



EVALUATION OF DIFFERENT LEVELS OF OBSESSIVE- COMPULSIVE DISORDER (OCD) AND ITS PREVALENCE AMONG MANAGEMENT STUDENTS

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0220



Research Question –

To evaluate different level of OCD and its prevalence's among management students.

Objectives –

- To understand and study the level of OCD in management students of Pan India based on demographic factors.
- To study the risk factors and therapies in the disease.
- To study the prevalence of obsessive-compulsive disorder among the students of Management.

RESEARCH METHODOLOGY





METHODOLOGY

Sample Design: The study was quantitative research approach and the respondents were the Students of Management.

Data collection method: The data was collected by using standard questionnaire which was circulated among the students via google forms.

Sample size: 67 management students.

Analysis: Analysis was done by using Microsoft Excel.

Data collection tool: Questionnaire.

Exclusion and Inclusion criteria: All the respondents were from Pan India are included.

Study area: Pan India



RESULT AND DISCUSSION

The study included a total of 67 respondents which were evaluated for OCD levels. The respondents included male and female ratio of post-graduate students.

The data was collected using Google forms and evaluated appropriately under the designated sub-heads. Yale brown OCD scale was used as a standardized scale and accordingly the OCD levels were determined in three different levels i.e. Mild, Moderate, Severe.

The OCD levels were then related to different parameters like:

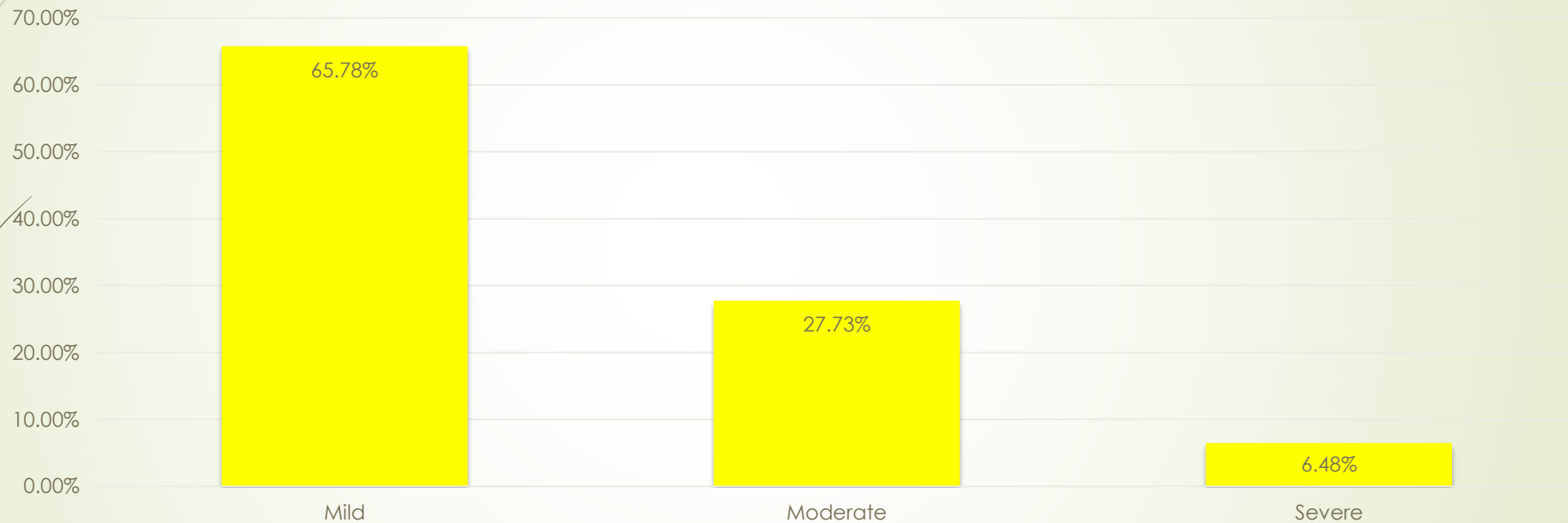
1. Food habits
2. Economic background
3. Drinking habits
4. Zone

