

**Assessment of Knowledge, Attitude and Practice of women having children up to 2 years towards Health
Nutrition and Sanitization and Willingness to work regarding health for *society***



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BACKGROUND:

- This study is carried out to assess the knowledge, attitude and practices among women of Ratu block of Ranchi and also to see the willingness among women to work in healthcare sector for society among self help group of Ranchi. The study will focus on these things like: ANC visit, IFA tablet consumption, immunization, family planning, feeding practices of child, water consumption and hand washing etc. The study will also assess the willingness of women to work in healthcare sector for society and how much effort they are taking regarding this.
- Also as covid19 is worldwide pandemic and govt. Is doing many things to fight with the virus. So, through this study, we will assess how much effort these women are taking during this period to give their contribution to this fight. This will ensure the willingness of women to work in the healthcare sector for society.

RATIONAL:

- This study will be helpful in getting that how knowledgeable is women towards their health and their child's health because we know during the maternal period if appropriate precaution didn't take then probably it could be chances of MMR, IMR or underweight childbirth or malnourishment. If women will be aware of the health problems and their preventable measures then not only she can improve their health but also she can improve their child's health. Also, if one woman in the family will aware of the information then she can inspire other women towards increasing their knowledge regarding healthy nutrition and sanitation. To ensure a reduction in out of expenditure on medical care, increase in economic productivity and to improve the quality of life of rural women and their families towards food, nutrition, health and sanitation interventions is very necessary. If some women in society will be aware about the information related to family planning, ANC visit, IFA tablet consumption, child immunization, handwashing, exclusive breastfeeding & child feeding practices then indicators like malnutrition, MMR, IMR, anemia prevalence etc will be improve and out-of-pocket expenditure on health will reduce.

RESEARCH QUESTION:

- What is the existing Knowledge, Attitude and Practice of women having children up to 2 year towards Health, Nutrition and Sanitization in Ratu block of Ranchi and willingness to work in health care sector for society in Ranchi Jharkhand?

OBJECTIVES:

- 1.To assess the existing knowledge of women having children up to 2 year regarding health, Nutrition and sanitization
2. To assess the existing Attitude of women having children up to 2 year regarding health, Nutrition and sanitization
3. To assess the Practice of women having children up to 2 year regarding health, Nutrition and sanitization.
4. To assess the willingness of women to work regarding health, Nutrition and sanitization.

METHODOLOGY:

- **Study type-** Descriptive cross sectional study
- **Study area-** primary data was collected in ratu block of Ranchi secondary data was taken from the report of Ranchi by JSLPS.
- **Study period-** 24 February – 25 may 2020
- **Sample size-**
 - 22 women having children up to 2 respondents for primary data collection and for
 - Secondary data we took 11 SHGs group in Ranchi.
- **Sample technique-** convenience sampling
- **Data Collection Instrument-**

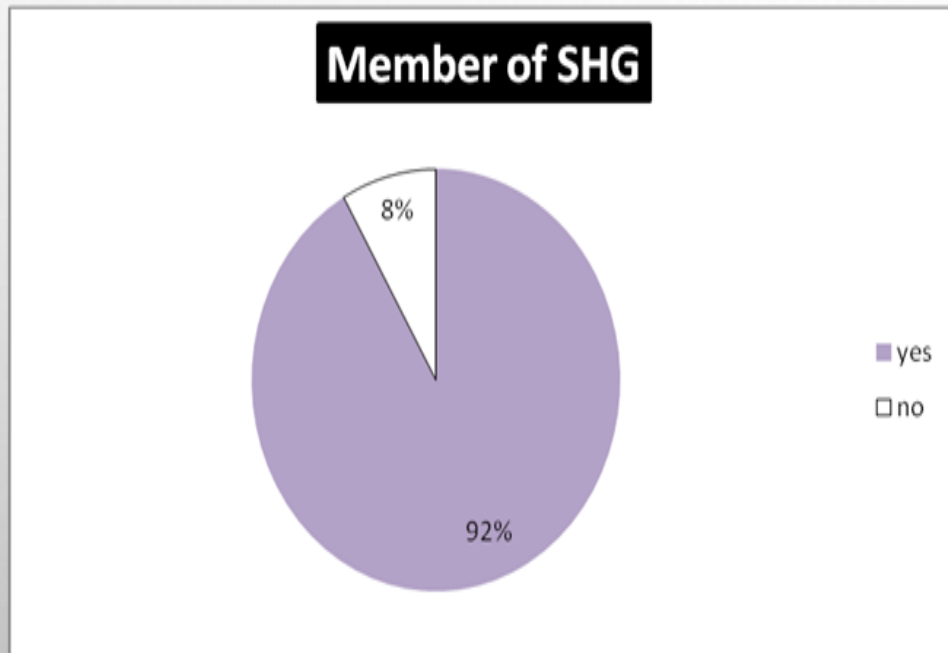
Primary data: through structured questioner

