



Institute of Health Management Research

MBA Hospital and Health Management

Batch-27th (2022-2024)

First Year, Term 3, End Term Examinations, April 2023

CC- 618 National Health Programmes

Time - 3 Hour

Maximum Marks:50 (Pass Marks: 20)

This question paper contains 1 printed page.

Part A

Attempt any four of the following questions of Part A:

(4 x 5 = 20 marks)

- Q1. Enumerate the components of essential newborn care. (5 marks)
- Q2. State the objectives of the National Health Programs. (5 marks)
- Q3. Differentiate between Communicable and Non-communicable diseases. (5 marks)
- Q4. Name the common diseases that are transmitted by mosquitoes in India, and provide a short note on any one national program that is aimed at addressing them. (5 marks)
- Q5. Provide a brief explanation of the Rastriya Bal Swasthya Karyakram. (5 marks)
- Q6. Define the various types of Blindness. (5 marks)
- Q7. Write a short note on SDGs. (5 marks)

Part B

Attempt any three of the following questions of Part B (answer in detail): (3x10=30 marks)

- Q8. How can IDSP be utilized to improve the prevention and control of emerging infectious diseases in India? (10 marks)
- Q9. Define Malnutrition and provide a detailed explanation of any Anemia Mukh Bharat Program. (10 marks)
- Q10. With the increasing burden of non-communicable diseases in India, the National Tobacco Control Program has become a critical intervention. Discuss the measures taken under this program to control tobacco use and evaluate their effectiveness. (10 marks)
- Q11. Discuss the significance of Program Evaluation in public health. Explain its logic model framework designed by Centre for Disease Control and Prevention. (10 marks)
- Q12. With the existing burden of TB in India, effective prevention and control measures are critical. Discuss the key strategies adopted under the National Strategic Plans and evaluate NSP's effectiveness in prevention and controlling TB in India. (10 marks)
- Q13. Ravi is a 35-year-old man who has been experiencing symptoms of depression for the past several months. He has lost interest in activities that he once enjoyed, has difficulty sleeping, and often feels tired and hopeless. Ravi has been reluctant to seek help, but his family has encouraged him to see a mental health professional. As a health worker, you have been asked to counsel Ravi and refer him to the appropriate services.
Based on the case of Ravi, discuss the role of the National Mental Health Program in addressing the mental health needs of the population in India. What are the key objectives of the program, and how can it be utilized to provide effective mental health care services to individuals like Ravi? Additionally, what steps would you take as a health worker to support Ravi in accessing the care he needs? (10 marks)

(10 marks)