DATA ANALYSIS AND INTERPRETATION



Level of OCD among the population

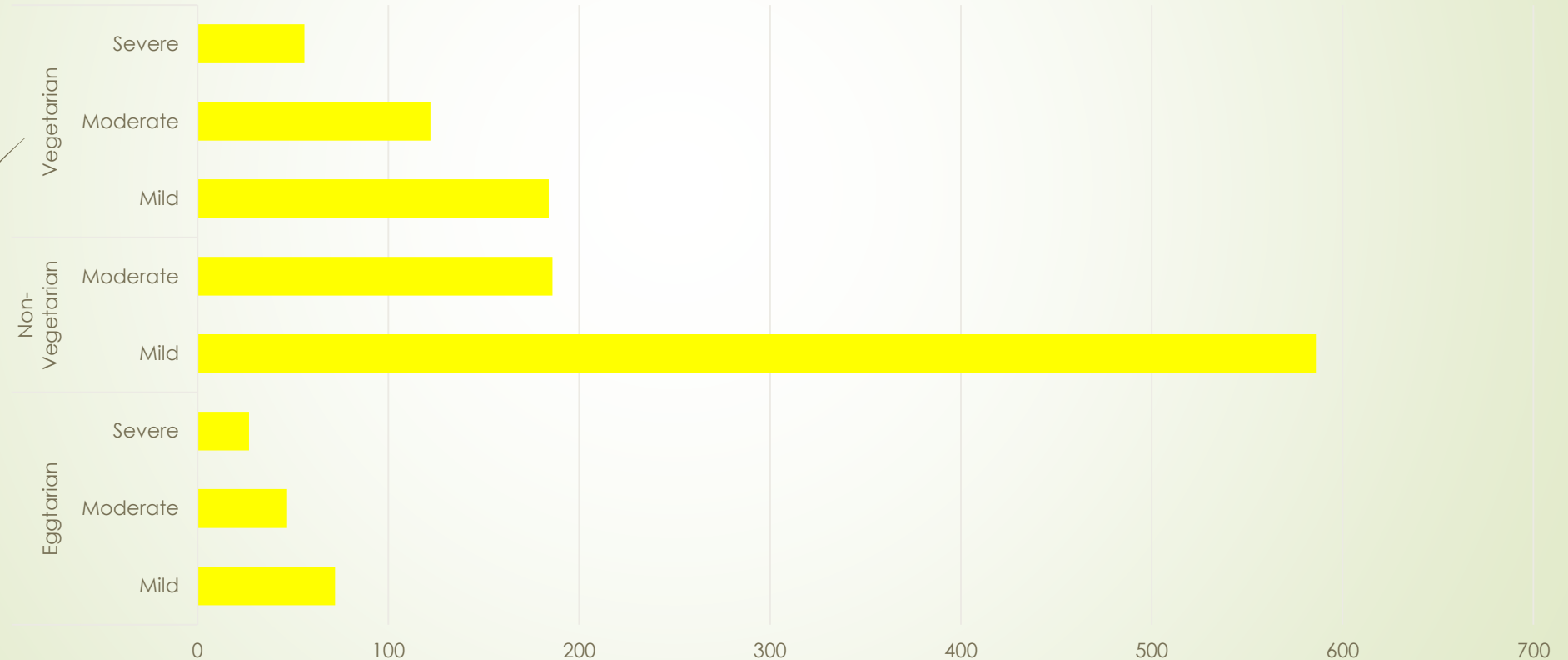
Higher level of Mild OCD was found and moderate level remains moderate and severe were less.



From the secondary data, I found that the prevalence of OCD in adults is 3.3% and 8.5% in students. From the data I have collected. I can say that majority of the students are in the starting level of OCD which can be shown by the above graph.