Secondary data: Collected from the report of JSLPS

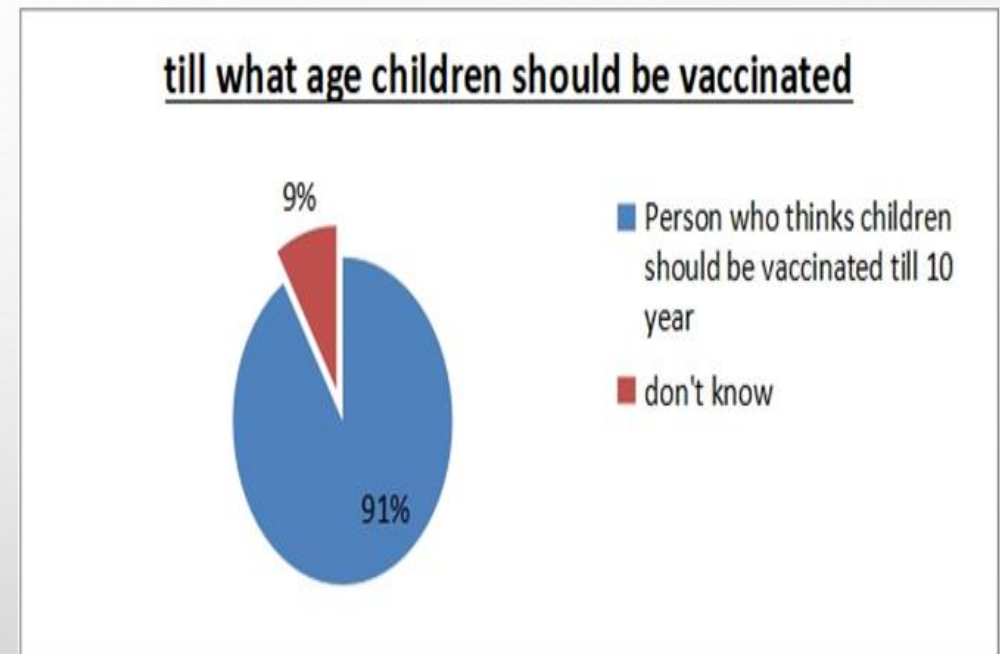


FINDINGS:

Women are member of self help group:

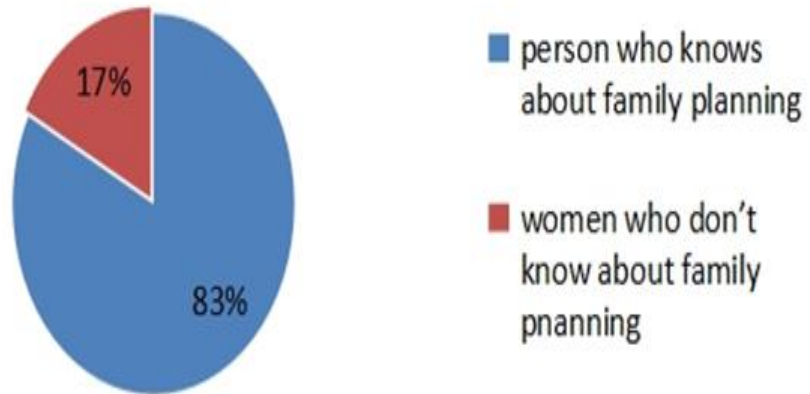


Knowledge about children vaccination:



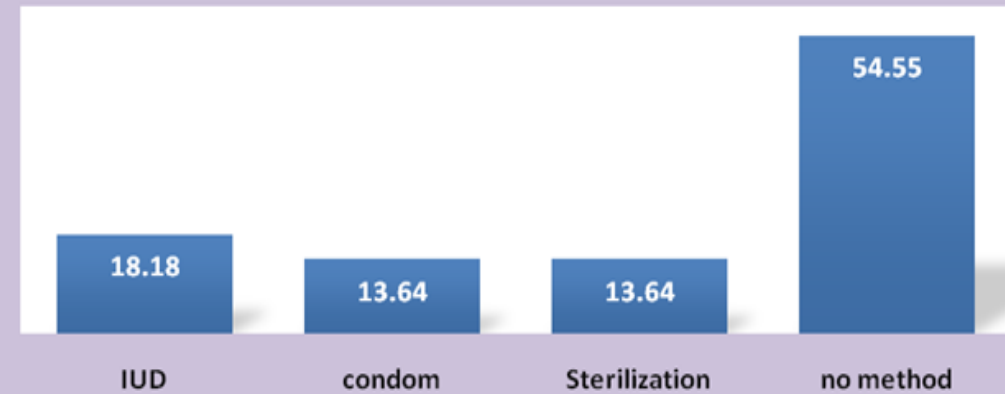
Knowledge about family planning:

womens knows about family planning method



Practices regarding family planning:

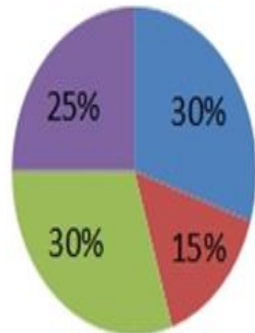
No. of person use family planning method



Knowledge about ANC visits:

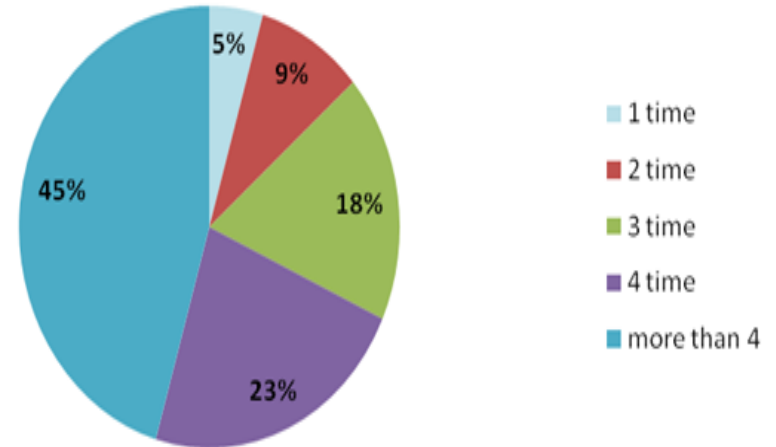
How many ANC checkup should be done

■ 3 anc ■ 4 ANC ■ more than 4 ANC ■ don't know

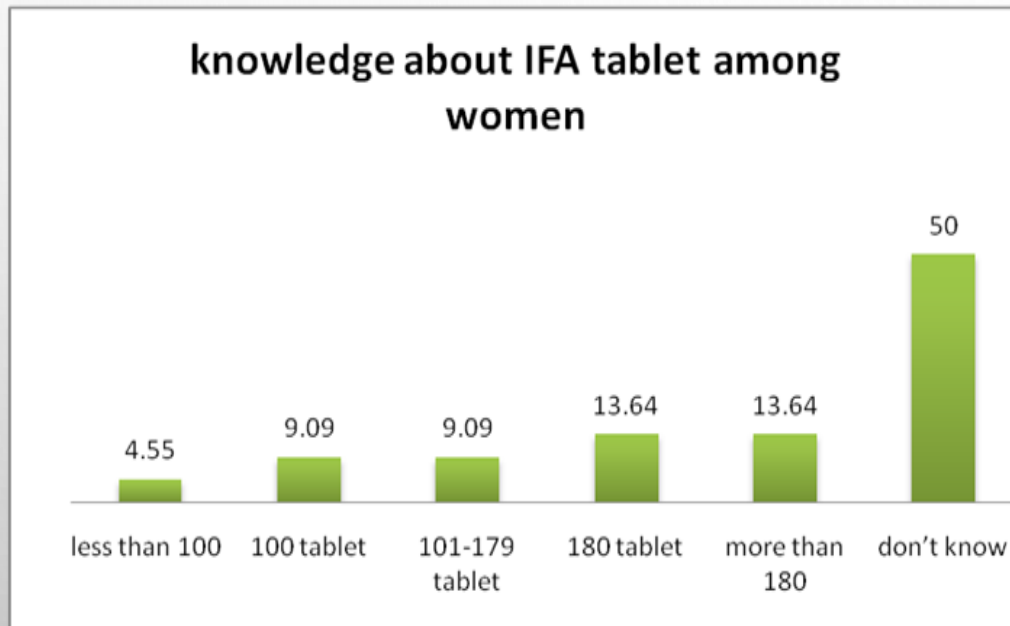


Practices regarding about ANC visit:

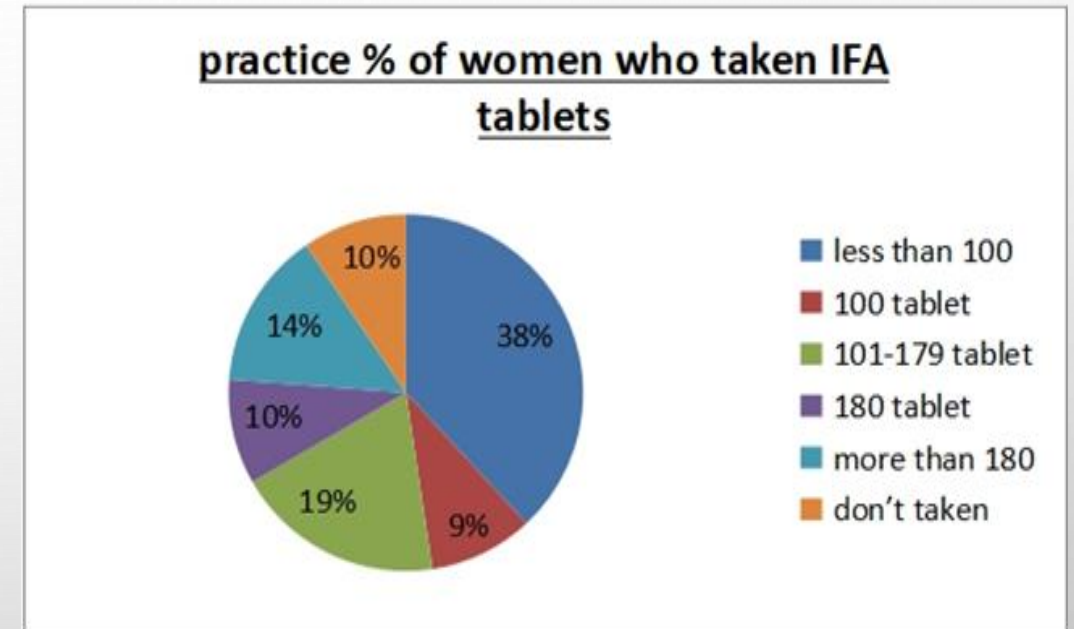
How many ANC Visit have done



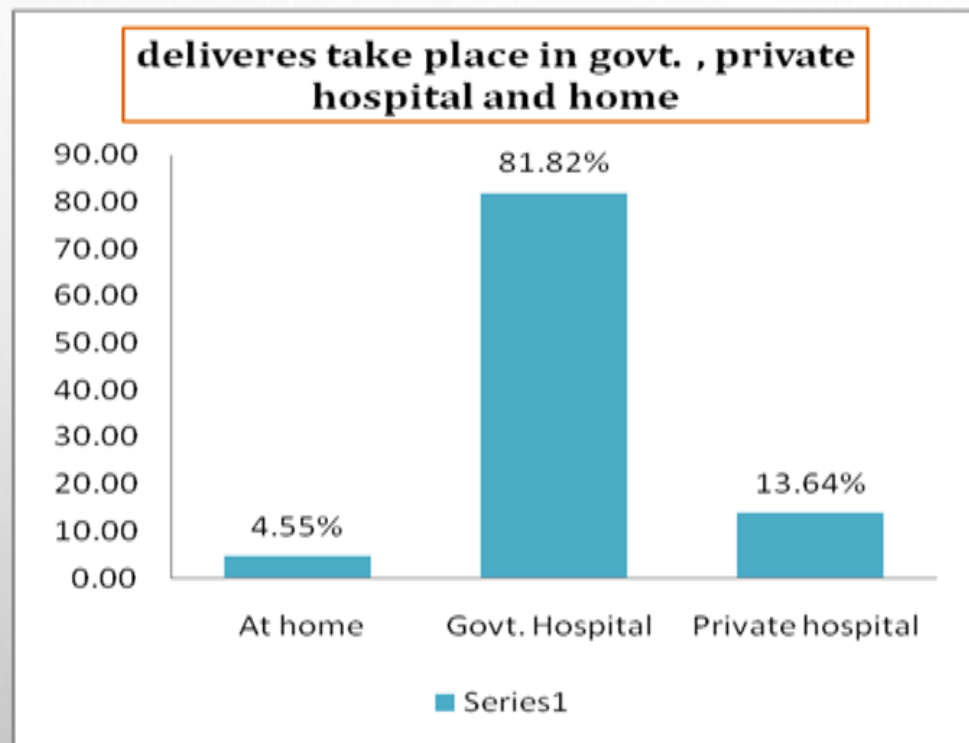
Knowledge about IFA tablet:



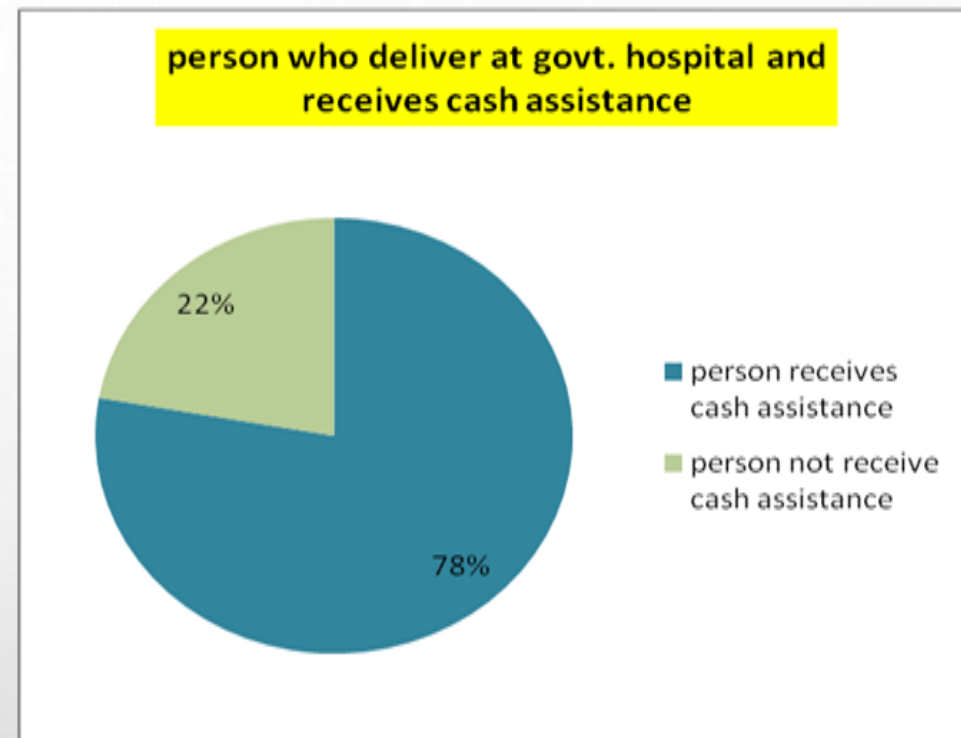
Practices of IFA tablet consumption:



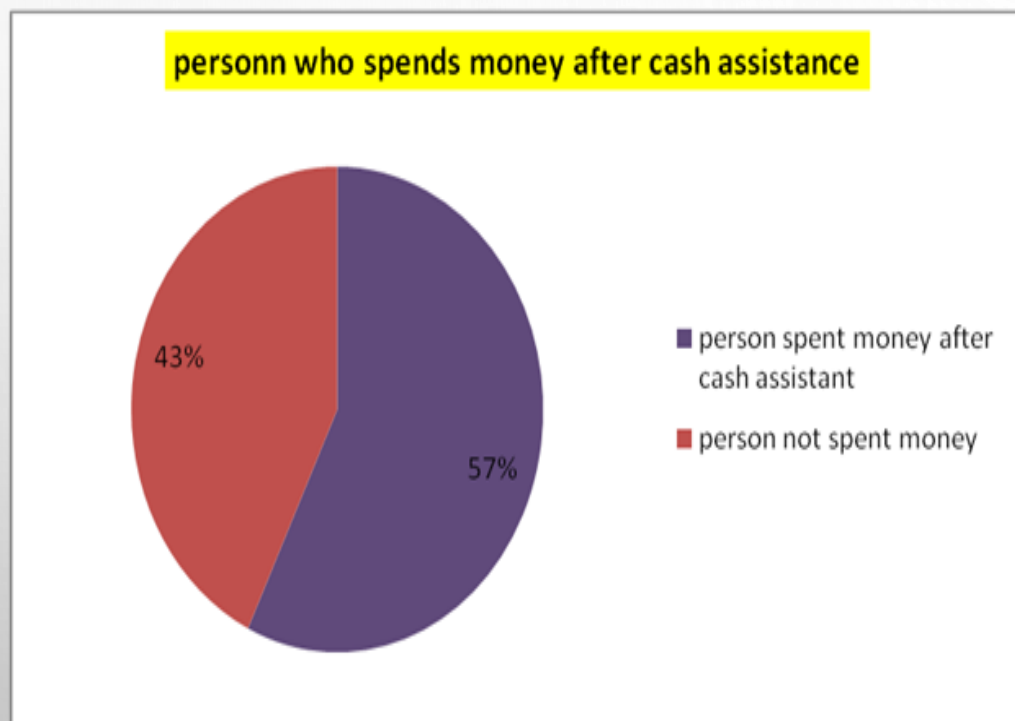
No. of institutional deliveries:



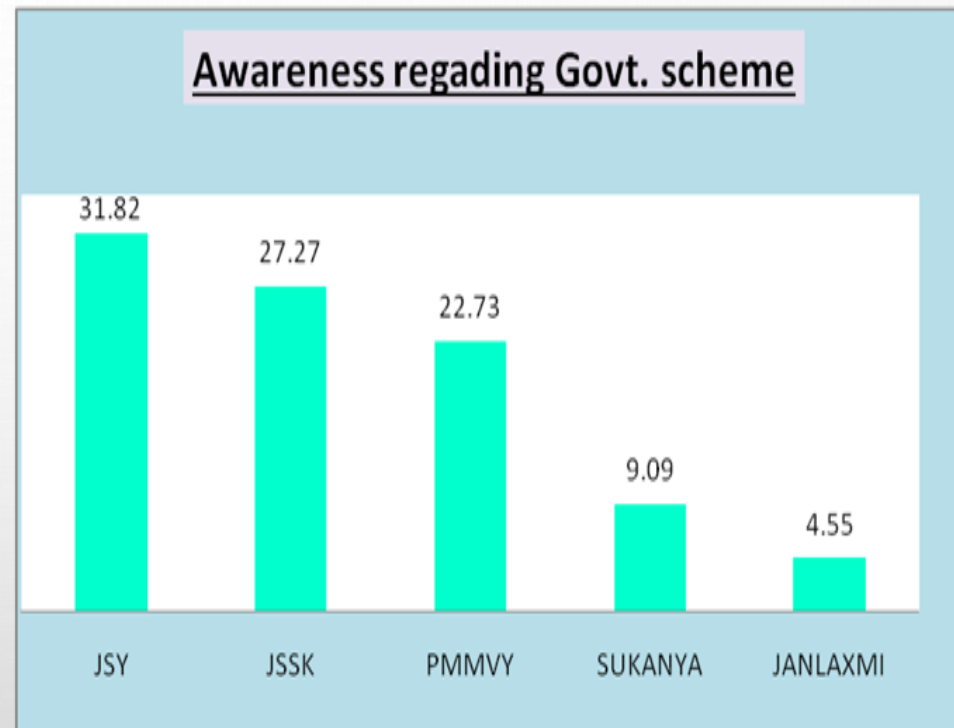
No. of women receives cash assistance:



No. of women who spent money who receives cash assistance:

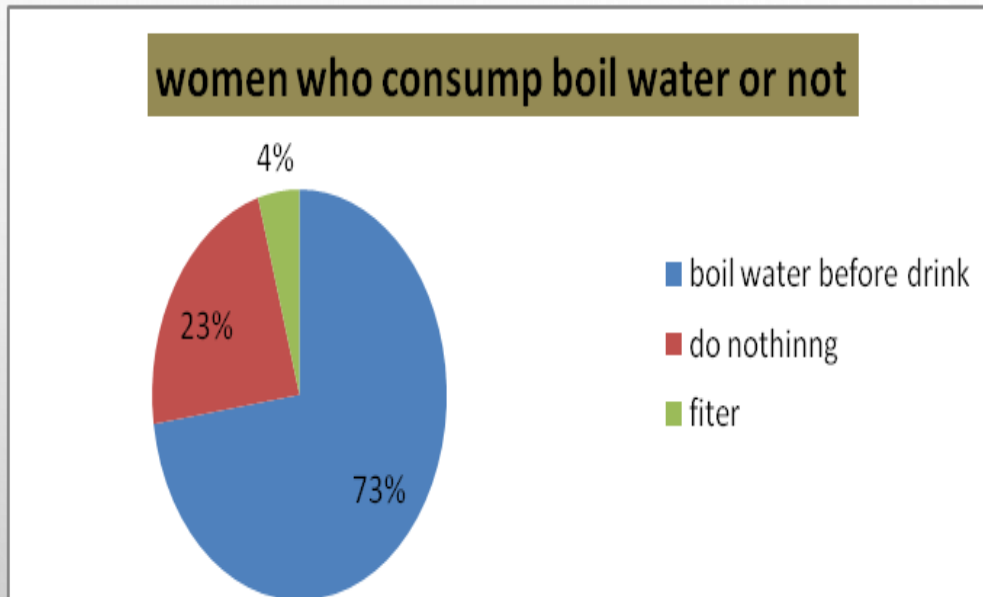


Awareness regarding Govt. scheme among women:

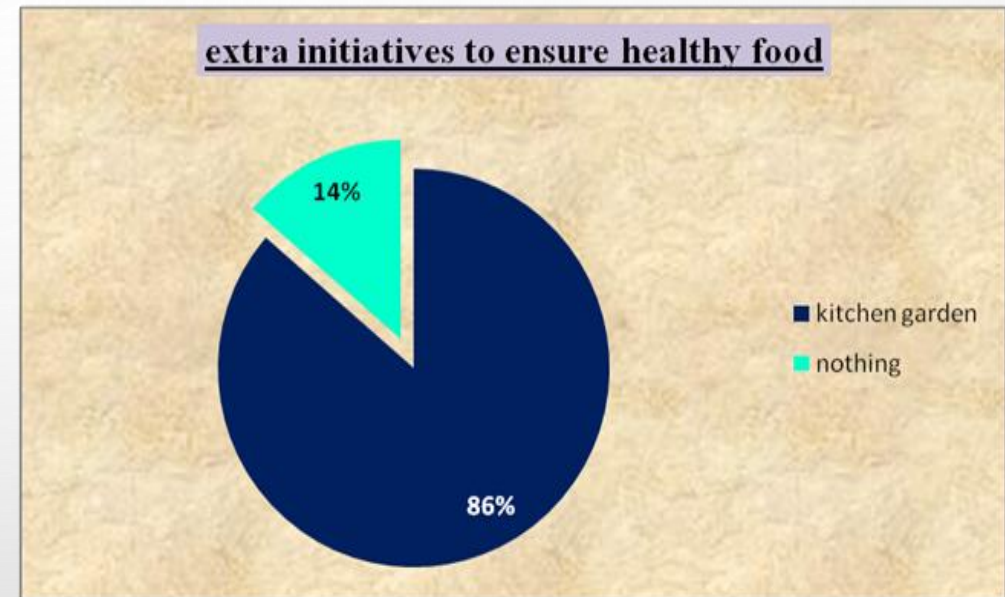




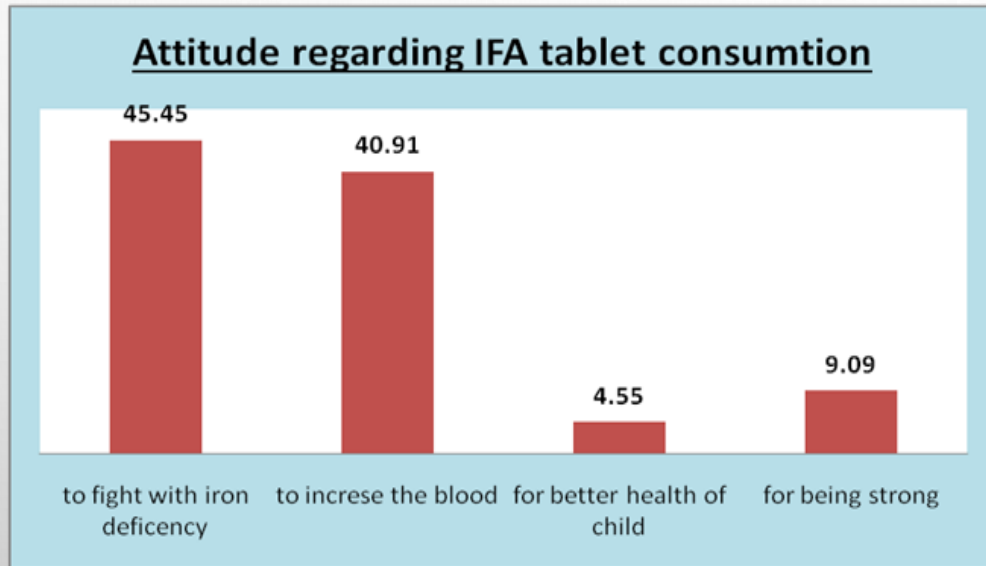
Attitude regarding consumption of water:



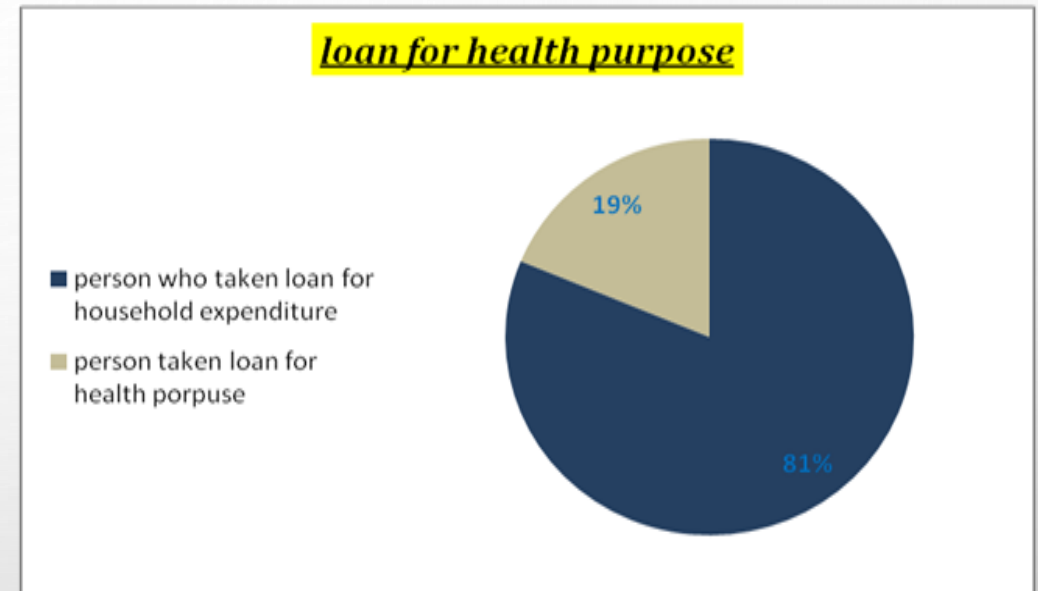
Attitude regarding healthy food:



Attitude regarding IFA tablet consumption importance:



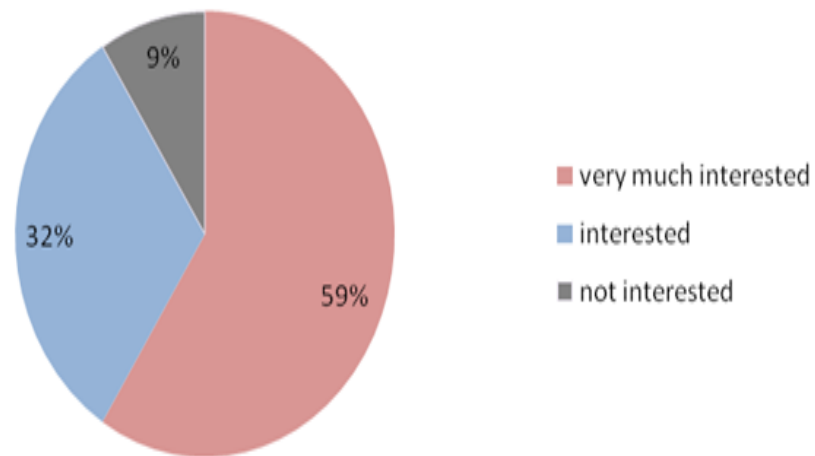
Loan for health purpose:





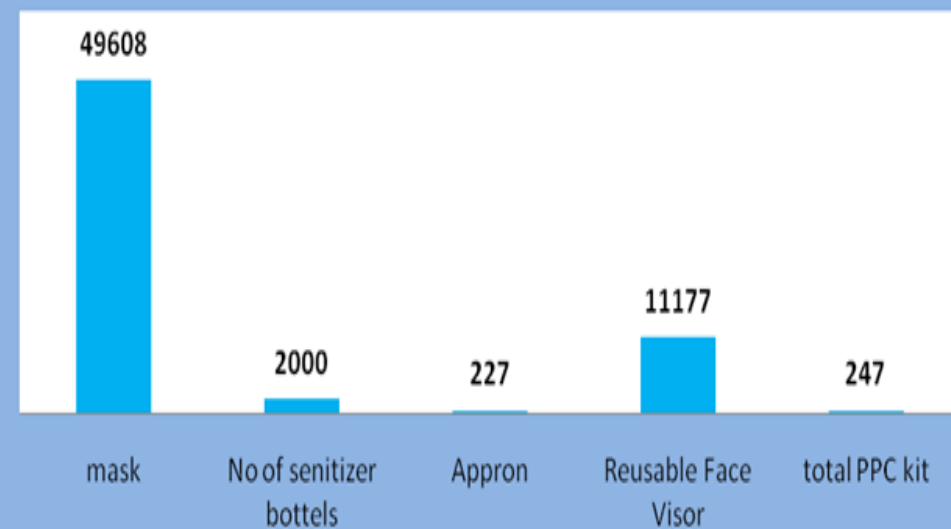
Attitude regarding work in healthcare sector:

willingness to work regarding health

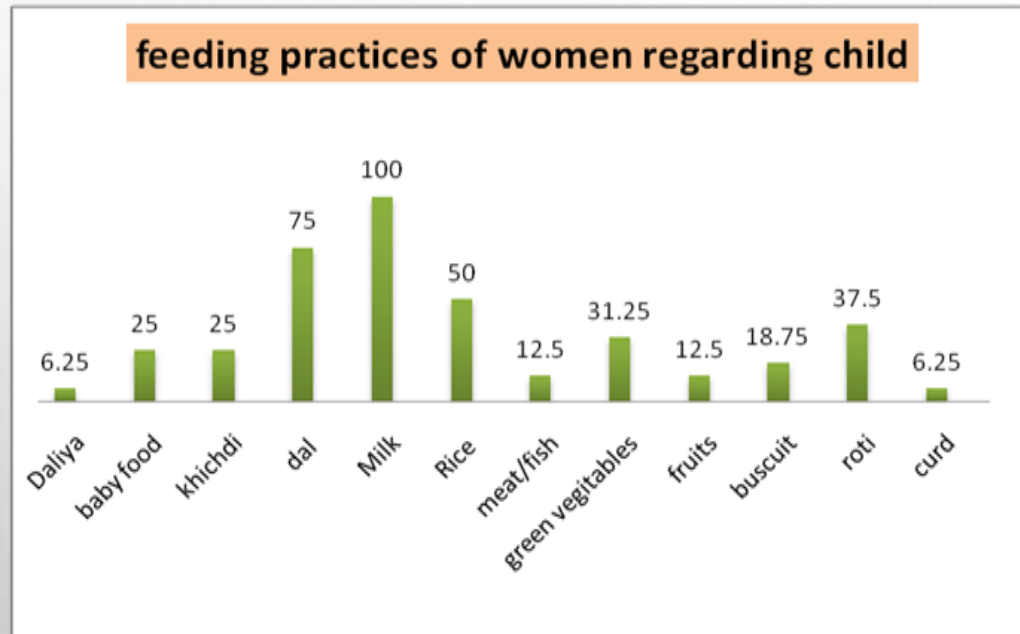


COVID kits made by women during COVID19 pandemic:

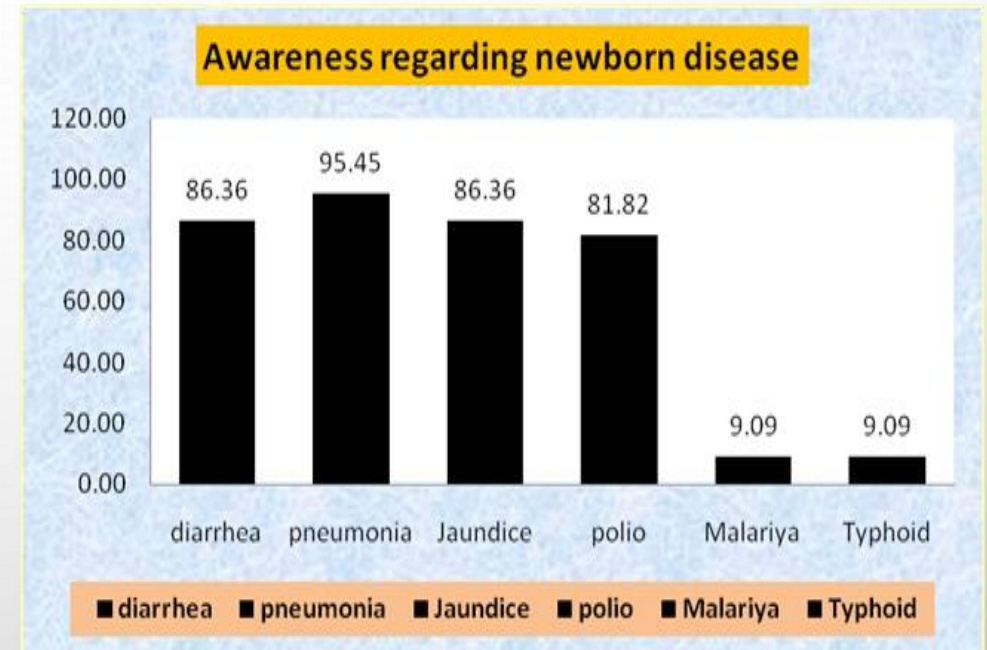
No. of COVID19 kits were made by women of SHGs



Child Feeding practices of women:



Awareness regarding newborn disease:



Work by SHGs group in Ranchi during COVID pandemic:

Work	Total
Meal to 6 lac people	2 times meal, hand hygiene and social distancing orientation/day
In 1 month 1 SHG	4,200 meal/70 beneficiaries
11 group in one month	770 people, 46,200 meal



CONCLUSION:

In this study it can be noticed that there are knowledge regarding family planning, ANC visit, IFA tablet consumption is low among women. According to this study the knowledge about children's immunization, exclusive breastfeeding is low in some women but practices regarding exclusive breastfeeding and child immunization are good among women. Also practices related to ANC visit, IFA tablet consumption, use of family planning method and feeding practices for children is also lacking somewhere which affects the health and growth of the child. But attitude regarding visit at VHND, sanitization practices and interest in working in healthcare sector is very good among women. This study clearly shows that 92% women in this study groups which is known as self help group (SHG)/village organization (VO). As we can see in this study during COVID 19 pandemic mask, sanitizer etc are made by the women of self help group and provided them to the govt. Also they are working regarding to give the information to the people about hand wash and social distancing. So on the basis of this study it can say that women's knowledge are low in some points but the attitude, practices and willingness to work in healthcare is high among those women who are in self help group.

SUGGESTION:

- As many women are in self help group so, every woman should inspire to be a member of self help group or any other group who work for wellbeing of society, so they can be more dependable on her, also training facility can enhance the knowledge of women so that practices and attitude will be improve. These things will improve the health indicator of the society and also will reduce the out of pocket expenditure on health and will make women more healthy and empowered.



Thank
You