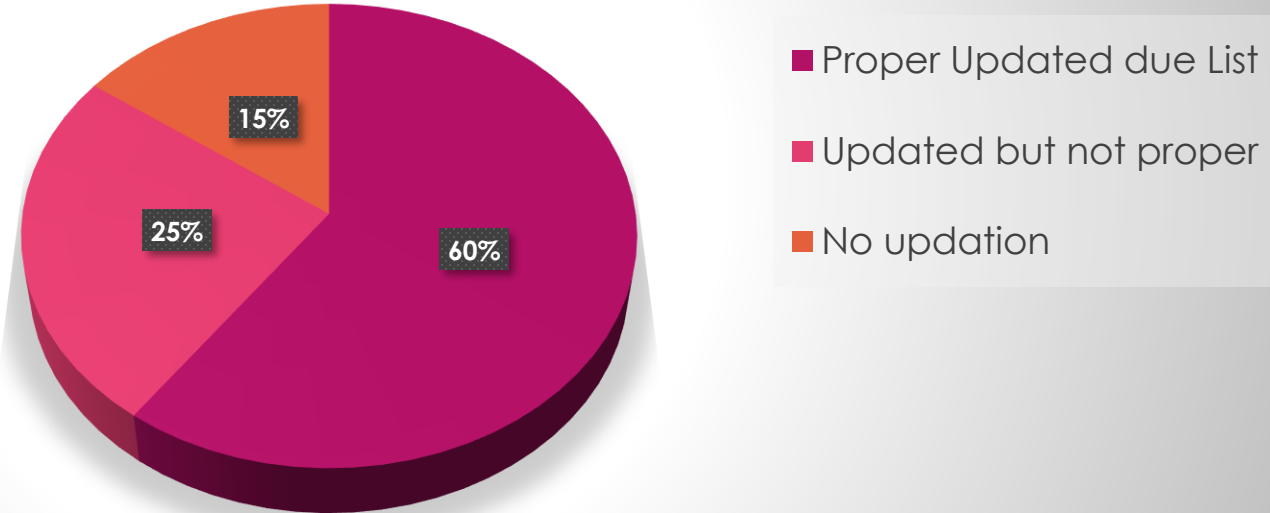


# Logistics of VHND



# Updated Due list

UPDATED DUELIST(N=20)



# Problem identified

- ▶ Due to not paying attention of Anganwadi workers and ASHA some beneficiaries were left out especially children. Because of that community cannot take the services from VHND like immunization, ANC and PNC.
- ▶ Do not take care of ANM, availability of logistics was less due to which beneficiaries can't take all the services.
- ▶ Conservative thinking of beneficiaries
- ▶ Ignorance of PRI members for VHND services

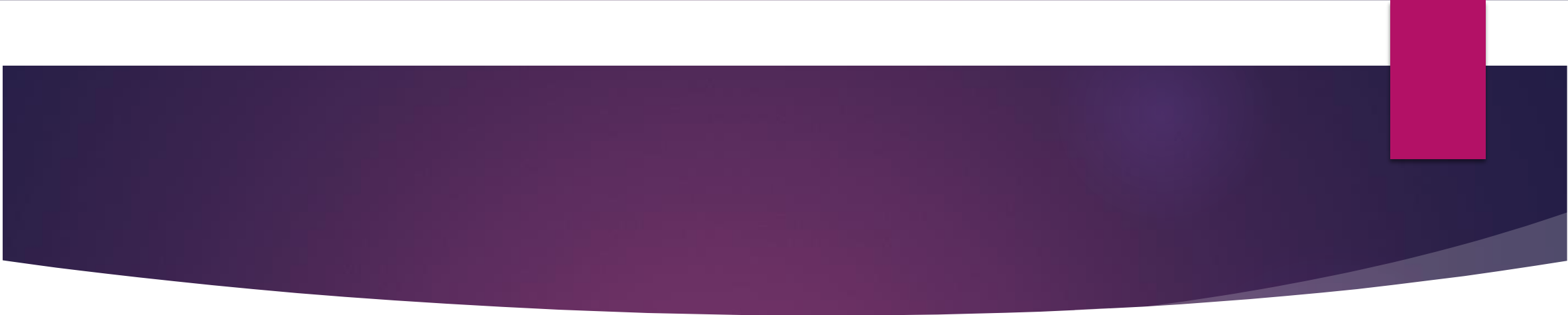


# Challenges

- ▶ Community mobilization is very tough when ASHA informing about the VHND, because of conservative thought community don't want to attend
- ▶ Some ASHA don't want to take initiative for making due list and informing about VHND
- ▶ Some ANM ignore the situation if there is no privacy place for ANC, because of that community don't want to attend
- ▶ No involvement of PRI members
- ▶ No use of VHSNC fund for VHND services like chairs, mat, bucket etc.

# Recommendation

- ▶ Exclusion of Adolescent girl at VHND site
- ▶ VHND micro plan should be prepared and site should be specific, where all facility can provide to beneficiaries
- ▶ Logistics for ANC should be available at the time of proving services.
- ▶ Mobilization of the community through ASHA should be more effective way, so that all beneficiaries will attend the VHND.



Thank you