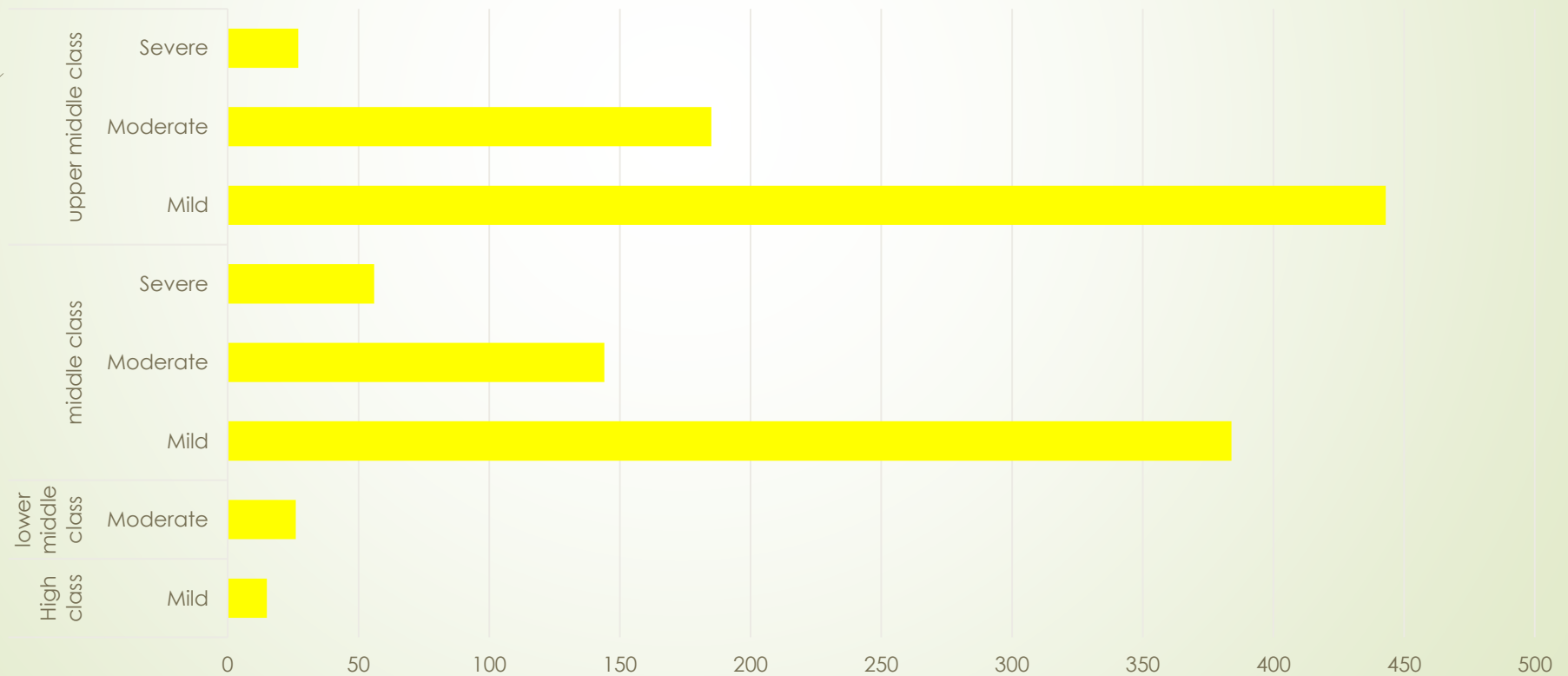
Relationship between level of OCD and food habits

When compared between OCD levels with food habits, it was higher in people who are non-vegetarians and it is the starting level of OCD.



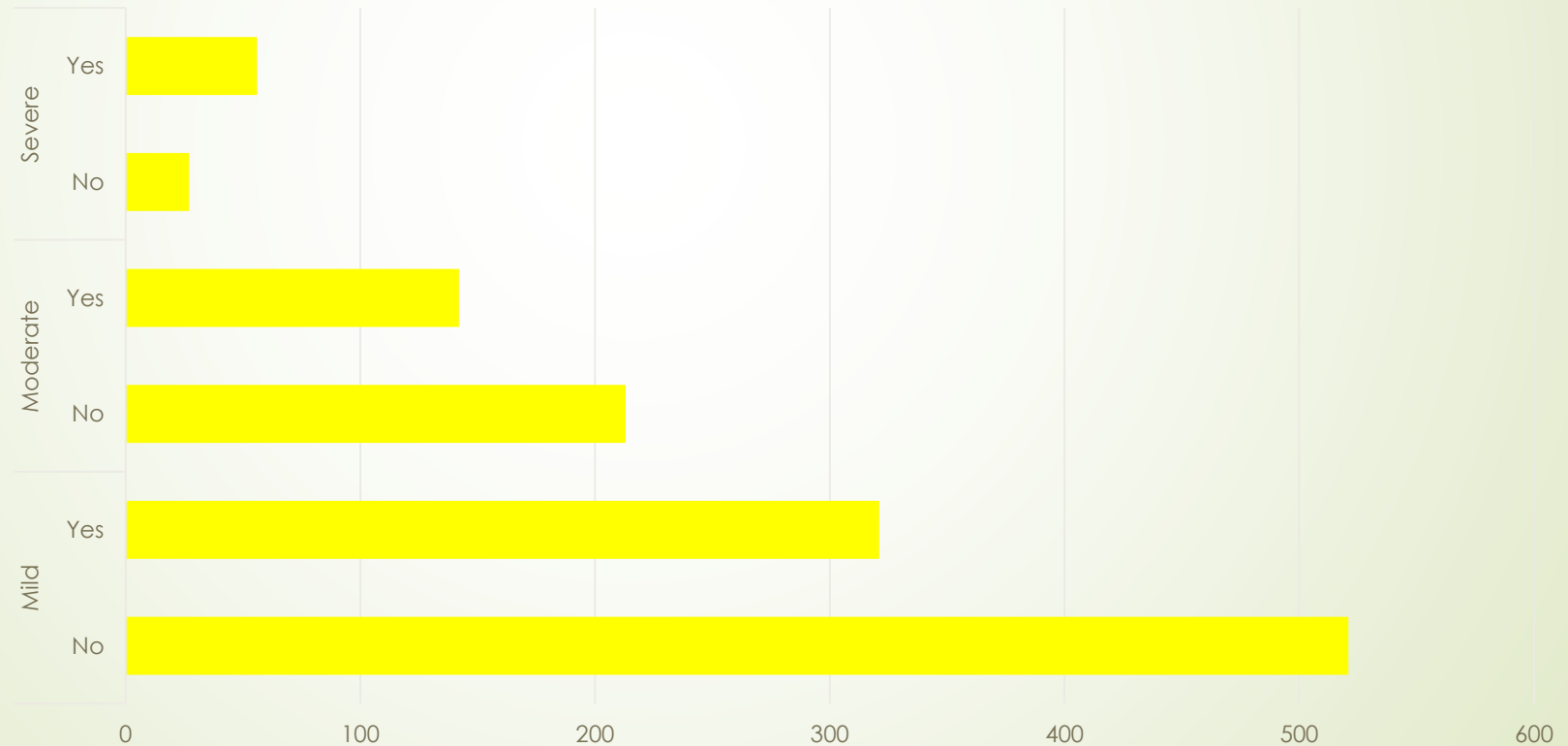
Relationship between level of OCD and economic background

When compared between level of OCD and economic background, it was consistently higher in people from upper middle class and middle class



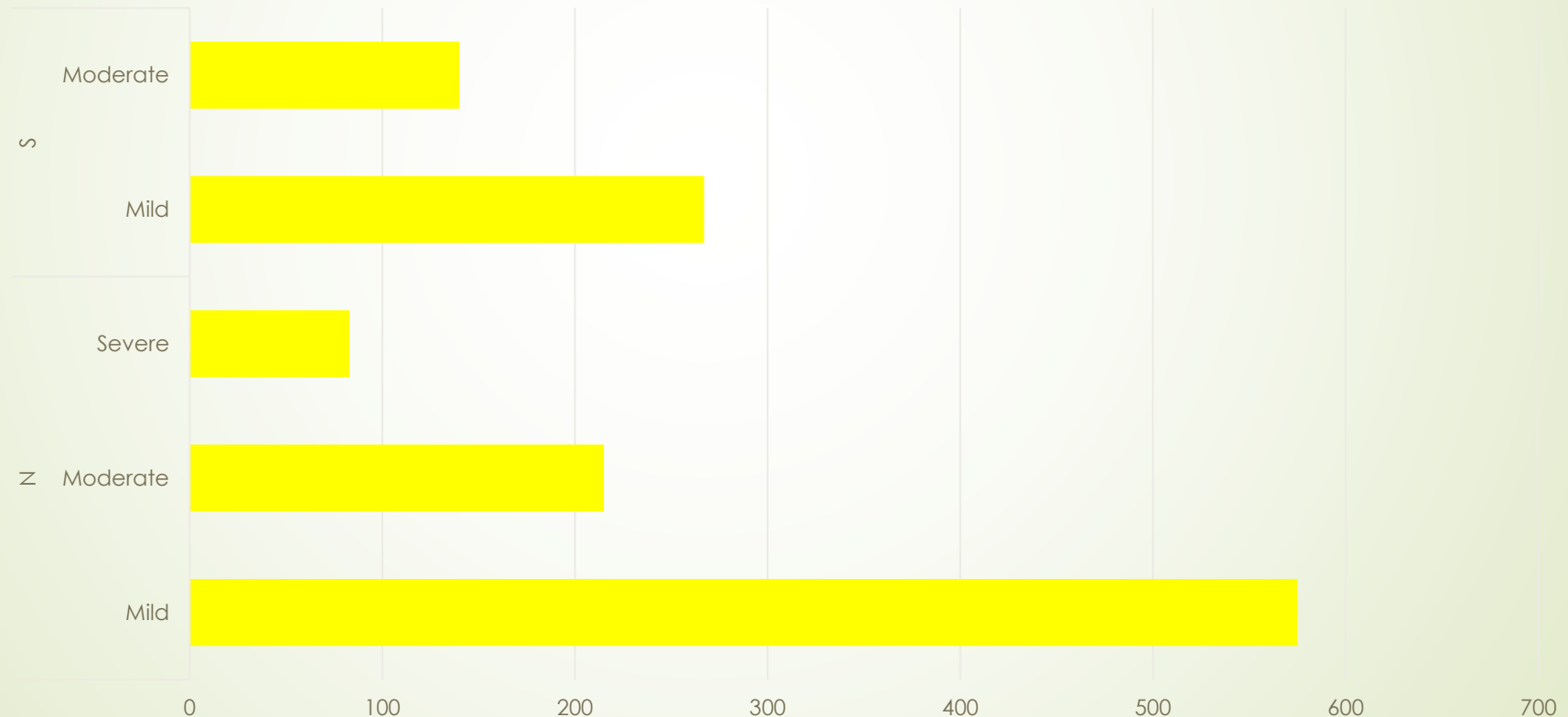
Relationship between level of OCD and drinking habits

Students with OCD were not attributed to alcohol consumption habits. There were considerably low levels of OCD among alcoholics.



Relationship between level of OCD and Zone

Higher level of Mild OCD was found in North zone than that of Southern part of India, where N was considered for North and S for South.



CONCLUSION

The data was collected from Management students of various college, through a questionnaire and analyzed based on the standard questionnaire. The standard data was compared with other factors like student's background, food habits, drinking habits and their location. When compared with the other factors, the level of OCD was mild with most of the factors.

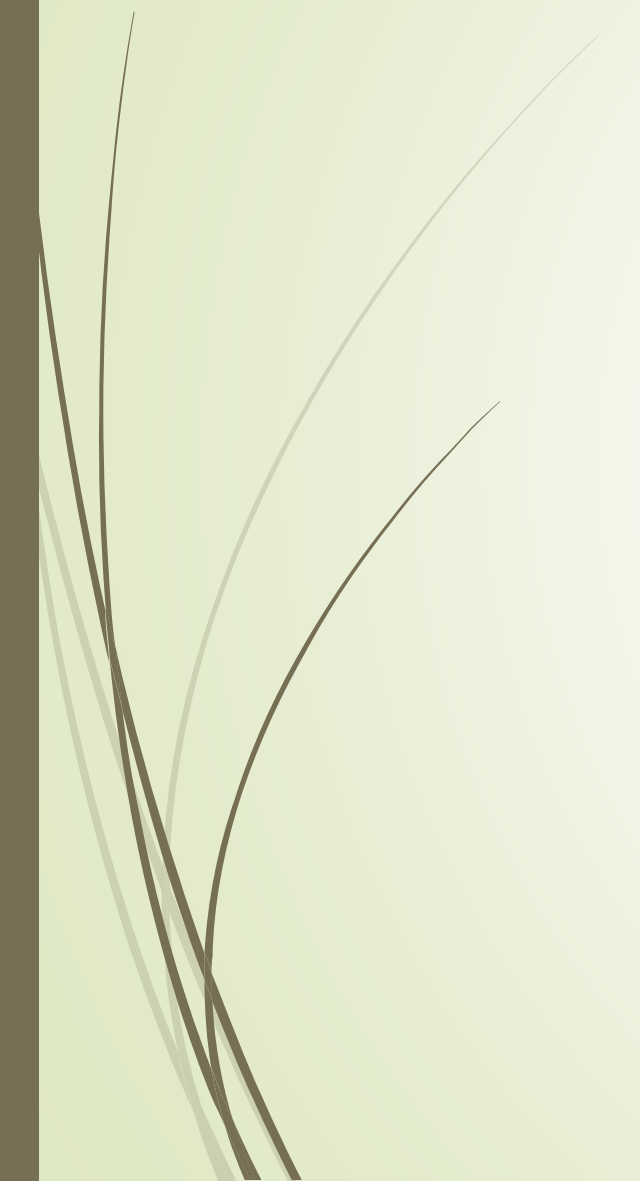
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With the data like this, many conclusions can be drawn at a same time. Hence, further study with individual parameter will help to analyze in a better way. Also, in most of the parameters, the level of OCD is mild. Hence, some basic parameters can be taken to overcome it.



Recommendation and good practice points relevant To the care of all people with OCD

- Understanding
 - Continuity of care
 - Information and support
 - Religion and culture
 - Families and carers
- 



THANK YOU